

Moorfield News

Responsibility Perseverance Compassion Thankfulness

19th - 22nd February

Classes of the Week: R/KS1:2J KS2: 5C

House of the Week: Lions

Pupils of the Week: R/KS1: Grace C KS2: Andrew Mc



TRACKIT LIGHTS

19th - 22nd February

KM	KP Joseph C	RS Aria S, Isaac F, Ava C,	
1C Luke C	1H Ivy B	2J Ruby M-K	2GS Jack Mc
3B Noah M	3H Rosie Mc	4C Ava M	4MC Halle G
5C Henry N	5SR Abigail O	6G Max D	6M Violet M



Pen License



Star Bonds

Moorfield Tables

Reggie B, Clark A, Mila R-B



19th - 22th February

Rec 94%, Year 1 93%, Year 2 97%, Year 3 98%,
Year 4 92%, Year 5 91%, Year 6 92%

Attendance Matters



Every Day Counts...



Headteacher Award



Dear Parents and Carers,

Welcome back after the half term break. I hope you had a good week and were able to spend some time together as a family.

We are straight back into the new half term and have a number of events to look forward to between now and Easter. Year 1 have already had a trip to Manchester Airport this week and Year 2 have started their sessions of tennis coaching from Davenport Tennis Club. Year 4 are visiting the Science and Industry Museum on Monday, Year 6 are visiting HGHS to see a school production of the Wizard of Oz on Tuesday and we start our new value for the half term, Perseverance (one of our core values). We will be holding a book fair on the 4th and 5th March and celebrating World Book Day on Thursday 7th March. The athletics team will be representing Stockport in the Greater Manchester Games on Monday 4th March at Sport City and we will have our regular end of half term achievers assembly.

AUTISM PROJECT

I have attached the letter that is going out to some of our families today, regarding the autism project we are engaging in. If you haven't been contacted but you have concerns about your child's social communication or anxiety and/or distressed behaviour, then please get in touch with Mr Swire, our Inclusion Lead.



Dear Parent/ Carer,

I am delighted to share the great news that your young person's school have volunteered to participate in a national project run by the NHS called Autism in Schools. The aim of this project is to improve the outcomes of children and young people with special educational needs. The project will run from November 2023 until July 2024.

What does the Autism in Schools project involve?

- **Four training sessions for whole staffing teams:**
 - Making Sense of Autism
 - Enabling Environments
 - Learning Styles
 - Anxiety and Distressed Behaviours
- **The four training sessions listed above will also be carried out for parents/ carers (refreshments will be provided)**
- **A sensory budget to create a quiet area for the young people at school**
- **Whole school assembly sessions**
- **Young people's sessions**
- **Celebration events**
- **Support from our Mental Health in Education Support Team/ Educational Psychology Team**

The sessions will be ran by Parents and Carers Together Stockport (PACTS) and the Autism Team.

If you wish to become involved with this exciting new project, please contact your school SENCO who will inform the team.

Best Wishes,

Cheryl Knupper

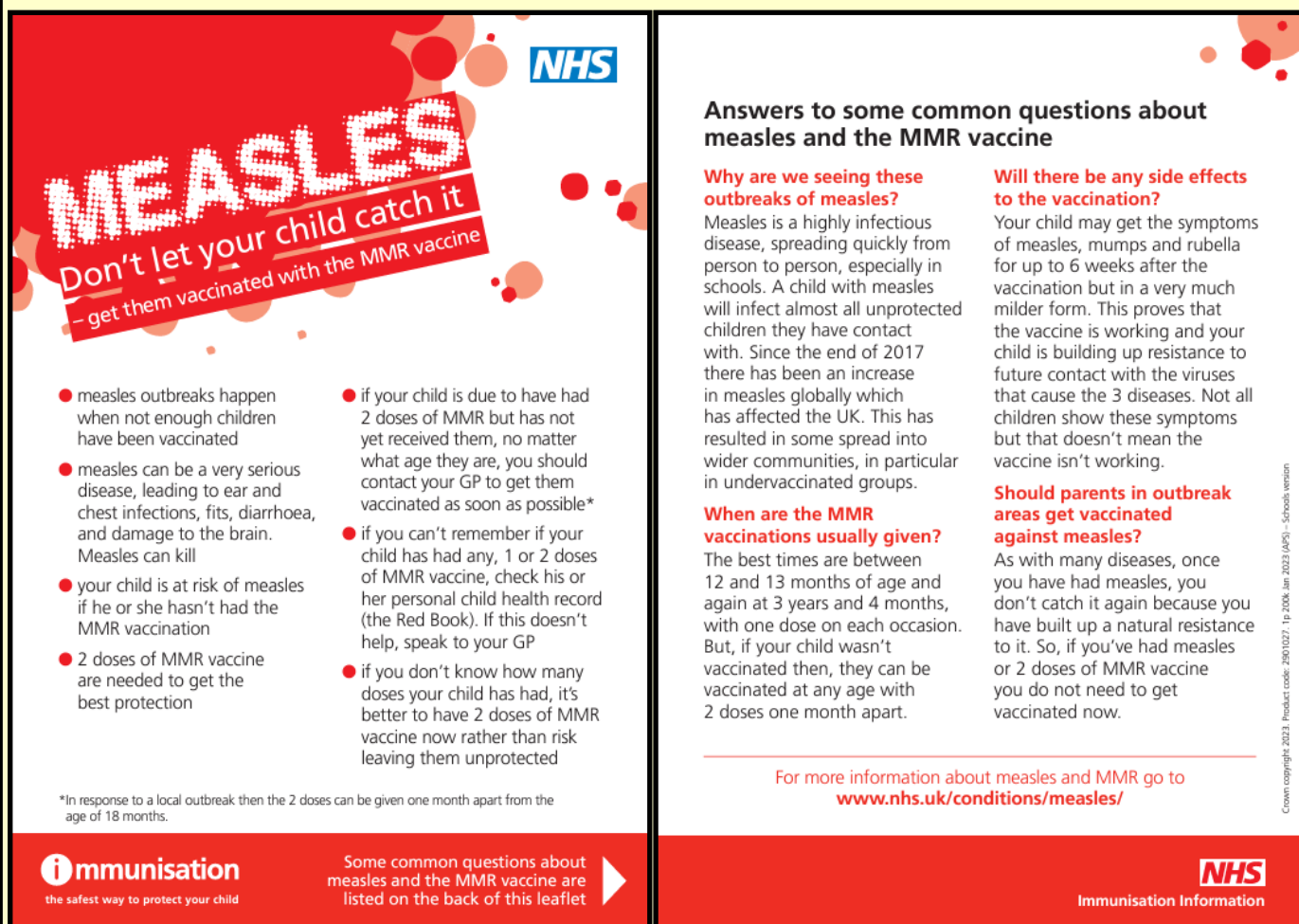
Strategic Lead for Autism

Stockport Family

MEASLES INFORMATION

I wanted to share this with you again as Measles continues to be on the rise. NHS Stockport has asked that you speak to your GP as a matter of urgency if your child hasn't had the MMR vaccination and the following link will give you further information:

<https://www.gov.uk/government/publications/measles-dont-let-your-child-catch-it-flyer-for-schools/measles-information-for-schools-and-healthcare-centres>



NHS

MEASLES

Don't let your child catch it
- get them vaccinated with the MMR vaccine

- measles outbreaks happen when not enough children have been vaccinated
- measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill
- your child is at risk of measles if he or she hasn't had the MMR vaccination
- 2 doses of MMR vaccine are needed to get the best protection
- if your child is due to have had 2 doses of MMR but has not yet received them, no matter what age they are, you should contact your GP to get them vaccinated as soon as possible*
- if you can't remember if your child has had any, 1 or 2 doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to your GP
- if you don't know how many doses your child has had, it's better to have 2 doses of MMR vaccine now rather than risk leaving them unprotected

*In response to a local outbreak then the 2 doses can be given one month apart from the age of 18 months.

Answers to some common questions about measles and the MMR vaccine

Why are we seeing these outbreaks of measles?
Measles is a highly infectious disease, spreading quickly from person to person, especially in schools. A child with measles will infect almost all unprotected children they have contact with. Since the end of 2017 there has been an increase in measles globally which has affected the UK. This has resulted in some spread into wider communities, in particular in undervaccinated groups.

When are the MMR vaccinations usually given?
The best times are between 12 and 13 months of age and again at 3 years and 4 months, with one dose on each occasion. But, if your child wasn't vaccinated then, they can be vaccinated at any age with 2 doses one month apart.

Will there be any side effects to the vaccination?
Your child may get the symptoms of measles, mumps and rubella for up to 6 weeks after the vaccination but in a very much milder form. This proves that the vaccine is working and your child is building up resistance to future contact with the viruses that cause the 3 diseases. Not all children show these symptoms but that doesn't mean the vaccine isn't working.

Should parents in outbreak areas get vaccinated against measles?
As with many diseases, once you have had measles, you don't catch it again because you have built up a natural resistance to it. So, if you've had measles or 2 doses of MMR vaccine you do not need to get vaccinated now.

For more information about measles and MMR go to www.nhs.uk/conditions/measles/

Immunisation
the safest way to protect your child

Some common questions about measles and the MMR vaccine are listed on the back of this leaflet

NHS
Immunisation Information

Crown copyright 2023. Product code: 2801027. 1p-2008-Jan-2023 (APS) - Schools version

CHINESE NEW YEAR



More photos of the celebration before half term....



YEAR 1 VISIT TO MANCHESTER AIRPORT

Our Year 1 pupils had a great time visiting Manchester Airport this week. They had the opportunity to see the airplanes take off and land and to experience a plane first hand. For some of our children, for the first time. Fantastic



AND FINALLY

Pages 9-12 of this newsletter are adverts for adult education courses. We regularly feature these on the newsletter as and when we receive them from Stockport Continuing Education Service. Take a look.

Have a great weekend.

Best wishes,

Paul Anderson
Headteacher



Picture News

TAKEHOME



In the news this week

In countries across Europe, including Romania, Belgium, France, Hungary, Poland and Greece, tractors have been blocking city streets and motorways as farmers protest against certain European Union (EU) rules. Their concerns include falling incomes, rising red tape, and competition from imports. Both national governments and the EU are now under pressure to stop the demonstrations. One protesting farmer, Hugo Auge from France, told news reporters for CNN that the current system, 'makes a mockery of both farmers and consumers'.

Things to talk about at home ...

- Talk about the actions that farmers across the EU are taking and why you think they chose to block roads as one of their actions.
- What are some of the other ways you can take action if you don't agree with something?



How can you make your voice heard?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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At The National College, our WakeUpWednesday guides empower and equip parents and carers with the confidence and practical skills to be able to have informed and age-appropriate conversations with their children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips please visit nationalcollege.com.

10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

1. DESIGNATE A TRUSTED ADULT

It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.

2. MEET CHILDREN HALFWAY

Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.

3. FACTOR IN THEIR BASIC NEEDS

Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.

4. REMAIN PATIENT

If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.

5. BE 'A DYSREGULATION DETECTIVE'

While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit near, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.

6. USE SUITABLE LITERATURE

There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content: ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at appropriate moments.

7. TRY SENSORY RESOURCES

An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fibre-optic lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.

8. NURTURE INDEPENDENCE

If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.

9. MODEL GENUINE FEELINGS

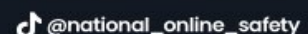
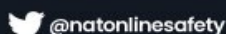
Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.

10. FORMULATE A PLAN

As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one; it's hugely important to know in advance what might help and what could worsen the situation.

Meet Our Expert

Georgina Durrant is an author, former teacher, Special Educational Needs Coordinator and the founder of the award-winning SEN Resources Blog, where she shares activities, advice and recommendations for parents and teachers of children with SEND.



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adventure
is just for
the older
ones?

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children aged 6 - 8.
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2024 2-4.30PM**

An afternoon of pure fun for all Pre-school and Primary children (and their parents too!!)



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Station Street, Hazel Grove, Stockport SK7 4EX Tel: 0161 487 3708 www.hgbc.org.uk

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Continuing
Education
Service**

Funded by

GMCA GREATER
MANCHESTER
COMBINED
AUTHORITY



Millie's Trust 12 Hour Paediatric First Aid Course

This is a full qualification course suitable for nursery workers, child minders, teachers, grandparents and teaching assistants.

**Friday 10th May &
Friday 17th May 2024**

To book please contact us on 0161 474 5801 or email adminSOLC@stockport.gov.uk

LOCATION

DAW Bank SK3 0EQ

TIME

9:30am - 16:30pm

**Free to those who meet
eligibility criteria or £85**

**Must be 19+ on or before
31/08/2023**

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STOCKPORT
METROPOLITAN BOROUGH COUNCIL



Stockport Continuing Education Service

Funded by

GMCA GREATER MANCHESTER COMBINED AUTHORITY



First Aid at Work

Millie's Trust 1 Day Emergency First Aid at Work (EFAW) Course

This full qualification is suitable for Emergency First Aiders or an Appointed Person in their First Aid Needs Assessment. It is also a popular option for anyone requiring basic first aid training outside of the workplace.

This course covers:

- The roles and responsibilities of an emergency first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and defibrillation
- Recovery Position
- Choking
- Seizures
- Shock
- Wounds and bleeding
- Minor injuries
- Cuts, grazes and bruises
- Minor burns and scalds

To book please contact us on 0161 474 5801 or email adminSOLC@stockport.gov.uk

stockport-ed.com



DATE & TIME

**Tuesday 11th June
9:30-16:30**

LOCATION

**Daw Bank, Stockport,
SK3 0EQ**

**Free to those who meet
eligibility criteria or £75**

**Must be 19+ on or before
31/08/2023**

 **STOCKPORT**
METROPOLITAN BOROUGH COUNCIL


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Good Provider

Stockport Continuing Education Service

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GMCA GREATER
MANCHESTER
COMBINED
AUTHORITY



2 Day Adult Mental Health First Aid (MHFA) Course

This course qualifies you as
a Mental Health First Aider

Wednesday 1st May &
Thursday 2nd May 2024

To book please contact us on 0161 474 5801 or
email adminSOLC@stockport.gov.uk

LOCATION
DAW BANK SK3 0EQ

TIME
9:00am - 16:30pm

Free to those who meet
eligibility criteria or £205

Must be 19+ on or before
31/08/2023

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STOCKPORT
METROPOLITAN BOROUGH COUNCIL



Stockport Continuing Education Service

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English Entry Level Functional Skills Fast Track

Looking to progress quickly in your chosen career or step up at work? Join our 6 week fast track programme and get started.

From grammar and vocabulary to speaking, listening, reading, and writing skills, our interactive and practical courses will unlock your potential within a supportive and inclusive learning environment.

Progression:

English and/or maths, functional skills, digital and vocational courses or progress further in your chosen career.

For course details please contact us on 0161 474 5801 or email adminSOLC@stockport.gov.uk

stockport-ed.com

Duration: 2 days over 6 weeks.
MON- 9:30 - 15:00
WED- 9:30-15:00

Venue: Daw Bank, SK3 0EQ

You will be asked to attend an information session to find the right course and level for you.

Free to those who meet eligibility criteria

Must be 19+ on or before 31/08/2023

 **STOCKPORT**
METROPOLITAN BOROUGH COUNCIL

 **Ofsted**
Good
Provider