

### Dear Parents and Carers,

### **CHRISTMAS FAIR**

We raised close to £5000 at the Christmas Fair which is an amazing amount of money. Thank you so much to everyone who contributed.

## CHRISTMAS JUMPER DAY

On Friday 16th December we are asking children to come to school in a Christmas jumper (this will be a non-uniform day) to help raise money for Save the Children. The official date you may have seen or heard in the media is Thursday 8th December however, we have made the decision to combine it with Christmas Dinner Day on 16th to add to the festive feel. We will be combining this with raising money for 'Cash for Kids—Mission Christmas' organised by Hits Radio - Manchester. Sophie, one of our Year 6 pupils, requested that she would like to do something for disadvantaged children specifically within our communities. All monies raised will be split equally between Save the Children and Mission Christmas.

More news on the next page

STREET DANCE Our Street Dancing after school club have had a wonderful time developing their dancing skills this term Here they are celebrating with their participation certificates.

## **YOUNG VOICES**

Our singers have been rehearsing for a number of weeks now and this weeks performance was a particularly good one according to Mr Roffey. Rehearsals are finished now for the autumn term and will start again on Wednesday 11th January.



More news on the next page

Our PE Lead, Miss Quin, would like to make you all aware of a Stockport wide competition that families can take part in. Information on The 'Bee Happy, Bee Healthy, Bee Active' Family Challenge is below.



## BEE Happy, BEE Healthy, BEE Active FAMILY CHALLENGE 2023

## THE COMPETITION

We would like to invite your family to take part in our 'Bee Happy, Bee Healthy, Bee Active' Family Challenge.

- We would like you to take part in physical activity as a family over the next few months and by recording the amount of family physical activity you do, you will virtually race against other families to see who can '#Buzz round the beehive' the quickest!
- You will receive a poster of the beehive with numbered hexagons to record your progress.
- Every time you complete half an hour of physical activity <u>as a family</u>, you achieve 1 hexagon on the poster and can mark these off until you have 'buzzed' across all the hexagons.
- All families completing the race will receive an award and the top 3 families will receive extra prizes of sporting equipment.
- More details will be given on entry.

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## <u>HOW TO ENTER</u>

- Email Lauren on l.dickenson-smith@stockport.gov.uk with the following information: <u>ages of the children in the family & schools they attend</u>
- Then we will email you the resources a copy of the above poster to stick up at your home and the recording sheet for you to record your physical activity events on, to prove your journey.
- As soon as you have completed your 'Bee Happy, Bee Healthy, Bee Active' Family Challenge, send us the record sheet of activities to claim your reward! Tweet/insta photos of your journey to show us your family fun!
- Your family physical activity must be done over a period of months and include a variety of activities and not just completed on an activity holiday.
- The deadline to finish is Monday 26th June.

l.dickinson-smith@stockport.gov.uk

## More news on the next page

@StockportSHAPES

## CHRISTMAS PERFORMANCES

A reminder of our Christmas shows taking place next week and the dates different year groups are invited:

Monday 12th December 2pm Tuesday 13th December 2:45pm Wednesday 14th December 2.45pm Thursday 15th December 2pm Friday 16th December 9.15am

Year 1/2 Nativity **KS2** Carols KS2 Carols Year 1/2 Nativity Reception Xmas Songs Reception families invited

Year 1 families invited Year 3/4 families invited Year 5/6 families invited Year 2 families invited

We ask that for the Reception and KS1 shows, parents enter by the KS1 Hall fire doors which can be accessed from the KS1 playground. The KS1 gates will open at 1.50pm for Year 1 and 2. Reception parents can access the hall straight after drop off on Friday morning.

For the KS2 Carols, the KS2 gates to the playground will open at 2.40pm. Please wrap up warm.

## FINAL DAY - a reminder

On Friday 23rd December, the final day of term, we will be finishing at 1.25pm in Reception, KS1 and Kaleidoscope and 1.30pm in KS2. Parents and Carers are welcome to come and collect their child from their usual playground at these times. The school governors are allowing this due to the very late finish only two days before Christmas Day. We felt this was supportive to both families and school staff with the special day for many of us being so close. However if collecting your child early is not an option for you then you can pick up from the main school office at any time between 1.30pm and 3.30pm. The after school club will still be running as normal for those parents who will still require this service. **Parents of Year 6 chil**dren, please be aware we will NOT be allowing these children to walk home on their own at 1.30pm. Please ensure Year 6 children are collected if you want to take them early. We will only allow them to walk home unaccompanied at 3.30pm.

## AND FINALLY—TYPE 1 DIABETES

Following on from this page are two posters related to Type 1 Diabetes. These have been sent by Diabetes UK and are a useful tool to support parents in identifying signs and symptoms of diabetes. There are also links to support groups and further information. I hope you find them useful.

Have a lovely weekend.

Best wishes.

Paul Anderson Headteacher

# DO YOU KNOW THE SIGNS **OF TYPE 1 DIABETES?** OILET HIRSTY RED THNNER

We call them the 4Ts. If you or your child are weeing more often, constantly thirsty, more tired than usual, or losing weight for no reason, it could be a symptom of type 1 diabetes. If left undiagnosed, type 1 diabetes can be fatal. If you're experiencing any of the 4Ts, ask your doctor for a test immediately.



## Scan the QR code or visit diabetes.org.uk/the4Ts



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## KNOW THE '4 T'S' OF TYPE 1 DIABETES - IT COULD SAVE A CHILD'S LIFE

It's really important to be able to spot the most common symptoms of type 1 diabetes early.

Unfortunately, we know that too many people – mostly children and young people – are not diagnosed until they are in diabetic ketoacidosis (DKA), a life-threatening condition that requires urgent medical attention.

Early action is important and it's good to know the '4 T's' of type 1 diabetes:

TOILET - GOING TO THE TOILET A LOT.

THIRSTY - BEING VERY THIRSTY AND UNABLE TO QUENCH THE THIRST.

TIRED - FEELING MORE TIRED THAN USUAL.

THINNER - LOSING WEIGHT OR LOOKING THINNER THAN USUAL.



If you notice these signs and symptoms, you should contact your doctor straight away.

## IF YOU WOULD LIKE SUPPORT...

Join our 'Friends of the North' Diabetes UK Facebook group where you can find peer support and the latest information from Diabetes UK, locally and nationally: <u>Diabetes UK chat: Your</u> <u>Friends in the North | Facebook</u>

Or use your mobile phone to scan the QR code:



Contact us: North of England team: 01925 653281 Diabetes UK Helpline: 0345 123 2399 (Mon-Fri, 9am-6pm)

## FOR MORE INFORMATION...

If you would like copies of the poster or the A5 leaflets, please contact north@diabetes.org.uk.

For more information about Diabetes UK visit <u>www.diabetes.org.uk/The4Ts</u>

We have resources to help you support pupils who have type 1 diabetes. Find out more about how we can support schools and our resources to help <u>Diabetes in schools resources</u>] <u>Diabetes UK</u>







#### At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an in feel it is needed. This guide focuses on one gap of many which we believe trusted adults should be aware of. Please visit w online safety with their children, should they m for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about



HiPal is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two account options: one for users aged under,12 and one for those aged 12 or above. The former has fewer features and limits interaction with strangers, enabling use of the walkie-talkie feature or photo sharing with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, sending private messages and holding voice chats with strangers as well as friends.

#### CONNECTING WITH STRANGERS ....

## SEXTING AND SUGGESTIVE PICS

#### LUIN NEED FOR VALIDATION

## **EMPHASISE CAUTION**

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#### AVOID OVER-SHARING

#### Meet Our Expert

https://hipatapp/about/privacy.html

awww.nationalonlinesafety.com

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## NO AGE GATES OR MODERATION

RESTRICT

#### **INTRUSINE FEATURES**

#### LARGE GROUP CHATS

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## **Advice For Parents & Carers**

#### TALK ABOUT SEXTING

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## **BUILD RESILIENCE**

#### CONSIDER MENTAL WELLBEING



#WakeUpWednesday









What would it be like to live on the Moon?

## In the news this week

Nasa officials have recently announced that humans could live on the Moon during this decade. They wouldn't be living there permanently, but could stay for long periods to carry out scientific research. Howard Hu, who leads the Orion lunar spacecraft programme for Nasa, said they would need to create homes on the lunar surface to support scientific expeditions. Nasa's plan is that the next mission would have a crew onboard, followed by a third, where astronauts would land on the Moon. This would be the first manned Moon trip for Nasa since Apollo 17, 50 years ago, in December 1972.

#### Things to talk about at home ...

- Share what you know about the Moon and the history of Moon landings. Do you know anyone who remembers that time in history?
- Share your thoughts on a possible base on the Moon. Do you think it is a good idea?



Share your thoughts and read the opinions of others

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Inspiring Creative Learners for Exciting Futures www.moorfield.stockport.sch.uk Paul Anderson Headteacher



Hello

## ENJOY A FREE RUGBYTOTS TASTER SESSION!



Rugbytots have been leading the way in fun, rugby-themed activities within schools and nurseries since 2006.

Our schools programme is tailored to the needs of children in preschool nursery up to year 6.

We run afterschool clubs, Rugby specific PE lessons and Nursery specifc sessions.

### More about our classes for schools and nurseries

## KICK THINGS OFF WITH A FREE SESSION!

A FREE Rugbytots taster session is the ideal way to see us in action and discover whether Rugbytots classes are something your children will love. To arrange a date or find out more, just call us on 0345 313 3255 or email <u>thomas@rugbytots.co.uk</u>

Have fun!

The Schools and Nurseries Team Rugbytots South Manchester