

Moorfield News

Responsibility Perseverance Compassion Thankfulness

29th - 5th December

Classes of the Week: R/KS1: 1E KS2: 5M

House of the Week: Lion

Pupils of the Week: R/KS1: Evelyn B KS2: Jack H



TRACKIT LIGHTS

2nd - 6th December

KP Idris H	REC Luna C / Elsie L		
1H Abel J J	1E Albie F	2C Ella R	2GS Ivy B
3J Alice B	3H Bella L	4G Henry B	4C Harry Mc
5M Isla T	5SH Freddie M	6R Luke F	6H Parisa S



Pen License



Star Bonds

Moorfield Tables

Ava S



2nd - 6th December

Rec 97%, Year 1 93%, Year 2 96%, Year 3 98%,
Year 4 88%, Year 5 95%, Year 6 94%

Attendance Matters



Headteacher Award

R/KS1 - James A, Marlie B,
Sierra B - Responsibility

KS2 - Anlin J - Respect



CHRISTMAS JUMPER AND DINNER DAY - FRIDAY 13TH DECEMBER

A reminder that we will be holding our annual Christmas Jumper day on Friday 13th December with all donations this year going to Disability Stockport. Donations are optional and you are welcome to give whatever you can afford. This day will also be a non-uniform day so if you would prefer not to send your child to school in a Christmas jumper then that is absolutely fine.

We also have our Christmas dinner on Friday. The deadline for choosing to opt in our out was Thursday. This is so the kitchen has adequate time to plan and prepare. If you have not completed this form but want your child to have a Christmas dinner, you must contact the school office on, Monday morning.

CHRISTMAS PERFORMANCES

We have all of our shows taking place next week. KS1 will be performing their Nativity on Tuesday. Year 1 parents at 9.15am and Year 2 parents at 2pm. Wednesday will see Lower KS2 sing their carols. Year 4 at 9.15am and Year 3 at 2.45pm. On Thursday Upper Key Stage 2 will sing their carols. Year 6 at 9.15am and Year 5 at 2.45pm. We will end on Friday with the Reception sing along at 9.15am.

All performances will take place in the KS1 hall and parents should enter via the KS1 entrance to the bottom of the playground and enter the hall through the external doors. KS1 gates will be left open for the 9.15am performances and opened in the afternoon at around 2.35pm.

ROAD SAFETY

Year 2 and Year 4 has the Road Safety Team in this week. Year 2 learnt about 'Step Outside' - where to cross the road safely and how to cross the road safely



ROAD SAFETY

Year 4 learnt about 'Head Smart' - the importance of wearing a helmet when riding a bike. This was done by dropping eggs with an without a helmet. The instructors led an eggcellent eggsperiment!



PTA CHRISTMAS DISCO

Our PTA can confirm the disco will be on Tuesday 17th December. 5pm-6pm for R/KS1 and 6.15pm-7.15pm for KS2. Both will take place in the KS1 hall. It will be £2.50 per child, pay on the door. There will be no tickets sold in advance. There will be a sweets and treats stall available for those who want to buy but juice and biscuits is included in the price.

MOORFIELD PTA PRESENTS...

**FANCY DRESS
OR DRESS TO
IMPRESS!
CHRISTMAS
GLITZ AND
GLAM**

HO HO HO

**17TH
DECEMBER**

KS1 5:00- 6:00 PM
KS2 6:15- 7:15 PM

IF YOU WISH
TO, BRING SOME
PENNIES.
SWEETS &
TREAT STALLS
ON SALE!

DISCO!

TICKETS AVAILABLE ON THE DOOR
£2.50

THIS INCLUDES UNLIMITED JUICE AND BISCUITS

**VOLUNTEERS NEEDED! PLEASE SPEAK TO YOUR PTA IF
YOU CAN HELP DURING THE DISCO. FREE DISCO ENTRY
IN RETURN**

AND FINALLY...BIRTHDAY SWEETS

Can I remind you that we no longer allow sweets being given out to the class when it is a child's birthday. This is to support our Poverty Proofing agenda as there are families who feel pressured to provide sweets, which can be at a substantial cost for up to 30 children. This includes those giving sweets out on the playground at the end of school. If you would like to celebrate your child's birthday with the school then you can donate a book for the class library or bring a game in for the class to play. Again this is completely optional.

Thank you for your support

Have a great weekend.

Best wishes,

Paul Anderson
Headteacher

Dates for your diary.....

	<u>Rec</u>	<u>Y1</u>	<u>Y2</u>	<u>Y3</u>	<u>Y4</u>	<u>Y5</u>	<u>Y6</u>
<u>Curriculum Showcase</u> (3:00pm)	Mon 9 th Dec	Wed 4 th Dec	Thurs 5 th Dec	Tues 3 rd Dec	Mon 16 th Dec	Mon 2 nd Dec	Wed 4 th Dec
<u>Christmas Performances - Reception</u> Christmas Songs KS1 Nativity, KS2 Christmas Carols	Fri 13 th Dec (am only) 9:15am	Tue 10 th Dec Y1 parents 9:15am	Tue 10 th Dec Y2 parents 2:00pm	Wed 11 th Dec Y3 parents 2:45pm	Wed 11 th Dec Y4 parents 9:15am	Thu 12 th Dec Y5 parents 2:45pm	Thu 12 th Dec Y6 parents 9:15am
<u>Christmas Parties</u> No food required	Mon 16 th Dec pm	Wed 18 th Dec pm	Wed 18 th Dec pm	Tues 17 th Dec pm	Wed 18 th Dec pm	Mon 16 th Dec pm	Thu 19 th Dec pm



Picture News

TAKEHOME

9th - 15th
December



Should everyone have the opportunity to be a star?

WICKED



In the news this week

Wicked, the hugely successful Broadway musical, has recently premiered worldwide as a film. Wicked shares a different perspective of the events in the magical land featured in 'The Wizard of Oz', prior to Dorothy's arrival. It is the story of Elphaba (a misunderstood witch), who later becomes the Wicked Witch of the West, and her friendship with Glinda, who becomes the Good Witch. Karis Musongole, aged 10 from Manchester, plays the young version of Elphaba.

Things to talk about at home ...

- What have you heard about the film, Wicked? Is it something you have seen or would like to see? Ask someone at home. Are they familiar with the story of The Wizard of Oz?
- Do you like performing on stage? Do you like other roles or responsibilities in plays or performances? Talk about the importance of each role and how our different strengths can all be celebrated.

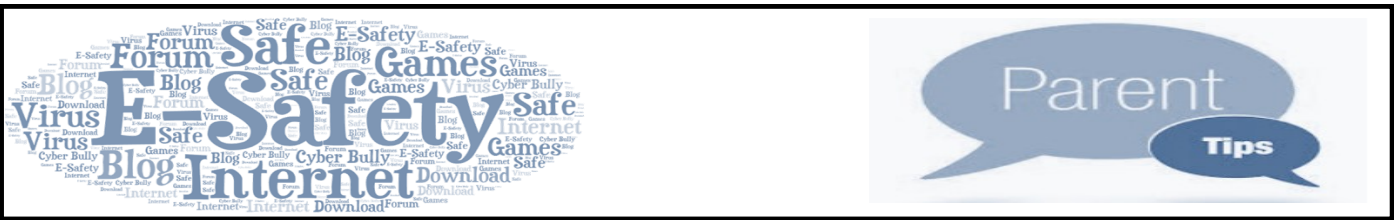
Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about MENTAL HEALTH & WELLBEING APPS

When looking at options for supporting a child's mental health, the sheer volume can be overwhelming. There are many wellbeing apps available, but unfortunately not all are trustworthy. It's important to evaluate which resources are suitable, reliable and effective. This guide lets you know what to consider before installing such an app, to determine just how useful it's going to be.

WHAT ARE THE RISKS?

QUALITY & RELIABILITY

Mental health apps can be a useful starting point when looking for wellbeing advice and strategies and can be a useful extension to the in-person services available. However, they aren't a substitute. Information on the quality of some of these apps is scarce. They may look cute and child-friendly, but have they been designed by a mental health professional? Furthermore, do they have research to back up their content?

PLACE RESPONSIBILITY ON CHILDREN

Some apps add the words 'kids' or 'children' to their title or use cartoon icons to make them more appealing to young people. When signing up for some of these apps, some will speak to the parent directly, saying something along the lines of "Your child is good to go. Let them take it from here". It's important to remain involved in the child's mental health journey, so regular check-ins are recommended.

DISREGARDING APPROPRIATE SUPPORT

Young people who feel anxious and have trouble sleeping may download a mindfulness app to help. While this is a good strategy initially, it's not addressing the root of the problem. A child could simply try managing these symptoms themselves (as opposed to speaking out and seeking professional help), which could potentially worsen their anxiety in the long run.

LACK OF PERSONALISATION

Mental health or wellbeing apps are useful tools for the short term, teaching users several helpful habits to manage their condition – such as keeping an illness diary, improving nutrition and practising mindfulness exercises. As every person is unique – and children especially will grow and develop in different ways – these apps struggle to tailor themselves to users' individual needs. For example, many apps don't distinguish between the ages of users and can offer extremely generic advice.

DATA SECURITY

As with any other app – not just those for mental health and wellbeing – it's wise to check out the privacy policy before downloading it. Some of these applications may share data with third parties for numerous reasons (such as targeted advertisements), and if a user is sharing personal and sensitive information within the app, they probably don't want it ending up elsewhere without their consent.

IN-APP PURCHASES

Many apps will provide their most basic features for free but will require you to pay for other aspects – such as a more tailored experience or access to additional resources. This could be a one-off fee or a regular subscription. Consider whether this is actually required. Is it benefiting the child, or could they receive the same support from a medical professional?

Advice for Parents & Educators

CHECK THE CREDIBILITY OF THE APP

Before you download a mental health and wellbeing app, investigate the developers. Have they consulted with qualified mental health professionals to create their resource? Also check whether the app is affiliated with any government or mental health organisations, as these are solid indicators of legitimacy. Reviews can also be a useful signpost to the app's quality. There are many good apps out there, but there are just as many that miss the mark.

SEEK PROFESSIONAL SUPPORT

Trusted mental health and wellbeing apps designed by qualified, reputable organisations can be used alongside the personalised advice and support of fully trained professionals. These apps should never be considered a substitute for counselling or other tailored medical help. If you have real concerns about a child's mental wellbeing, you should seek appropriate advice from a suitable source, such as their GP – or Childline, who can be contacted by calling 0800 1111.

READ THE PRIVACY POLICY

Look into the app's terms of service – especially its privacy policy. Do so by yourself first, then go over it with the child who is considering using the app, to ensure they know what data will be collected and how exactly it will be used. Use all of this information to make an educated decision on whether or not to download that particular app.

ENCOURAGE OPEN COMMUNICATION

Mental health and wellbeing apps can be useful for writing down feelings, tracking your own health and other such activities. These can help if the problem is short-term and temporary – such as a child getting stressed about approaching exams – or if you're currently waiting for professional support. Nonetheless, it is important that children aren't solely reliant on the app and have a safe space to talk about their feelings and experiences in the real world.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Source: See full reference list on guide page at <https://nationalcollege.com/guides/mental-health-apps>

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.12.2024



Having a clear out?

You could help us raise extra funds for Moorfield, whilst also supporting research into Leukaemia & Myeloma.

Please look out for one of our 'Sammy's Bags' being sent home week beginning 16th December 2024!

Fill your bag with your unwanted:

- Good quality, dry, clean clothing
- Handbags & accessories
- Toys in new & working condition
- Paired, clean undamaged shoes
- Costume Jewellery
- Cosmetics (unused)

Return to the school office on **Monday 13th January 2025**
(& Sammy's Project will do the rest).

Please note Sammy's do not accept:

- Uniforms,
- Dirty, damaged or broken items and clothing
- Opened and used cosmetic products

Thank you for your support!

Sammy's project is launched and fully operated by charity Leukaemia & Myeloma Research
All money raised for their charity will be used to continue our work investing in specialist research into different blood cancer treatments.

To find out more about the charity, visit: lmruk.org

For more information about Sammy's project, please visit: donateclothes4sammy.org

Registered charity number 1161622 (England & Wales), SC046106 (Scotland), Company Limited by guarantee Registered number 09481278 © Leukaemia & Myeloma Research UK 2024

Free HAF Holiday Sports Courses

Open to
children in
reception -
year 7

Burnage, Hazel Grove, Heaton Chapel,
Heaton Moor & Moss Side

Ofsted
Registered
Active
Childcare



Monday 23rd and Tuesday 24th December
Thursday 2nd and Friday 3rd January

To learn more about
our active holiday
camps visit our website
www.primaryscl.co.uk

VENUES OPEN:

Acacias Primary School, Burnage (closed 24th Dec)

Norbury Hall Primary School, Hazel Grove (closed 23rd & 24th Dec)

Broadstone Hall Primary School, Heaton Chapel

St Thomas Primary School, Heaton Moor

St Marys Primary School, Moss Side

Opening times at each venue vary, all holiday courses on December 24th will close at 2pm.

Fun packed days with our sports and dance coaches.
Every child attending will receive a free lunch.

Find out how to book and if your children are eligible by emailing the team at info@primaryscl.co.uk

07597 821 198

info@primaryscl.co.uk
www.primaryscl.co.uk