

16th September 2022

# Moorfield News

Responsibility Perseverance Compassion Thankfulness

5th-9th September / 8th-15th September

Class of the Week: 4C / 6M

House of the Week: Dolphin / Dolphin

Pupil of the Week: Tyler M-F / Sophie



TRACKIT LIGHTS

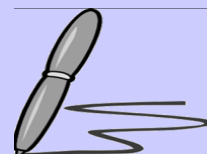
12th-16th September

KT Alex K	KP Nathan B	RQ whole class	RS whole class
1H Felicity H	1C Anabelle R	2JC Finn D	2CS Dylan H
3B Ruby S	3C Reggie B	4C Madeleine B	4W Sera A
5G Thomas P	5SR Harry H	6HT Oliver E	6M Louis B



Pen License

Jamie S 5G	Isla M 5G	Esmee T 5G
Hannah G 5G	Thomas P J	Jaziah S-K 5G



Dear Parents and Carers,

## PARENT DROP IN

I hope you enjoyed the opportunity to meet your class teacher and see your child's classroom on Thursday. The feedback from those parents we spoke to was very positive. We look forward to welcoming you into school for Parents Consultation on Tuesday 27th or Wednesday 28th September. There will be more information to follow next week.

## AMAZING ACHIEVERS

We've had another fantastic week at school and started our new Achievers Assembly on a Friday. Please see the names above for this weeks winners.

## PARENT GOVERNOR ELECTION

We have a vacancy for a parent governor and further information about the election process will be sent to you all on Tuesday next week. This is a fabulous opportunity to join a fabulous school governing body and to make a major contribution to the development of the school. Look out for this information coming to you next week.

## MACMILLAN COFFEE MORNING

We will be holding our annual coffee morning in aid of the Macmillan Cancer Support on Friday 30th September at 9.00am on the Key Stage 2 playground (weather permitting). We 'hope' to be able to put tables and chairs outside but we will hold this event indoors if the weather is inclement.

We will also have school uniform available to purchase from our 'uniform shop' if there is anything you require. If any of you have any uniform in good condition that we could add to our shop then please send it in to the school office.

## SCHOOL CLOSED—MONDAY 19TH SEPTEMBER 2022

And finally, a reminder that school is closed on Monday due to Queen Elizabeth II funeral. We will return to school on Tuesday 20th September 2022.

I hope you all have a lovely weekend

Best wishes,

Paul Anderson  
Headteacher



# Picture News

## TAKEHOME

19 - 25 Sept



### Could we live our lives without plastic?



## In the news this week

A housing association has built Europe's first virtually plastic-free housing development in the UK. Built by GreenSquareAccord, the £1.3m project in Redditch, Worcestershire consists of 12 affordable one-bedroom homes built using plastic-free alternatives to reduce environmental impact. Each apartment features many alternatives, such as wooden kitchen units and aluminium window frames. The wiring uses a mineral-based insulation rather than the usual plastic, and solar thermal heating systems are also installed.

### Things to talk about at home ...

- > Share your thoughts on this week's story. Do you think it's a good idea to create virtually plastic-free homes? Did you realise there was so much plastic in home building?
- > Think about your usage of plastic in a typical day, how much do you encounter in your everyday life?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



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At The National College, we provide everything educators and trusted adults need to strengthen, manage and evidence their professional, and personal development, in one place, on one platform. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.thenationalcollege.co.uk](http://www.thenationalcollege.co.uk) for further information and resources.

## Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

### 1 UNDERSTAND WHAT GRIEF IS

Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.

### 2 MEET THE CHILD 'WHERE THEY ARE'

This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.

### 3 EXPLAIN CLEARLY WHAT DEATH IS

It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.

### 4 BE PREPARED FOR QUESTIONS

On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.

### 5 FIND WAYS TO REMEMBER THEM

It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.

### 6 ENCOURAGE COPING STRATEGIES

You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.

### 7 REACH OUT FOR SUPPORT

If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress; The Mix offers specialist support to people under 25; and Winston's Wish deals specifically with helping young people who are grieving.

**SAMARITANS:**  
116 123

[WWW.THEMIX.ORG.UK/GET-SUPPORT](http://WWW.THEMIX.ORG.UK/GET-SUPPORT)  
0808 808 4994

**WINSTON'S WISH:**  
08088 020 021

### Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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