



## MOORTHORPE PRIMARY SCHOOL

### EYFS Home Learning Planning Week 6 - Food



#### Weekly Reading Tasks - aim for 1 per day

- Read a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development.
- Reception age children: Children to read to parents daily. Visit Oxford Owl for free eBooks that link to your child's book band. You can create a free account at: <https://www.oxfordowl.co.uk/for-home/> Complete the linked Play activities for each book.
- Here are some questions that you could ask your child. This will demonstrate their understanding of the story. (What happened in the story? What is your favourite part of the story? Why? Is this story like any other books that you have read? Can you retell this part of the story to your family? Find a page in this book that you didn't like. What was your favourite part?)

#### Weekly Maths Tasks - aim for 1 per day



- Watch a Numberblocks clip each day at: BBC <https://www.bbc.co.uk/iplayer/episodes/b08bzfjh/numberblocks?page=2> or CBeebies <https://www.bbc.co.uk/cbeebies/shows/numberblocks>. Use this guide here to give you ideas on what to do with your children whilst watching an episode. <https://www.bbc.co.uk/cbeebies/joinin/numberblocks-help-your-child-with-maths>
- Play the Numberblocks add and subtract quiz. <https://www.bbc.co.uk/cbeebies/puzzles/numberblocks-number-magic-adding-and-subtracting?collection=numbers-and-letters>
- This is a series of five maths lessons. Summer Term - Week 4 (w/c 11<sup>th</sup> May) <https://whiterosemaths.com/homelearning/early-years/>
- Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?
- Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?

#### Weekly Writing Tasks - aim for 1 per day



- Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them and draw the finished meal. Some children may be able to write a few short sentences as instructions.
- Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer. Support them to design a package for a treat of their choice.
- Practice name writing. Can you write your first name? Middle name? Surname?
- Practice forming the letters of the alphabet. Follow our school's script. Reception children can you write some short words?
- Ask your child to write out the tricky words they are working on at the moment. You could make them with play dough, write them on a chalk board and then use water and a paintbrush to make them disappear.

## Weekly Phonics / Spelling Tasks - aim for 1 per day



. Watch the letters and sounds lessons. Follow this link to watch them:

[https://www.youtube.com/channel/UCP\\_FbjYUP\\_UtldV2K\\_-niWw/videos](https://www.youtube.com/channel/UCP_FbjYUP_UtldV2K_-niWw/videos)

. Daily phonics - Practice the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. Interactive games. <https://www.phonicsplay.co.uk/>

. Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, digraph, trigraph or tricky word and ask them to 'write it' in the food using their finger.

• Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list. Select a recipe and make this together. Encourage your child to read the labels on packaging to figure out which ingredient it is.

- Watch and learn the tricky words, have a sing along. Stay safe when using the internet.

<https://www.youtube.com/watch?v=e2dx65u59aw> Phase 2 tricky words.

<https://www.youtube.com/watch?v=ri4u0TjAZ38> Phase 3 tricky words.

<https://www.youtube.com/watch?v=3NOzgR1ANc4> Phase 4 tricky words.

## Curriculum Learning Projects - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

• Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute shake up.

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

### • 5 a day-

○ Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.

### • Create a collage-

○ Ask your child to draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Provide them with a selection of colourful packaging. Can they cut out and collage on to their picture.

### • Play shops-

○ Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

### • Potato/ Vegetable Printing-

○ Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created.

• **Get your heart racing!** Have a go at Mr Stringfellow's PE activities on Dojo.

## *Additional Resources for Home Learning*

- **Classroom Secrets Learning Packs** - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.
- **Twinkl** - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.
- **Headteacherchat** - This is a blog that has links to various learning platforms. Lots of these are free to access.

**GoNoodle**, **BBC 'Tiny Happy People'**, **CalmZone** and **Headspace** are great to support children and families with their emotional wellbeing. Mindfulness activities, such as mindfulness colouring is great for 'calm time'.

**Thank you so much for your continued support at this time.**

**Miss Burton, Mrs Ryalls and Mrs Currie.**

