

SCHOOL CASE STUDY

MOORTHORPE

PRIMARY SCHOOL

INCREASING OUR LUNCHTIME PHYSICAL ACTIVITY OFFER



WHAT INEQUALITY DID YOU TARGET?

Initially we were targeting inactive children, however this evolved into increasing physical activity for all, throughout school, including children from our inclusion resource. An inactive register of children was compiled by teachers for each class in school. We initially tried to target the children on this list and invite them to after school clubs or join in with lunchtime activities with our lunchtime provider. However, this proved unsuccessful, therefore we changed the provision at lunchtime which had a direct impact for all children. We also promoted and monitored movement breaks and active lessons during the day. Classes log their 'Active minutes' throughout the week, the Active Crew collect them, and the winners are announced in a weekly assembly.

WHAT DID YOU DECIDE TO DO?

As PE lead/PA lead, I met with my headteacher and CAS lead, Helen Cartwright, and discussed the priorities. I delivered an assembly about Physical Activity, what it is and its importance. This sparked enthusiasm within the whole school and applications for an active crew were opened.

We looked at the provision on offer at lunchtime after a visit to a Bradford School and felt that we needed an increased and broader range of activities which would appeal to all children (not just sporty children).

Previously we offered football (3 games for different age groups) along with bats, balls, skipping ropes and the trim trail.

WHAT HAPPENED?

Our offer now includes a wide range of sports and activities including:

Golf	Parachute games
Basketball	Tyres and crates
Netball	Den building
Running track	Dancing with music
Trim Trail	Activity Gym

Frickley Athletic Club offer different sports each day.

We are looking at adding scooters and maybe bikes to the provision. We will continue to look at other activities to offer too.

IMPACT

Everyone is engaged, including staff!

We have seen a **quicker start to the day** and **increased focus** in afternoon lessons as a result of **reduced behaviour incidents** at lunchtimes.

More children are being active and **enjoying being active**.



LEARNING

- Visit other schools
- Listen to your children
- Go for it!



PERSONAL IMPACT STORY

One SEN child in Year 4 who loves to dance used to stand next to adults and just talk to them. Having the boom box outside with song requests enabled him to dance and show other children and teachers how to dance too!



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