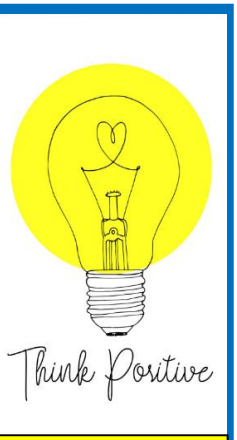
MORTON PRIMARY'S HEADS UP!

ISSUE 1 - MARCH 2020



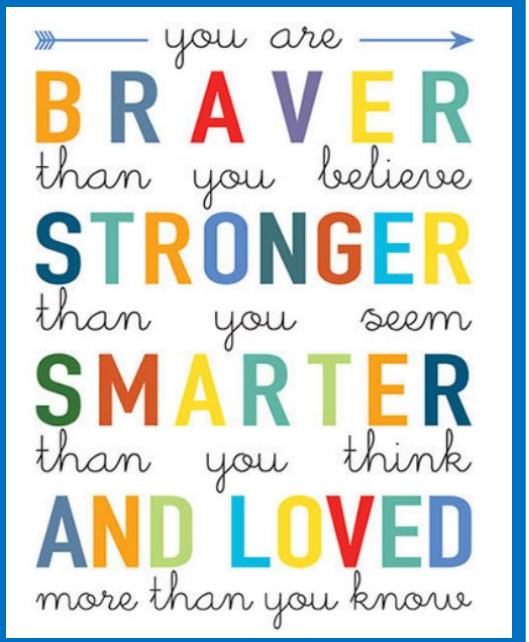
HERE TO MAKE SURE YOU'RE KEEPING YOUR HEADS UP - WHILST GIVING YOU A HEADS UP!

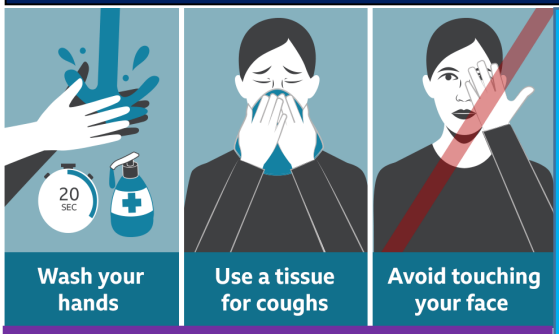
Welcome to the first issue of Morton Primary's Heads Up! This will be issued each week whilst children are learning at home.

We will celebrate some of the fantastic things children, parents and staff have been getting up to and let you know how you can get involved.

There will be information, advice and ideas to help you make sense of the world in these extraordinary times.

Our aim is to put a smile on your faces!





APP OF THE WEEK

Times Tables Rock Stars

Keep in contact with your class teacher through Class Dojo. Send pictures, messages and check if you have any activities to complete! classdojo.com

ClassDojo

First News iHub Leaderboard

The children with the most points this week are:

Year 3 - Fae - 2730

Year 4 - Ben - 545

Year 5 - Sam - 1495

Year 6 - Callum - 7730

Well done to all of you!

Do you think you can beat them? Get on iHub and try to improve your score!

ihub.firstnews.co.uk

WHAT HAS EVERYBODY BEEN UP TO?

Please send your photos, messages, artwork and let us know what you've been doing to k.allen@morton.derbyshire.sch.uk so we can share it here! We'd love to see as much as possible so get sending!

Esme in Class 1 has been practising her Maths whilst at home - well done!

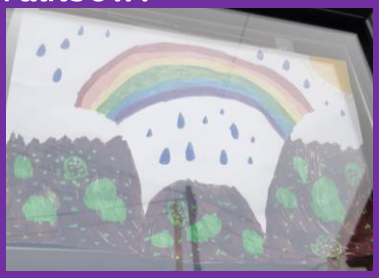
Have you done any Maths at home?

Penny in Class 4 has been busy making pizza and learning how to knit! Amazing!

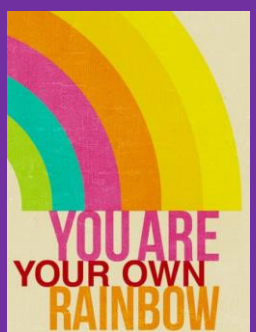
Have you learnt a new skill?

RAINBOWS

Fantastic rainbows sent in by Mrs Bradley and Lois in Class 4! Has anybody else made a rainbow?



Ava in Class 2 has been baking her own bread! Very clever! Have you done any cooking or baking at home?



One teacher has even been getting into the rainbow spirit with her socks at home!

JOKE OF THE WEEK!

What do you call a peanut in a spacesuit?

An astronut!

By Cole in Class 4

The Physical Activity Alphabet!

- Try spelling out your name and completing all of the actions!
- Take a break if you need to.

A 15 star jumps	**B** 15 second wall sit	**C** Pretend to skip for a count of 8	**D** 10 lunges	**E** Jump side-to-side 10 times
F 5 bunny hops	**G** 15 second plank	**H** 10 bicep curls with food cans	**I** 10 squats	**J** Spin around in a circle 5 times
K Walk like a bear for a count of 10	**L** Balance on your left leg for a count of 10	**M** Do a forward roll	**N** Pretend to pedal a bike with your hands for a count of 10	**O** Try and reach the clouds or ceiling for a count of 10
P 10 sit-ups	**Q** Walk like a crab for a count of 10	**R** Balance on your right leg for a count of 10	**S** Do 10 press-ups	**T** Pretend to ride a horse for a count of 12
U March like a toy soldier for a count of 12	**V** 10 arm circles	**W** Pretend to climb a rope for a count of 8	**X** Hold a v-sit position for a count of 5	**Y** Box for a count of 12
Z Hop on one foot for a count of 8				

Next time….

- Try taking less, or smaller breaks when you do it again.
- Try a different name, word or sentence.
- Can a family member guess what you are saying or spelling?
- Can you create a story with a family member?
- Design your own alphabet!

To see our resources in action, to find more ideas, and to share your own, please follow us on social media; /bolsover_active_schools /BolsoverSSP @BolsoverSSP