

Useful Information!

Wakefield District Domestic Abuse Service -

www.wakefield.gov.uk/keepitsweet / 0800 915 1561

School Nurse -

01977 653 985

NSPCC -

08088 005 000 / nspcc.org.uk/helpline

Early Help Hub -

01977 722 305

Young Minds Parents Helpline -

0808 802 5544

This is a phone line service which is free for mobiles and landlines, open Monday to Friday - this is for any adult who is concerned about a child/young persons mental health up to the age of 25.

Childline - www.childline.org.uk / 0800 1111

This is an online service or an on the phone free call service, this is for all people who are up to the age of 19. This service is available at anytime to give advice on any worries or issues.

The Mix - www.themix.org.uk / 08088 084 994

This service is available to everyone up to the age of 25. This is an online or call service for a one to one chat for any advice and help with any issue.

Samaritans - 116 123

Free anytime if you are in need of a talk 24/7.