



TRAFFORD
COLLEGE

PAEDIATRIC WORKSHOP

Venue:

Time:



THINGS TO CHECK FOR

In an Emergency:

999



ALERT – Can they talk to you? Say their name.



“HELLO FREDDY CAN YOU HEAR ME”



VOICE - The child is not fully alert, not fully conscious, does not respond to your voice.



PAIN - Does not respond to your voice, but does respond to touch when you touch their collar bone.



UNRESPONSIVE – The child does not respond to voice or touch.

D.R.A.B.C. CALL 999

In an Emergency:

999



Lift the chin using two fingers 5 rescue breaths first

LOOK LISTEN AND FEEL 10 SECONDS FOR A CHILD, 5 SECONDS FOR A BABY.

Push down 4/5cm, approximately one third of the chest diameter, **for a child over 1 year old, use the heel of your palm, for a baby under 1 year old using two fingers only**, repeat at a rate of 100-120 compressions a minute, after 30 compressions, then 2 rescue breaths repeat.

- **DO NOT STOP UNTIL A HEALTH PROFESSIONAL TELLS YOU**
- **THE CHILD STARTS BREATHING**
- **YOU ARE TOO TIRED, GET SOMEONE TO TAKEOVER**



To use a defibrillator on a child or infant under eight years old: First, start CPR as directed above if there is more than one rescuer, the second one should call 999 and locate an accessible AED if one is nearby. If an AED is available, apply the defibrillator pads to the casualty while the first rescuer continues to give CPR. Apply pads on front and back for a child or baby.



PAEDIATRIC WORKSHOP

CHOKING

In an Emergency:

999



ASK THE CHILD

“Are you choking, can you cough?”



IMPORTANT! HAVE YOU MADE PLANS FOR EVERY EVENTUALITY?

MILD CHOKING:

The child can cough, cry and answer your question (if the child is old enough to know how to cough if asked... Then ask them to cough harder).

We rely on the casualties coughing and gagging reflex to push it out

Use your common sense if they need extra assistance...

SEVERE CHOKING:

- Attempts to cough do not work
- They are unable to talk or cry
- They may just 'nod' in response to your question
- Their breathing sounds wheezy or may be absent
- The skin may flush but then go pale or blue
- There is a rapid reduction in consciousness as oxygen runs out...

BABY CHOKING

In an Emergency:

999



5 BACK ROWS



5 CHEST THRUSTS

CHILD CHOKING

In an Emergency:

999

ASK THEM TO COUGH



5 BACK BLOWS



5 ABDOMINAL THRUSTS

DANGER RESPONSE AIRWAY BREATHING CIRCULATION