



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Margherita Pizza with homemade Coleslaw	Mince Meat Pie	Roast of the Day with Gravy	Pork Sausage & Mash	Jumbo Fish Fingers & Chips
Vegetarian Main Course	Oriental Vegetable & Quorn Stir-fry	Tomato & Basil Pasta Bake	Quorn Roast with Gravy	Vegetarian Sausage & Mash	Cheese Quiche & Chips
Vegetables	Green Beans & Sweetcorn	Broccoli & Carrot Batons	Vegetable Medley & Roast Potatoes	Cauliflower & Carrots	Peas & Baked Beans
Dessert	Peach Melba & Custard Fruit Salad	Cherry Shortcake & Custard Fruit Pots	Ginger Sponge & White Sauce Fruit Kebabs	Apple Crumble & Custard Fruit Boats	Beetroot Brownie & Custard Fruit Salad

Fresh Baked Jacket Potato with Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Bolognese (Quorn)	Chicken Curry with rice	Roast of the Day with Gravy	Beef Chili with Rice	Salt & Vinegar Fish & Chips
Vegetarian Main Course	Quorn Chili and Rice	Organic Mac & Cheese	Quorn Roast with Gravy	Roast Vegetable Pizza & Oven Baked Wedges	Cheese Whirls
Vegetables	Peas & Carrots	Broccoli & Carrot Batons	Savoy Cabbage, Cauliflower & Roast Potatoes	Broccoli or Salad	Sweetcorn & Baked Beans
Dessert	Fruit Flapjack	Cornflake Tart & Custard	Rice Pudding & Fruit Compot	Courgette Sponge & Custard	Banoffee Pie
	Fruit Pot	Fruit Kebabs	Fruit Salad	Fruit Boats	Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Meatballs in Tomato Sauce	Spaghetti Bolognaise	Roast of the Day with Gravy	Chicken Pasta in Tomato Sauce with Garlic Bread	Salmon Fish Fingers & Chips
Vegetarian Main Course	Cheese Pie	Vegetable Quiche	Quorn Roast with Gravy	Quorn Curry with Brown Rice	Pizza Wrap
Vegetables	Broccoli & Carrots or Corn on the Cob	Green Beans & Carrots or Salad	Sprouts, Honey Glazed Parsnips & Roast Potatoes	Cauliflower & Carrots	Mushy Peas & Beans
Dessert	Carrot & Orange Cake Fruit Salad	Jam Roly Poly & Custard Fruit Kebab	Mandarin Orange Sponge & Chocolate Sauce Fruit Pot	Apple Crumble & Custard Fruit Boats	Ginger Biscuit & Milk Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

