WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Cheese & Tomato	, ,	Roast Chicken, Yorkshire	Homemade Chicken Curry served	
	Pizza served with Crispy	with Garlic Bread	Pudding served with Roast	with Rice	Or
	Potato Cubes & Homemade	(GLUTEN, MILK, SOYA)	Potatoes and Gravy	(CELERY)	Salmon Fish Cake served
	Coleslaw		(GLUTEN, EGG, MILK,		with Chips.
	(GLUTEN, EGG, CELERY, SOYA, MILK)		MUSTARD, SO2, SOYA)		(FISH, GLUTEN)
Vegetarian Main Course	Vegetable Fingers served with	Macaroni Cheese with Garlic	Quorn Sausage served	Vegetarian Chilli and Rice	Cheese & Tomato Whirls
	Crispy Potato Cubes	Bread	with Yorkshire Pudding,	(EGG, GLUTEN)	served with Chips.
	(GLUTEN)	(MILK, GLUTEN, MUSTARD,	roast Potatoes, and Gravy		(GLUTEN, EGG, MILK, SO2)
		SOYA)	(GLUTEN, EGG, MILK,		
			SO2)		
Vegetables	Peas	Carrots	Broccoli	Cauliflower	Garden Peas
	&	&	&	&	&
	Sweetcorn	Peas	Carrots	Green Beans	Baked Beans
Dessert	Fruity Flapjack	Butterfly Fruit Cupcake	Ice Cream	Chocolate Crunch	Ctrawbarn, Angal Dalight
Dessert	Or	Or	Or	& Custard	Strawberry Angel Delight Or
	Or Fruit Pot	Or Fruit Kebabs	Fruit Boat	& Custard Or	Fruit boat
	(GLUTEN)	(GLUTEN, EGG, MILK)	(MILK)		(MILK)
				(GLUTEN, EGG, MILK)	
Street Food	Chilled Cheese Layered Pasta	Hot Cheese Baguette	Chilled Tomato & Basil	Chicken & sweetcorn Mayo	Tuna Mayonnaise
	Pot	(GLUTEN, MILK, SESAME)	Layered Pasta Pot	Pitta Bread	Layered Pasta Pot
	(GLUTEN, MILK, EGG)		(GLUTEN, MILK)	(GLUTEN, EGG)	(GLUTEN, EGG, FISH)

Fresh Baked Jacket Potato with

Choice of fillings

Cheese (Milk) Tuna (Eggs, Fish) Beans

available daily

Selection of freshly made, sandwiches on a choice of bread (Wheat, Soya) available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and
Yoghurts (Milk)
available daily





Fresh Baked Jacket Potato with

Choice of fillings

Cheese (Milk) Tuna (Eggs, Fish), Beans

available daily

Selection of freshly made, sandwiches on a choice of breads (Wheat, Soya) available daily Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Cheese & Crackers (Milk)
Salad Selection, Fresh Fruit and
Yoghurts (Milk)
available daily



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Hot Dog with Baked New Potatoes (GLUTEN, MILK, SEASME)	Spaghetti Bolognaise (GLUTEN, MILK, SOYA)	Roast Beef served with a Yorkshire Pudding, Roast Potatoes and Gravy (EGGS, MILK, GLUTEN, SO2)	Ham and Cheese Pizza with Baked Wedges (GLUTEN, EGGS, MILK, SOYA)	Gluten Free Fish served with Chips and a Lemon Wedge (FISH)
Vegetarian Main Course	Green Cuisine Meatless Meatballs in a Tomato Sauce served with Spaghetti (GLUTEN, MILK, EGG, MUSTARD)	Quorn Sweet and Sour with Rice (EGG, GLUTEN)	Vegetarian Fillet served with Yorkshire Pudding & Roast Potatoes (EGGS, GLUTEN, MILK, SO2)	Cheese and Red Pepper Quiche served with New Potatoes (EGGS, GLUTEN, MILK, SOYA)	Quorn Dippers served with Chips (GLUTEN)
Vegetables	Diced Carrots & Garden Peas	Sweetcorn & Green Beans	Broccoli & Sliced Carrots	Sweetcorn & Baked Beans	Baked Beans & Garden Peas
Dessert	Ginger Biscuit (GLUTEN, MILK) Or Fruit Salad	Strawberry Jelly Or Fruit Boats	Chocolate & Vanilla Biscuit (GLUTEN, MILK, SOYA) Or Fruit Salad	Ice Cream (MILK) Or Fruit Salad	Cornflake Buns (GLUTEN, MILK, SOYA Or Fruit Pots
Street Food	Cheese Layered Pasta Pot (GLUTEN, EGGS, MILK)	Cheese and Tomato Pizza Wrap (MILK, GLUTEN)	Tomato and Basil Layered Pasta Pot (GLUTEN, MILK)	Tuna & Sweetcorn Mayo filled Baguette (EGGS, FISH, GLUTEN, SESAME)	Tuna Mayo Layered Pasta Pot (GLUTEN, FISH, EGG)

Fresh Baked Jacket Potato with

Choice of fillings

Cheese (Milk) Tuna (Eggs, Fish) Beans

available daily

Selection of freshly made, sandwiches on a choice of bread (Wheat, Soya) available daily Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and
Yoghurts (Milk)
available daily

