

# Seat belts and Car seats

## The Facts!

- It has been a legal requirement for drivers to wear seat belts for 30 years.
- You're twice as likely to die in a crash if you don't wear a seat belt.
- Children must use a child car seat and applicable restraint until they're 12-years-old or 135 centimetres tall, whichever comes first. They must then wear a seat belt.
- The same rules apply for children with disabilities or medical conditions, but they can use a disability seat belt or a child restraint designed for their needs. A doctor can issue an exemption certificate if a child is unable to use a restraint or seat belt because of their condition.
- It is the driver's responsibility to make sure children under 14 years of age are wearing their seat belts.

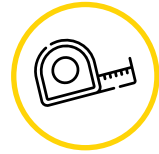


## Child Car Seats Explained

### The child car seat you choose, must:

- Conform to the United Nations standard, ECE Regulation 44.04 (or R 44.03), known as weight based car seats OR to the new i-size regulation, R129.
- Be suitable for your child's weight and size.
- Be correctly fitted according to the manufacturer's instructions.

# I-size Car Seats



## These seats:

- Have an 'E' mark label on the seat.
- Are based on the child's height rather than weight. You must check the seat to make sure it's suitable for the height of your child.
- Must be rear-facing until your child is over 15 months old. Your child can use a forward-facing child car seat when they're over 15 months old.
- Fit in cars that have Isofix fitting points, but you still need to check if the seat is approved for your car.
- Have undergone a side impact test to ensure that the seats provide better protection from side impact collisions.

# Weight based seats



## Rearward Facing Baby Seats:

- Classed as Group 0 seats and are for babies up to 10kg (approx. from birth to 6-9 months).
- Group 0+ seats are also applicable and these are for babies up to 13kg (approx. from birth to 12- 15 months).
- Must not be used in a seat with an active frontal airbag.



## Highback Booster Seats:

- Classed as Group 2 seats and are for children weighing 15 - 25kg (approx. 4 to 6 years).
- Only move your child to a booster seat once they have exceeded the maximum weight of the child seat or the top of their head is higher than the top of the seat.



## Forward Facing Child Seats:

- Classed as Group 1 seats and are for children weighing 9 – 18kg (approx. 9 months to 4 years).



## Booster Cushion:

- Classed as Group 3 seats and are children weighing 22 - 36kg (approx. 6 to 11 years).

Many child seats cover more than one group and are adjusted as the child grows. They may be called combination seats, extended seats or multi-group seats.