

**PSHCE Curriculum Overview 2024.25**

Term	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn Term 1	<p align="center"><b><u>Health and Wellbeing – Unit 1</u></b></p> <p align="center"><b><u>Unit: Transition and Safety</u></b></p> <p><b>British Values Focus:</b> <i>Discussing democracy and individual liberty in coping with change and respecting rules and laws regarding safety.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Discussing diversity in personal identity (e.g., gender, ethnicity).</i></p> <ol style="list-style-type: none"> <li>Transition to secondary school and dealing with changes.</li> <li><b>TenTen Session 1: Who am I?</b></li> <li>Personal safety in and outside of school: Road, Rail and Water Safety</li> <li>Firework Safety</li> </ol>	<p align="center"><b><u>Health and Wellbeing – Unit 1</u></b></p> <p align="center"><b><u>Unit: Drugs and Alcohol</u></b></p> <p><b>British Values Focus:</b> <i>Discussing the rule of law and regulations concerning drug/substance use; Promoting individual liberty and informed decision-making.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing diversity in attitudes towards substance use; Emphasising diversity and uniqueness.</i></p> <ol style="list-style-type: none"> <li>Energy Drinks and Associated Risks</li> <li>Attitudes and Influences towards drugs</li> <li>Smoking, Vaping (E-Cigarettes), Alcohol and their risks</li> <li><b>TenTen Session 1: Created and Chosen</b></li> </ol>	<p align="center"><b><u>Health and Wellbeing – Unit 1</u></b></p> <p align="center"><b><u>Unit: Cancer Awareness and Respectful Relationships</u></b></p> <p><b>British Values Focus:</b> <i>Promoting respect and support for individuals facing health challenges; Promoting mutual respect and tolerance in relationships.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing gender-specific health disparities and awareness; Addressing discrimination and promoting inclusivity.</i></p> <ol style="list-style-type: none"> <li>Breast Cancer Awareness</li> <li>Movember: Testicular Cancer focus.</li> <li>Respectful relationships behaviours and sextortion.</li> <li><b>TenTen Session 1: The Search for Love</b></li> </ol>	<p align="center"><b><u>Health and Wellbeing – Unit 1</u></b></p> <p align="center"><b><u>Unit: Mental Health</u></b></p> <p><b>British Value Focus:</b> <i>Promoting mutual respect and support for individuals facing health challenges and tolerance in relationships.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing challenges specific to diverse health needs; addressing mental health stigma and promoting inclusivity and addressing personal dignity and respect.</i></p> <ol style="list-style-type: none"> <li>New Challenges</li> <li>Reframing Negative Thinking</li> <li>Recognising Mental Ill Health</li> <li><b>TenTen Session 1: Authentic Freedom</b></li> </ol>	<p align="center"><b><u>Health and Wellbeing – Unit 1:</u></b></p> <p align="center"><b><u>Unit: Self-Worth and Personal Development</u></b></p> <p><b>British Value Focus:</b> <i>Promoting mutual respect and individual liberty by fostering self-esteem and valuing personal worth.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing diverse personal identities and promoting inclusivity.</i></p> <ol style="list-style-type: none"> <li><b>TenTen Session 1: Self-Worth</b></li> <li>Personal Safety and Emergency First Aid</li> <li>Mental Health Awareness: Why do people self-harm?</li> <li>Dealing with change, loss and grief.</li> </ol>
Autumn Term 2	<p align="center"><b><u>Living in the Wider World Unit 1</u></b></p> <p align="center"><b><u>Unit: Developing Skills and Aspirations</u></b></p> <p><b>British Value Focus:</b> <i>Understanding the rule of law in career choices and enterprise and exploring individual liberty and responsibilities in financial choices.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Discussing equality and respect in decision-making.</i></p> <ol style="list-style-type: none"> <li>Financial decision-making budgeting.</li> <li>Careers and Aspirations: Getting a job.</li> <li>Understanding the Fundamental British Values</li> </ol>	<p align="center"><b><u>Health and Wellbeing: Unit 2</u></b></p> <p align="center"><b><u>Unit: Discrimination and Mental Health</u></b></p> <p><b>British Value Focus:</b> <i>Promoting respect and empathy in emotional interactions; supporting individuals' rights to mental wellbeing and promoting mutual respect and tolerance.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Discussing mental health across diverse identities.</i></p> <ol style="list-style-type: none"> <li><b>TenTen Session 2: Appreciating Differences</b></li> <li><b>TenTen Session 3: Feelings</b></li> <li>Understanding Mental Health and Wellbeing</li> </ol>	<p align="center"><b><u>Relationships and RSE – Unit 1</u></b></p> <p align="center"><b><u>Unit: Sexual Health Education and Body Image</u></b></p> <p><b>British Values Focus:</b> <i>Promoting respect and support for individuals facing health challenges; Promoting mutual respect and tolerance in relationships.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing gender-specific health disparities and awareness; Addressing discrimination and promoting inclusivity.</i></p>	<p align="center"><b><u>Living in the Wider World – Unit 1</u></b></p> <p align="center"><b><u>Unit: Financial Education Awareness</u></b></p> <p><b>British Values Focus:</b> <i>Promoting individual liberty and fairness in financial/career choice; promoting mutual respect and tolerance in relationships.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing equality and diversity in career opportunities and pathways; Addressing self-worth and dignity.</i></p> <ol style="list-style-type: none"> <li>Apprenticeships</li> <li>Entrepreneurship</li> <li>Planning a Career</li> <li><b>TenTen Session 2: Self-Image</b></li> </ol>	<p align="center"><b><u>Health and Wellbeing – Unit 2:</u></b></p> <p align="center"><b><u>Unit: Addiction and Mental Health</u></b></p> <p><b>British Value Focus:</b> <i>Promoting mutual respect and tolerance; understanding challenges individuals face with addiction.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing diverse personal identities and promoting inclusivity.</i></p> <ol style="list-style-type: none"> <li><b>TenTen Session 2: Addiction</b></li> <li><b>TenTen Session 3: Eating Disorders</b></li> <li><b>TenTen Session 4: Birth Control</b></li> <li>Long term commitments.</li> </ol>

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	<p><b>4. TenTen Lesson Session 7: Living Responsibly</b></p>	<p>4. Promoting Emotional Wellbeing</p>	<p><b>1. TenTen Session 2: My Body</b>                  2. Body Image and Mental Health                  3. Male Body Image                  4. Sexual Health Education  <b>5. TenTen Session 4: Fertility and Contraception</b></p>		
<p><b>Spring Term 1</b></p>	<p><b><u>Relationships and RSE – Unit 1</u></b></p> <p><b><u>Unit: Diversity and Health</u></b></p> <p><b><u>British Values Focus:</u></b> <i>Promoting mutual respect and tolerance in diverse communities.</i></p> <p><b><u>Integration of Protected Characteristics:</u></b> <i>Exploring cultural diversity and tolerance and addressing online safety and inclusivity in digital spaces.</i></p> <p>1. Challenging Forms of Prejudice, Discrimination and Stereotypes  <b>2. TenTen Session 4: Where we come from</b>                  3. Signs and effects of Bullying.  <b>4. TenTen Session 6: My Life on Screen</b></p>	<p><b><u>Living in the Wider World – Unit 1</u></b></p> <p><b><u>Unit: Digital Resilience and Citizenship</u></b></p> <p><b><u>British Value Focus:</u></b> <i>Exploring freedom of expression and responsibility online and individual liberty and personal choices.</i></p> <p><b><u>Integration of Protected Characteristics:</u></b> <i>Promoting acceptance and equality and diversity in life experiences.</i></p> <p>1. Digital Resilience: Impact of Social Media on Mental Health                  2. Sexual Orientation and Gender Identity  <b>3. TenTen Session 4: Before I was born.</b>                  4. Introduction to Contraception</p>	<p><b><u>Living in the Wider World – Unit 1</u></b></p> <p><b><u>Unit: Knife crime, preventing serious crime and online safety.</u></b></p> <p><b><u>British Value Focus:</u></b> <i>Promoting respect for the rule of law and individual liberties; Upholding tolerance and understanding in discussions about crime prevention; Promoting democracy and civic responsibility.</i></p> <p><b><u>Integration of Protected Characteristics:</u></b> <i>Addressing vulnerabilities and risks in diverse communities; Promoting inclusivity and support for at-risk individuals.</i></p> <p>1. Knife Crime Awareness                  2. Preventing involvement in serious and organised crime                  3. Financial Education: Online Safety  <b>4. TenTen Session 3: In Control of My Choices</b></p>	<p><b><u>Relationships and RSE – Unit 1</u></b></p> <p><b><u>Unit: Healthy Relationships and Sexual Health</u></b></p> <p><b><u>British Values Focus:</u></b> <i>Promoting mutual respect and tolerance in relationships.</i></p> <p><b><u>Integration of Protected Characteristics:</u></b> <i>Addressing respect and inclusivity in relationship; Addressing respect for diverse beliefs and values and self-worth and dignity and healthy relationship dynamics.</i></p> <p>1. The role of intimacy and pleasure                  2. The impact of pornography  <b>3. TenTen Session 3: Beliefs, Values and Attitudes</b>  <b>4. TenTen Session 6: Abuse in Relationships</b></p>	<p><b><u>Living in the Wider World – Unit 1:</u></b></p> <p><b><u>Unit: Financial Literacy and Independence</u></b></p> <p><b><u>British Value Focus:</u></b> <i>Promoting individual liberty and financial independence; understanding diverse financial priorities.</i></p> <p><b><u>Integration of Protected Characteristics:</u></b> <i>Addressing accessibility to banking and savings options; promoting inclusivity in financial planning.</i></p> <p>1. Take-home pay                  2. Budgeting                  3. Savings accounts                  4. Investing                  5. Insurance</p>

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<p><b>Spring Term 2</b></p>	<p align="center"><b><u>Health and Wellbeing – Unit 2</u></b></p> <p align="center"><b><u>Unit: Puberty and Relationships</u></b></p> <p><b>British Value Focus:</b> <i>Discussing individual liberty and respecting personal boundaries.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Discussing gender and body image.</i></p> <ol style="list-style-type: none"> <li><b>TenTen Session 2: Changing Bodies</b></li> <li>Menstrual Wellbeing</li> <li>FGM</li> </ol>	<p align="center"><b><u>Relationships and RSE: Unit 1</u></b></p> <p align="center"><b><u>Unit: Relationships and Consent</u></b></p> <p><b>British Value Focus:</b> <i>Promoting mutual respect and tolerance in relationships and exploring individual liberty and personal autonomy.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing diverse perspectives on relationships.</i></p> <ol style="list-style-type: none"> <li>Healthy Relationship Values</li> <li>Influences on Relationship Expectations</li> <li>Consent – Avoiding assumptions.</li> <li><b>TenTen Session 5: Tough Relationships</b></li> </ol>	<p align="center"><b><u>Health and Wellbeing – Unit 2</u></b></p> <p align="center"><b><u>Unit: Healthy Lifestyle and Mental Wellbeing</u></b></p> <p><b>British Value Focus:</b> <i>Promoting mutual respect and support for individuals facing health challenges and support for personal health responsibilities; Upholding tolerance and understanding in discussions about body image and mental health.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing access to dental care and health disparities; Promoting inclusivity and understanding of diverse dental health needs; Promoting inclusivity in discussions about mental and physical health impacts of sleep.</i></p> <ol style="list-style-type: none"> <li>Eating Disorders</li> <li>Sleep and its effects on physical and mental health.</li> <li>Dental care</li> </ol>	<p align="center"><b><u>Relationships and RSE – Unit 2</u></b></p> <p align="center"><b><u>Unit: Exploring Influence and Extremism</u></b></p> <p><b>British Values Focus:</b> <i>Promoting mutual respect and tolerance and the rule of law.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing diversity and inclusion; Addressing extremism and promoting community cohesion and safeguarding against radicalisation.</i></p> <ol style="list-style-type: none"> <li>Valuing Diversity</li> <li>Understanding and Preventing Extremism</li> <li>How people are drawn into extremist groups.</li> <li><b>TenTen Session 4: Parenthood</b></li> </ol>	<p align="center"><b><u>Relationships and RSE Unit 1</u></b></p> <p align="center"><b><u>Unit: Pregnancy Choices and Sexual Health</u></b></p> <p><b>British Values Focus:</b> <i>Promoting mutual respect in relationships; understanding individual liberty in making health choices.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing diverse health needs and access to sexual health services; promoting inclusivity in sexual health education.</i></p> <ol style="list-style-type: none"> <li>Sexual Health Check</li> <li>Pregnancy outcomes</li> <li>Pregnancy choices: abortion</li> <li><b>TenTen Session 5: Pornography</b></li> <li><b>TenTen Session 6: STIs</b></li> <li><b>TenTen Session 7: Coercive Control – tying in sextortion</b></li> </ol>
<p><b>Summer Term 1</b></p>	<p align="center"><b><u>Relationships and RSE – Unit 2</u></b></p> <p align="center"><b><u>Unit: Building Relationships</u></b></p> <p><b>British Value Focus:</b> <i>Exploring respect and individual liberty in relationships.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Discussing diverse family structures and relationships.</i></p> <ol style="list-style-type: none"> <li><b>TenTen Session 5: Family and Friends</b></li> <li>Healthy and Unhealthy Relationships</li> <li>Disability Discrimination – ‘I’m with Sam’</li> <li>Introduction to Consent</li> </ol>	<p align="center"><b><u>Living in the Wider World – Unit 2</u></b></p> <p align="center"><b><u>Unit: Financial Decision Making</u></b></p> <p><b>British Value Focus:</b> <i>Promoting economic wellbeing and personal financial responsibility; Emphasising the importance of honesty and integrity in financial transactions and responsible consumer behaviour.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Promote equal access to financial services and highlight legal protections against discrimination in banking; Promote digital safety measures that protect individuals from discrimination and exploitation online.</i></p>	<p align="center"><b><u>Living in the Wider World - Unit 2</u></b></p> <p align="center"><b><u>Unit: Financial Education: How can we manage money well?</u></b></p> <p><b>British Value Focus:</b> <i>Promoting respect for the rule of law and individual rights; Upholding democracy and individual liberty.</i></p> <p><b>Integration of Protected Characteristics:</b></p> <ol style="list-style-type: none"> <li><b>TenTen Session 7: Knowing my rights and responsibilities</b></li> </ol>	<p align="center"><b><u>Living in the Wider World – Unit 2</u></b></p> <p align="center"><b><u>Unit: Citizenship and Democracy</u></b></p> <p><b>British Values Focus:</b> <i>Promoting the rule of law and justice, mutual respect, democracy and civic engagement</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing equality and fairness in legal rights; Addressing political participation and equality and addressing personal autonomy and dignity.</i></p> <ol style="list-style-type: none"> <li>How are laws made? (Oak Academy)</li> <li>What is the difference between criminal and civil law? (Oak Academy)</li> </ol>	<p align="center"><b><u>Living in the Wider World Unit 2</u></b></p> <p align="center"><b><u>Topic Focus: Governance</u></b></p> <p><b>British Values Focus:</b> <i>Promoting mutual respect and support for individuals facing health challenges; fostering community engagement and responsibility.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing access barriers and safety concerns for different demographics; promoting inclusivity in public safety education.</i></p>

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		<ol style="list-style-type: none"> <li>1. Understanding Financial Choices: Opening a bank account</li> <li>2. Reading a bank statement</li> <li>3. Debit and credit cards.</li> <li>4. <b>TenTen Session 6: Think before you share.</b></li> </ol>	<ol style="list-style-type: none"> <li>2. What is the best way to look after money? (Oak)</li> <li>3. What are the implications of borrowing money? (Oak)</li> <li>4. Where can we save money? (Oak)</li> </ol>	<ol style="list-style-type: none"> <li>3. Are elections truly fair? (Oak Academy)</li> <li>4. <b>TenTen Session 5: Pregnancy and Abortion</b></li> <li>5. <b>TenTen Session 7: Solidarity</b></li> </ol>	<ol style="list-style-type: none"> <li>1. What is the difference between democratic and non-democratic governments? (Oak)</li> <li>2. Is the set up of the House of Commons fit for purpose? (Oak)</li> <li>3. Why do we have a separation of powers? (Oak)</li> <li>4. What does the Supreme Court do? (Oak)</li> </ol>
<p><b>Summer Term 2</b></p>	<p><b><u>Living in the Wider World Unit 2</u></b></p> <p><b><u>Unit: First Aid, Citizenship and Community</u></b></p> <p><b>British Value Focus:</b> Exploring respect and individual liberty in relationships.</p> <p><b>Integration of Protected Characteristics:</b> Discussing diverse family structures and relationships.</p> <ol style="list-style-type: none"> <li>1. Basic First Aid Skills</li> <li>2. <b>TenTen Session 3: Healthy Inside and Out</b></li> <li>3. Self-worth and self-esteem</li> </ol>	<p><b><u>Relationships and RSE – Unit 2</u></b></p> <p><b><u>Unit: Introduction to Law and Citizenship</u></b></p> <p><b>British Value Focus:</b> <i>Emphasise the importance of the rule of law and justice in society; discuss democracy and representation in the legislative process.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Address legal protections for individuals based on diverse characteristics such as race, gender, disability, and sexual orientation.</i></p> <ol style="list-style-type: none"> <li>1. <b>TenTen Session 7: Wider World.</b></li> <li>2. What is the difference between government and parliament?</li> <li>3. How do elections work?</li> <li>4. What do political parties do?</li> </ol>	<p><b><u>Relationships and RSE – Unit 2</u></b></p> <p><b><u>Unit: Relationships, personal choices and community engagement</u></b></p> <p><b>British Value Focus:</b> <i>Promoting mutual respect and tolerance in relationships; Upholding respect for cultural diversity and religious freedoms.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing marriage equality and inclusivity in diverse communities; addressing consent within diverse relationships and communities; Promoting understanding of different family structures.</i></p> <ol style="list-style-type: none"> <li>1. <b>TenTen Session 5: Marriage</b></li> <li>2. <b>TenTen Session 6: One Hundred Percent – linked to a focus on sextortion</b></li> <li>3. Managing the ending of relationships</li> </ol>	<p><b><u>Living in the Wider World – Unit 3</u></b></p> <p><b><u>Unit: Understanding Fraud and Financial Literacy</u></b></p> <p><b>British Values Focus:</b> <i>Promoting mutual respect and tolerance in financial transactions; Upholding the rule of law and individual liberty in protecting against fraud.</i></p> <p><b>Integration of Protected Characteristics:</b> <i>Addressing vulnerabilities to social engineering across diverse populations; Addressing vulnerabilities to exploitation in financial crimes; Promoting inclusive cybersecurity practices.</i></p> <ol style="list-style-type: none"> <li>1. How can we keep track of our money? (Oak)</li> <li>2. Understanding the economy: Is government action led by the UK economy?</li> <li>3. Understanding taxation and government spending. Can taxes be avoided?</li> <li>4. Understanding the debate over privatisation: Should public services be privatised?</li> </ol>	