



# Moorfield News

Responsibility Perseverance Compassion Thankfulness

Dear Parents and Carers,

## **THE NEW SCHOOL YEAR**

Welcome back to all of our school community after the summer break. I hope you all had a wonderful holiday. Let's hope this sunshine continues into next week.

## **WEEKLY INFORMATION**

For the benefit of our new parents, you will see a page called 'Picture News' and a page from National Online Safety. Picture News is a weekly 'current news' programme we share with children both in the classroom and in a weekly assembly. The focus is always something that is currently happening in either the UK or around the world. You are welcome to engage in this with your child in preparation for their learning in the week ahead. There is also an e-safety information page with advice for parents and carers. We hope you find these additions useful.

## **COLLECTING YOUR CHILD AT THE END OF SCHOOL**

A reminder that a Google permission form was sent before the summer break if you wish for an older sibling to collect your child from school at the end of the day. There was also a Google form sent to parents of Year 6 children if you wish for your child to walk home without an adult. We will not allow this without the form being completed.

For safeguarding purposes, it is also essential that if your child is due to be collected by an adult unknown to the teacher, or if the usual arrangements change, we ask that you let us know in the morning or by letting the Office know before the end of the day. Thank you.

## **POVERTY PROOFING - BIRTHDAY CELEBRATIONS**

A reminder from the last newsletter before the summer break.....**As part of our poverty proofing strategy we are asking that children don't bring sweets to school on their birthday to share with the class.** Parent voice shared that some felt a pressure to bring sweets in to school and financially this wasn't always easy. We are asking for a different approach when it is your child's birthday. If you would like to celebrate this occasion with school then we ask that your child donates a book that can go in the school library or donate a game that can be used during wet breaks or lunchtimes. This will help support all family circumstances. In addition, all the children in every class have made/or will be making a birthday card for another child in the class and this will be given to them on their birthday.

## HEALTHY SCHOOL PACKED LUNCH POLICY

Our Primary Leadership Team (PLT) from last school year spent a huge amount of the year devising a packed lunch policy that focused on a balanced diet. We will send this draft policy to all parents and carers early next week and you are welcome to comment on this before it goes to the governing body. Please direct any comments to [admin@moorfield.stockport.sch.uk](mailto:admin@moorfield.stockport.sch.uk) by Monday 23rd September.

### AND FINALLY ...

It has been a wonderful first week back and the children look so smart in their new uniforms. It is great to see the new school logo on so many of them. Please be reminded that we no longer allow children to wear red t-shirts or red tights. White t-shirts and grey tights only please. And a reminder that school shoes should be all black.

If you are interested in your child joining the Beavers/Cubs/Scouts then please see the advert on page 6 and 7 as places are available at 1st Great Moor.

Have a great weekend.

Best wishes,

Paul Anderson  
Headteacher

MOORFIELD PRIMARY SCHOOL



## DRAFT SCHOOL PACKED LUNCH POLICY

Created by the Primary Leadership Team (PLT) 2023/24

Term Of Staff Review:	
Reviewed & Approved By Governing Body:	Autumn 2024
Committee:	Full Governing Body
Term of Next Review:	Summer 2027

*Inspiring Creative Learners for Exciting Futures*

**MHSA PRESENTS....**

# **MOORFIELD'S SPONSORED COLOUR RUN**

**RESCHEDULED**

**Friday 27th September  
4:30 - 6:30pm**

We are pleased to announce the new date for our Colour Run. As you know, these events can't happen if we don't have enough volunteers to help.

**The more volunteers we have;**

- the more stalls we can have
- the more fun everyone can have
- the more money we can raise for the school.

Please complete the Google Form using the link to register as a volunteer

<https://forms.gle/idHDFBKjwyVVTxm98>

**Please follow our Facebook page too (Moorfield Home & School Association). We'll be posting updates over the summer.**

We truly hope this will be a memorable event  
The MHSA



# Picture News

## TAKEHOME

9th - 15th September



## In the news this week

Space agency, Nasa, says two astronauts stuck on the International Space Station (ISS) won't return to Earth until next year. Sunita Williams and Barry 'Butch' Wilmore originally went on an eight-day mission but have currently been in space for three months. The Boeing Starliner spacecraft they were supposed to return on has a problem, so they need to wait for a different space capsule to bring them home in February. The astronauts will continue researching whilst they are there.

### Things to talk about at home ...

- How do you think the astronauts felt upon hearing the news that they would be staying much longer in space than originally planned?
- Can you think of a time you were in an unexpected situation or a time when you needed to change your plans? How did you deal with it?



How can we respond to unexpected events?

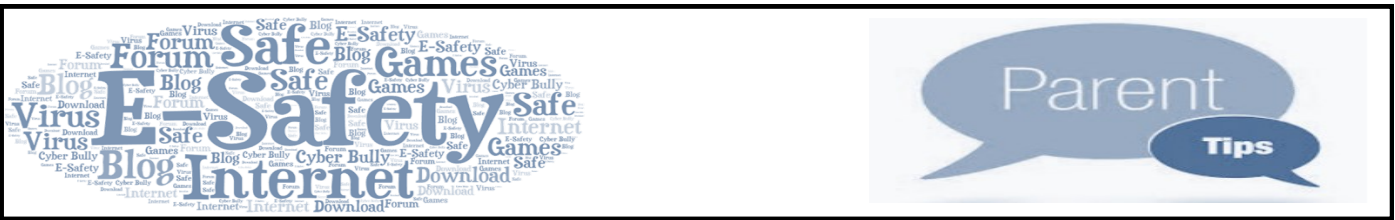
Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

# 10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

## 1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.

## 2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.

## 3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.

## 4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.

## 5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.

## 6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings about returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.

## 7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.

## 8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.

## 9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.

## 10 LEARN ABOUT SEN SUPPORT

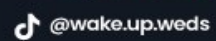
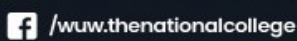
If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.

### Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and an ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>



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# Scouts

1st Great Moor

**BEAVERS**

Age 6-8

Wednesdays

6.15pm - 7.30pm

**cubs**

Age 8-10½

Tuesdays

6.00pm - 7.30pm

**SCOUTS**

Age 10½ - 14

Thursdays

7.30pm - 9.15pm

**Join the Adventure!**



[www.1stGreatMoor.org.uk](http://www.1stGreatMoor.org.uk)



**BEAVERS**

**cubs**

**SCOUTS**



## FAQs

### What do you do at Scouts?

We're Scouts and everyone is welcome here. Every week, we help almost half a million people aged 4-25 develop skills for life. At 1<sup>st</sup> Great Moor we take part in lots of activities, games and adventures to build confidence, grow as individuals and have a lot of fun along the way! Are you ready to join the adventure?

### Where are you based?

We are based in Great Moor – St. Saviour's Church Hall (St Saviour's Rd, Stockport SK2 7QE)  
<https://maps.app.goo.gl/RVsvBFmQUB7fb9S78>

### What age can we join from?

Young people can currently join from age 6 (Beavers) and stay until their 14th birthday where they will move up to Explorer Scouts. We operate a parent-led approach, so parents are actively encouraged to stay and join in for each session!

### How much does it cost?

Currently our subscription fee is set at £11 per month. This pays for your membership to The Scouts, insurance, building fees plus all your weekly activities too. Events, trips and camps are usually charged separately.

### Who are the leaders?

All our leaders are adult volunteers. They run the group in their own time to give back to the local community. All the adults undergo a thorough background check, and they complete training too in areas such as child development and first aid.

### How do we join?

Simply scan the QR code below or [click here](#) to register your interest using our online Joining Form and one of the leadership team will contact you ASAP to discuss a place!

### Sounds fab! How can I find out more?

You can find out more about Scouting in general on the HQ website ([www.scouts.org.uk](http://www.scouts.org.uk)) or you can contact us using E: [enquiries@1stgreatmoor.org.uk](mailto:enquiries@1stgreatmoor.org.uk) or head over to our website: [www.1stgreatmoor.org.uk](http://www.1stgreatmoor.org.uk) and complete the online form!

**#SkillsForLife**



[www.1stGreatMoor.org.uk](http://www.1stGreatMoor.org.uk)



# Do you struggle when your child has a meltdown?

Would you like to know more about how to help your child stay calm and understand why this happens?

Then, why not come along to our virtual session!

## HOW TO SUPPORT YOUR CHILD WITH THEIR EMOTIONAL REGULATION

For parents of children up to 10 years old  
20th June 2024

19th September 2024

7th November 2024

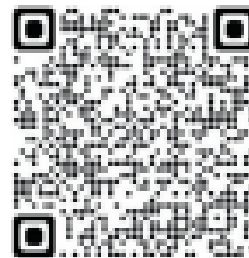
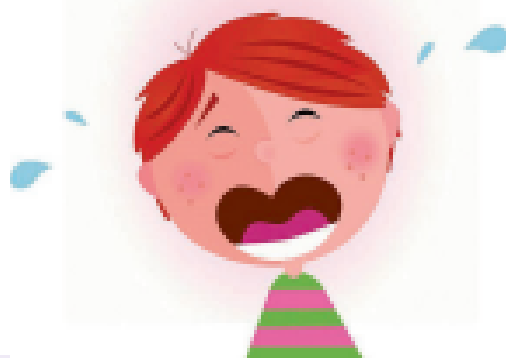
(You only need to book on one session)

The session will include useful information about understanding brain development, emotions and how to sensitively support your child to soothe them

HOW TO BOOK : Visit Facebook page: @StartWellStockport

or website: [www.startwellstockport.co.uk](http://www.startwellstockport.co.uk)

or email the admin team - [admin.startwell@stockport.gov.uk](mailto:admin.startwell@stockport.gov.uk)



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**ONESTOCKPORT**  
**Family Hubs**

Start well, live well and thrive

Working together with communities to support children, young people and families.





# Do you struggle with your child's disrupted sleep?

Do you have a child aged 2 – 10 years of age?

Then the Parenting Team would like to invite you to come along to

## OUR VIRTUAL SLEEP SEMINAR ON:



Thursday 4th July 2024

10th October 2024

12th December 2024

9.30am – 12 noon

via Microsoft Teams

(You only need to book on one session)



The session will include useful information about understanding sleep cycles, establishing bedtime routines, and how to support children's sleep patterns. We will provide you with some helpful handouts that will support the session

### HOW TO BOOK :

Visit Facebook page: @StartWellStockport

or website: [www.startwellstockport.co.uk](http://www.startwellstockport.co.uk)

or email the admin team -

[admin.startwell@stockport.gov.uk](mailto:admin.startwell@stockport.gov.uk)



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