

15th - 21st March

Classes of the Week: R/KS1: 2GS KS2: 4MC

House of the Week: Wolf

Pupils of the Week: R/KS1: Katherine A KS2: Tenzina L



18th - 22nd March

KM Benjamin K KP Frankie-Joe F REC Jacob D/Jasper S

1C Arlo H 1H Leo S 21 Jaxon C 2GS Hantang W 4C Rory A 4MC Ellen H 3B Henry B 3H Dylan H

5C Poppy B 5SR Lucas L 6G Charlotte H 6M Evan D



Pen License

Luke F

Star Bonds

Benjamin C, Ella R, Theo T, Ismail S

Moorfield Tables

Rowan C, Logan E, Reegan M, Parsa D



18th - 22nd March

Rec 95%, Year 1 98%, Year 2 96%, Year 3 93%, Year 4 96%, Year 5 95%, Year 6 99%





Headteacher Award



WORLD DOWN SYNDROME DAY

Thank you to those who came to school on Thursday in odd socks to raise awareness of Down syndrome.

Through the simple act of wearing mismatched

socks, we came together to promote inclusivity, acceptance, and understanding for individuals with Down syndrome.



END OF HALF TERM ACHIEVERS ASSEMBLY

We have our usual assemblies on the last day of term, Thursday 28th March, to celebrate those children who have done particularly well with their basic skills in the last half term. If your child has been chosen, you should have received an invite (Please check your junk/spam folder just in case!). Reception/KS1 9.15am, Year 3/4 10am and Year 5/6 10.30am. We look forward to seeing you there.

MUSIC SERVICE LESSONS FOR KS2 PUPILS

Your child received a music demonstration this week from tutors at Stockport Music Service.

Lessons are available for Strings, Brass, Woodwind, Piano/Keyboard, Guitar and Drums.

If you are interested, please sign up as soon as possible to ensure a place after the Easter holidays, using the below link -

https://www.stockportmusicservice.org.uk/

<u>lessons-</u> <u>instrument-</u> <u>hire</u>. "

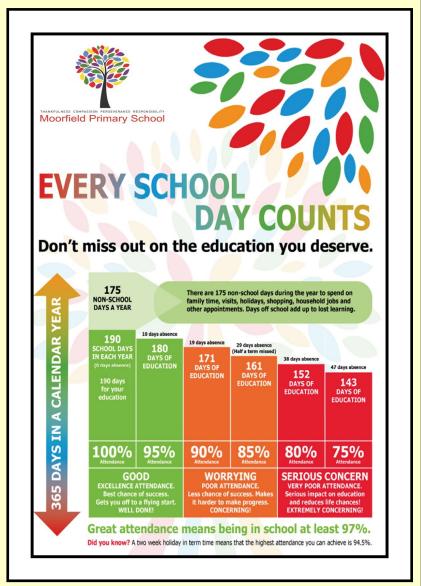
Or follow this QR code link



ATTENDANCE

We wanted to remind you of the attendance letter that was sent out earlier this week, as well as the envelope you will have received sharing your child's current attendance.

Regular attendance plays a crucial role in your child's educational journey, and we greatly appreciate your partnership in helping your child achieve their full potential. If you have any questions or require



further clarification please contact us.

AND FINALLY ...

A reminder that we finish for the end of the spring term on Thursday.

Have a great weekend.

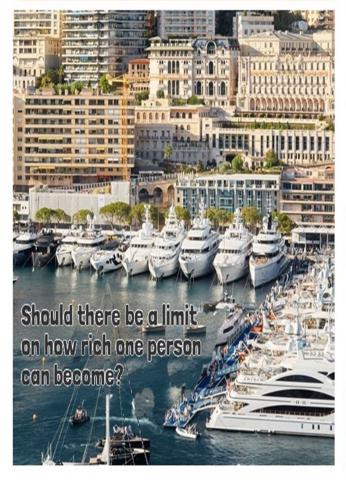
Best wishes,

Paul Anderson Headteacher









In the news this week

Poverty-fighting charity, Oxfam, recently released a new report on inequality and global corporate power. It found that the world's five richest people have more than doubled their fortunes from a combined total of £321 billion to £688 billion since 2020. The wealth of the poorest 60% (nearly five billion people) has fallen. If this trend continues, the world will have its first trillionaire within 10 years, whilst poverty may not be eradicated for another nearly 230 years.

Things to talk about at home ...

- Share your thoughts on this week's story. Are you surprised to learn that there will likely be a trillionaire within ten years?
- Can you name any billionaires? Do you know how they acquired their money?
- Do you think more should be done e.g., by governments, to reduce the gap between the world's richest and poorest people?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss









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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes.

Ear further guides, hints and ties, elease visit nationalcallage.com.

10 Top Tips for Parents and Educators ENCOURAGING OPEN ONVERSATIONS AT HOMI

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home.

CREATE A SAFE

Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them – especially if their opinions differ from your own.

2 CONSIDER OTHER OUTLETS

Some children may find it easier to talk while they re participating in another activity such as drawing, writing, walking or sport. If it's possible taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

3 NORMALISE CHATS ABOUT FEELINGS

Incorporate mental health and emotional wellbeing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask questions like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently?" and "Is there anything you want to talk about?"

4 LISTEN ACTIVELY

When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or 'teenage angst' - or to assume that they'il simply 'get over whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push though difficulties and handle problems.

5 ASK OPEN QUESTIONS

Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

6 RESPECT THEIR BOUNDARIES

If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're alming to let them know you care without smothering them, so just make it clear that you're there for them whenever they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

7 LEAD BY EXAMPLE

Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourseft, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

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B HAVE REGULAR CHECK-INS

Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here: you could consider regular trips to a coffee shop or a café, or just a weekly walk.

9 PROVIDE RESOURCES

it's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults or even a theraplst, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children could engage with resources such as Kooth or YoungMinds.

10 CELEBRATE EMOTIONAL EXPRESSION

It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.





The National College

X @wake_up_weds





