# PSHE

## Vision & Aims

*At Moorthorpe, PSHE will help us to become confident, secure, caring individuals who show tolerance and respect.*

Our PSHE curriculum aims to ensure that all pupils:

- develop the knowledge, self-esteem, confidence and self-awareness to make informed choices and decisions
- identify the characteristics of healthy relationships and how to stay safe online
- can make sense of their own personal and social experiences
- know how to maintain good physical and mental health
- have effective interpersonal relationships
- can understand and manage their feelings and emotions
- understand how society works and the rights and responsibilities involved for members of a democratic society
- be prepared for puberty, and understanding sexual development and the importance of health and hygiene
- use the correct vocabulary to describe themselves and their bodies and experience a positive culture around issues of sexuality and relationships

High-quality provision for all

Thriving children. Engaged parents. Skilled staff. Remarkable outcomes.