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Responsibility Perseverance Compassion Thankfulness

24th - 30th January

Classes of the Week: R/KS1: 2GS KS2: 6H

House of the Week: Dolphin

Pupils of the Week: R/KS1: Lucas L KS2: Alexander W



27th - 31st January

KP Alex K REC Roni W/Jacob C

1E Kathrine T 1H Louie B 3H Alfie W 3J Dawud M

5SH Ruby S

2C Leo S 2GS Cassian 4G Evan J 4C Tenzing L 6R Elsa M

6H Ria C



Pen License

5M Teddy I



Star Bonds Noah C **Moorfield Tables**



27th - 31st January

Rec 98%, Year 1 96%, Year 2 95%, Year 3 99%, Year 4 91%, Year 5 91%, Year 6 95%





Headteacher Award R/KS1 Benjamin C - Responsibility

Mya T/Bella S - Responsibility



ANTI-RACISM PROJECT

A repeat message from the last couple of weeks. Please pass on to any parents who might be interested.

We are working with Stockport Ethnic Diversity Service (EDS) on an anti-racism project and we would like our school community to be involved.



We are putting together a working party of school staff, governors and parents/carers to create an anti-racism policy.

If you would like to be part of this and help shape this policy then please email headteacher@moorfield.stockport.sch.uk

CHILDREN'S MENTAL HEALTH WEEK

Next week is Children's Mental Health Week. The theme this year is 'Know Yourself, Grow Yourself'. The children will be participating in wellbeing activities in the classroom during the week.

Stockport NHS provide FREE access to the Solihull Approach online courses for parents, carers and anyone involved in a child's life at www.inourplace.co.uk/stockport.



January 2025

inourplace is funded in your area to provide your family with free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you to connect with your children and make sure they thrive.

There is also a link to an online library of videos, articles and other information to support parents and carers of babies, children and teenagers in all aspects of health and wellbeing. https://gmca.essentialparent.com/ecare/start

YEAR 2 TIME MACHINE

Our Year 2 children jumped in their time machine on Thursday and went back to 1666 and the Great Fire of London. They had a real life Londoner talk to them about the great fire and the impact it had on London at that time. What a fantastic journey.





Our Netball Team and Football Team had games on Thursday afternoon. Our netballers were taking part in the Stockport competition at St James' Catholic High School. They performed really well against some established netball teams and their attitude was first class. Well done to the boys and girls who took part.

Our A and B footballers were playing against Lostock Hall at HGHS in the cup. A tremendous 9-0 win for the A team and a great B team game ended 1-1. Well done.



YOUNG VOICES

Our School Choir are at the CO-OP Live Arena on Thursday taking part in the Young Voices Concert. We hope they all enjoy what will be a wonderful experience.



AND FINALLY... CHINESE NEW YEAR - YEAR OF THE SNAKE

We have a number of children in school who are celebrating Chinese New Year from 29th January - 12th February. All classes will celebrate and learn about this event during this half term.

Have a great weekend.

Best wishes,

Paul Anderson Headteacher











In the news this week

Tennis player, Emma Raducanu, has revealed she would like to meet darts player, Luke Littler, after he recently became the world darts champion.
Comparisons between the two young sports stars have been highlighted.
Raducanu was 18 when she became the only qualifier in history to claim a Grand Slam title, by winning the 2021 US Open.
Similarly, Littler became the youngest-ever World Darts Championship winner at 17.

Things to talk about at home ...

- How do you think Luke Littler felt when he became the youngest-ever World Darts Championship winner at 17? How do you think he might be feeling now about future competitions?
- Can you think of a time when you were under a lot of pressure to succeed or achieve something? Share it with someone at home. Can they recall a similar time?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss







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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes.

For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.

2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.

3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.

4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in children from the children from

5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.

6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and

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TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle

8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.

9 USE VISUAL AIDS 🕠

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their

10 CELEBRATE EMOTIONAL GROWTH

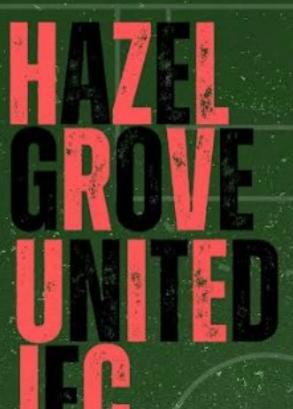
Acknowledge and celebrate progress in emotional literacy, and proise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy

Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



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