

KS3 Units Taught:

	Year 7	Year 8	Year 9
Autumn Term	Transition and safety Personal safety and transition to secondary school	Drugs and Alcohol Energy drinks, vaping, smoking and attitudes towards them	Sexual Health Education and Body Image Fertility and contraception
	Developing skills and aspirations Careers and Aspirations/Financial decision-making	Discrimination and Mental Health Promoting emotional wellbeing and appreciating differences	Cancer awareness and respectful relationships Breast cancer and testicular cancer
Spring Term	Diversity and health Prejudice, discrimination and stereotypes/bullying	Digital resilience and citizenship Impact of social media on mental health	Knife crime, prevention serious crime Online safety
	Puberty and Relationships Changing bodies and menstrual wellbeing	Relationships and consent Healthy relationship values	Healthy lifestyle and mental wellbeing Eating disorders, sleep and dental care
Summer Term	Building relationships Disability discrimination and healthy and unhealthy relationships	Financial decision making Opening a bank account, and reading a bank statement	Financial education: How can we manage money well? Borrowing money and saving money
	First Aid, Citizenship and Community First Aid skills and FGM	Introduction to Law and Citizenship Parliament and government	Relationships, personal choices and community engagement Commitment and marriage and sextortion

KS4 Units Taught:

	Year 10	Year 11
Autumn Term	Mental Health Recognising mental ill health and reframing negative thinking	Self-worth and personal development Personal safety and emergency first aid, self-harm and dealing with change, loss and grief.
	Financial Education Awareness Apprenticeships, entrepreneurship and planning a career	Addiction and Mental Health Eating disorders, birth control and long-term commitments
Spring Term	Healthy Relationships and Sexual Health Intimacy and pleasure, and abuse in relationships	Financial literacy and independence Take-home pay, budgeting and savings account.
	Exploring Influence and Extremism Diversity, extremism and county lines	Pregnancy Choices and Sexual Health Pornography, STIs, Coercive control and pregnancy choices
Summer Term	Citizenship and Democracy How laws are made and the differences between civil and criminal law	Governance Is the House of Commons fit for purpose?
	Governance What is the difference between democratic and non-democratic governments?	