

Core PE KS3 Units taught:

	Year 7	Year 8	Year 9
Autumn Term	Baseline Netball, Football, badminton	Cross Country Netball, Football, Badminton	Cross Country Netball, Football, Badminton, Handball
	Netball, Football, badminton Dance/OAA Dodgeball Santa activity	Netball, Football, Badminton Dance/OAA Dodgeball Santa activity	Netball, Football, Badminton, Handball Dance/OAA Dodgeball Santa activity
Spring Term	Badminton, Handball, Basketball	Badminton, Handball, Basketball	Badminton, Handball, Basketball, Netball
	Football, Badminton, Handball	Football, Badminton, Handball	Football, Badminton, Table Tennis
Summer Term	Athletics	Athletics	Athletics
	Rounders, Cricket. Dance/OAA	Rounders, Cricket. Dance/OAA	Rounders, Cricket., Softball Dance/OAA

Core PE KS4 Units taught:

	Year 10	Year 11
Autumn Term	Cross Country Netball, Football, Badminton, Handball	Cross Country Netball, Football, Badminton, Handball
	Health and wellbeing, Handball, Badminton, Basketball, Football	Health and wellbeing, Handball, Badminton, Basketball, Football

Spring Term	Badminton, Health and Wellbeing, Football, Basketball	Badminton, Health and Wellbeing, Football, Basketball
	Football, Badminton, Netball. Health and Wellbeing	Football, Badminton, Netball. Health and Wellbeing
Summer Term	Athletics	
	Rounders, Cricket, Softball	

OCR GCSE PE KS4 Units taught:

	Year 10	Year 11
Autumn Term	Paper 1: 1.1.a. The structure and function of the skeletal system Paper 2: 2.1.a. Engagement patterns of different social groups in physical activities and sports Practical: Badminton	Paper 1: 1.1.d. The cardiovascular and respiratory systems. Paper 2: NEA Coursework. Practical: Badminton
	Paper 1: 1.1.b. The structure and function of the muscular system Paper 2: NEA Coursework Practical: Badminton/ Fitness Testing	Paper 1: 1.1.d. The cardiovascular and respiratory systems Paper 2: Reteach 2.1 Socio-cultural influences Practical: Handball
Spring Term	Paper 1: 1.2.a. Components of fitness. 1.2.b. Applying the principles of training Paper 2: 2.1.b. Commercialisation of physical activity and sport. 2.1.c. Ethical and socio-cultural issues in physical activity and sport Practical: Netball/Football	Paper 1: 1.1.d. The cardiovascular and respiratory systems Paper 2: Reteach 2.2 Sports psychology Practical: Football/Netball

	Paper 1: NEA Coursework. 1.2.c. Preventing injury in physical activity and training Paper 2: 2.3 Health, fitness and well-being Practical: Handball	Paper 1: Revision and exam technique. Paper 2: Revision and exam technique.
Summer Term	Paper 1: 1.1.c. Movement analysis Paper 2: 2.2 Sports psychology Practical: Athletics	
	Paper 1: 1.1.c. Movement analysis. NEA Coursework Paper 2: 2.2 Sports psychology. NEA assessment Practical: Athletics	