

Moorfield News

Responsibility Perseverance Compassion Thankfulness

wc 24th January 2022

Class of the Week: 4W

Pupil of the Week: Ollie 4W



TRACKIT LIGHTS

Dear Parents and Carers,

We have a busy week ahead the last week of the half term next week with the focus on both Internet Safety and Children's Mental Health. The next two pages provide a number of websites and information to support you with Internet Safety at home. The children will be engaging in activities across the week to support their understanding. This will be complemented by Children's Mental Health Week with the theme of 'Growing Together' and there is a website link here to support families and promote good mental health. www.childrensmentalhealthweek.org.uk/parents-and-carers/

To end the week we have a Non Uniform Day on the last day of half term, Friday 11th February. Please bring £1 per child into school on Friday. This is to support our MHSA who do a sterling job raising money for the school.

I have included an advert for Junior bake off on page 4 of the newsletter so if any of you are budding bakers you may want to enter.

Can I end by informing you all that we are saying goodbye to our School Business Manager, Sarah Allen on Monday. Sarah will be moving on to Rose Hill Primary School in Marple, having been the Business Manager at Moorfield for nearly 10 years. Sarah will be missed by everyone here and we wish her the best of luck in her new adventure.

Have a great weekend.

Best wishes,

Paul Anderson
Headteacher



Governor Vacancies

Moorfield Governing Body are looking for somebody who would like to become a co-opted governor with responsibility for supporting the provision of Special Educational Needs and Disabilities (SEND) within the school.

The governing body at Moorfield is an enthusiastic and active group of people who are there to assist the staff in the strategic development of the school. Made up of people from all walks of life, with differing experiences, they work together and alongside the staff to help the school achieve its potential.

If you would like to get involved and have an interest in SEND we would love to hear from you. You don't need to be an expert as there are free courses available that can help you and other governors who will support you. You might also know someone outside of school who has relevant skills and experience or a general interest in this area, in the co-opted role you don't have to have children at Moorfield. For more information or a chat please contact Liz Knott, Chair of Governors at gov.liz.knott@moorfield.stockport.sch.uk

Moorfield Pre School Places



Moorfield Pre School Group

Applications are now being accepted for our September 2022 intake. Should you wish to apply for a place at Pre School please contact them directly on 07513 904038 or email mpsducklings@gmail.com for more information.

**Safer
Internet
Day 2022**

**Tuesday
8 February**

Coordinated by the UK Safer Internet Centre

On **Tuesday 8th February** we will be joining schools and youth organisations across the UK in celebrating **Safer Internet Day 2022 with the theme 'All Fun and Games?'**. Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers and more, to join together in helping to create a better internet.

Using the internet safely and positively is a key message that we promote in school and celebrating Safer Internet Day is a great opportunity for us to re-emphasise the online safety messages we deliver throughout the year.

We would be delighted if you could join us in celebrating the day by continuing the conversation at home. To help you with this, you may be interested in downloading the free Safer Internet Day Resources for Parents and Carers which is available at: saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/advice-for-parents-and-carers

There are top tips, quizzes, and films which you can use at home with your child. Some other resources which you may find helpful in supporting your child online are:

- Tips, advice and guides for parents and carers from the [UK Safer Internet Centre](https://saferinternet.org.uk/parents) (saferinternet.org.uk/parents)
- Advice for parents and carers from [Childnet](https://childnet.com/parents-and-carers) (childnet.com/parents-and-carers) Reviews and information about games, apps, TV shows and websites from [Common Sense Media](https://commonsense.org) (commonsense.org)
- Help on using parental controls and privacy settings from [Internet Matters](https://internetmatters.org/controls) (internetmatters.org/controls)
Information and reporting of online grooming or sexual abuse from [CEOP](https://ceop.police.uk) (ceop.police.uk)

Online safety is an important issue which as a school we're committed to teaching our pupils/learners/young people about.

If you have any concerns or questions about keeping your child safe online, please do get in touch with your child's class teacher, Our Computing Lead, Mrs Craven or our Designated Safeguarding Lead, Mr Swire.

10 Top Tips for Respect Online: INSPIRING CHILDREN TO BUILD A BETTER DIGITAL WORLD

Our ability to communicate with anyone in the world, at any time, via the internet has grown at breakneck speed. For teachers and parents, it can feel impossible to keep up. Worrying about our young people is understandable, and not unjustified: in 2020, for example, one in five 10- to 15-year-olds experienced bullying online. Our tips highlight ways that adults can support young people's positive online behaviours: by adopting and following 'netiquette', we can show them how to avoid getting into difficulty as they learn to negotiate the continually evolving digital landscape.

WHAT IS NETIQUETTE?

Just like etiquette is a set of rules which guides and governs our interactions with others in everyday life, netiquette – etiquette on the net – is the framework which helps inform how we communicate with people online. The rules of engagement often aren't the same as a face-to-face meeting, so it's important that we can accurately 'read' situations in the digital world and know how to act appropriately.

1 ACCEPT DIFFERENT RULES

A lot of our interaction with others is helped by non-verbal signals like body language and facial expressions. Online, of course, many of these clues are missing. Talk to your child about why this makes misunderstandings more likely to occur in the digital world and why keeping in mind that online communication is a very different process can help to prevent difficulties from arising.

2 PRESS 'PAUSE'

It's so easy to do things quickly online that most people (adults included) habitually send or respond to messages without considering the consequences. Pushing 'the pause button' buys a young person some time while they ponder the golden rule: "Would I still say this if the other person was right front of me?" You could practise this with your child on some made-up tricky situations.

3 THE INTERNET IS ADDICTIVE

Apps and sites use sophisticated algorithms and clever marketing to keep us engaged, while notifications to our devices are designed to draw us back in. It's no wonder that people continually return to the digital world, sometimes spending long periods of time there. You and your child could trial turning off notifications on certain apps and instead agree a time to check for updates manually.

4 BEWARE THE DARK SIDE

Getting a hurtful or unhelpful comment on social media or in a group chat can make the recipient feel publicly shamed. That's painful for anyone – but especially for a young person whose status in a group is integral to their sense of identity. Encourage your child to think about the best and safest way to send a message: for example, doing it as a private message rather than a public post.

5 HARMFUL INTERACTIONS

Unfortunately, it's very easy to send a hurtful message or to spread gossip and rumours online. We all know this happens regularly. Not having to deal with actually seeing the other person's distress usually doesn't help people to make a positive decision in the moment. It's important that trusted adults help children to visualise the potential consequences and have empathy for others.

6 APPRECIATE DIFFERENCES

We're all built differently; some people are simply more emotionally sensitive than others. Young people can be particularly affected by negative online communication, such as group shaming. Even a single message (which might seem trivial at face value) can cause deep anguish. Trusted adults should be prepared to be patient and listen to any difficulties their child might have had online.

7 ACCENTUATED ANXIETY

Young people's online lives create a lot of anxiety. Messages go into a 'black hole' until someone responds, there are more reasons to compare ourselves negatively, and social media can make us feel like we're missing out. Encourage activities such as sports and hobbies to balance this out, and remember that merely blocking out thoughts (by gaming, for instance) isn't the same as relaxation.

8 PRO-SOCIAL BEHAVIOUR

A huge positive for the internet is how it helps people to feel connected and makes being kind and helpful easy to spread. When young people get involved in pro-social behaviours online, it creates a positive feedback loop which makes them feel good. Show your child examples of when you've done or said something positive online, and praise and encourage them when they do the same.

9 BE A GOOD ROLE MODEL

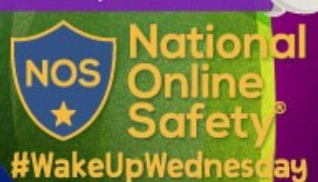
One of the best things we can do as trusted adults is to role model positive online behaviour. Just letting your child see that you know when it's time to put your phone away and do something more productive can set a strong example. Some families set aside particular times of the week (such as mealtimes or a family walk) where digital devices aren't allowed and conversation takes precedence.

10 SHOW COMPASSION

Mistakes can feel much bigger online, because they're so public. If a young person does or says something regrettable on the internet, it's important to support them to forgive themselves, learn any lessons and move forward positively. Even as adults, we can often stumble when learning how things work in the fast-moving digital world, so it's important to have compassion for ourselves, too.

Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.



Source: <https://www.gov.uk/guidance/online-safety-for-parents-and-carers> (17/01/2021) | <https://www.gov.uk/guidance/online-safety-for-parents-and-carers> (17/01/2021) | <https://www.gov.uk/guidance/online-safety-for-parents-and-carers> (17/01/2021)



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Whit

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