

Mount Carmel



R.C. HIGH SCHOOL

A family of faith & learning

Belgium Euro Space
Centre and Disneyland
Paris trip 2024

Belgium Euro Space and
Disneyland Paris Trip Information
form



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Who is going on the trip?

- Mrs Bancroft (trip leader)
- Mr Barnes (deputy trip leader)
- Mr Goldsmith (first aid trained)
- Miss Moore (first aid trained)
- Mrs Wylangowska (SEN TA)
- 24 pupils from Years 7, 8 and 9

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When are we going?

We leave on Sunday 7th July at approximately 9.45pm.

We return to school on Friday 12th July at approximately 11.30am.

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Where will we be staying?

Hotel Au Lit des Ours
Rue des Chasseurs
Ardennais 1
5580 Han-sur-Lesse
Tel: +32 84 37 72 37



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What to bring

- Mobile phone (if you would like your child to bring one)
- Mobile phone charger
- UK to EU adapter
- Personal medication including travel sickness tablets (these must be labelled with your child's name, dosage and time of administration and given to a member of staff supervising the trip).

Think about whether you want to enable EU roaming.



What to bring

- Pocket money (maximum £250 - we will do a Euro to GBP split a little later)
- Purse or wallet for spending money
- Small bag (please note that Disney will not allow pupils to bring large rucksacks into the park)

Think about
cash vs
card.

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What to bring

- Toiletries
- Waterproof sun cream (SPF 50)
- After sun lotion
- Insect repellent
- Reusable water bottle

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What to bring

- Towel
- Hoody / sweatshirt
- Light long sleeved shirt
- Sun hat
- Sunglasses (optional)
- Thin waterproof jacket

School will provide trip hoodies for when we are travelling

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What to bring

- Pyjamas
- Casual clothes suitable for warm weather
- Suitable clothes to travel in
- Underwear
- Socks
- Trainers
- Bin liner for dirty clothes.

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What to bring

Pupils will need a suitable bag / rucksack to keep the items they need for the coach and ferry journey...

(e.g. toothbrush, toothpaste, travel sickness medication, money, phone).

This bag should be small enough to fit under the coach seat.



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What to bring

The rest of their equipment should be packed in a small or medium suitcase.

Pupils won't have access to this during the journey.

We recommend that pupils bring a pillow and blanket.



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Hot weather warning

Last year, a Mount Carmel trip to southern Spain resulted in several pupils suffering severe sunburn due to an exceptionally hot heat wave.

Although our trip is not as far south, it is crucial to remember that severe sunburn can occur anywhere in Europe during the summer, even in Lancashire.



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Hot weather warning

- We may need to limit sun exposure.
- Pupils will need to apply more sunscreen, wear a T-shirt, or a sun hat.
- This may not be popular with the pupils. We need parent's support, as we are acting in loco parentis.
- We will keep a register of all pupils to ensure they regularly apply water-resistant sunscreen to all exposed areas if there is a potential risk.



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Hot weather warning

- If pupils have particularly sensitive or fair skin, or medical conditions, parents must discuss any special measures needed for their child with Mrs Bancroft during the meeting.
- There will be daily contact between the Mrs Bancroft and the base contact to discuss the trip and address any issues, including weather-related concerns, to provide additional advice and guidance.

Standards of behaviour

Your health, safety and wellbeing will be important at all parts of this trip. The code of conduct below will ensure our visit is a success.

- . Respect each other and treat others in the way we would like to be treated.
- . Be polite and use language which will not offend or hurt other people's feelings.
- . Be helpful if someone is in difficulty.

Standards of behaviour

- . Be punctual at all times including at bedtime.
- . **Do not** take unnecessary risks.
- . Follow the instructions of the group leaders and other supervisors including staff at the places we visit.
- . Dress and behave sensibly at all times.
- . Wear sun cream for outdoor activities.

Standards of behaviour

- . Always wear a seatbelt on the coach and ensure that bags do not obstruct aisles. (Please could parents stress the importance of wearing seatbelts to your child.) You will be told about emergency doors, escape hammers and first aid kits on the coach.
- . Carry emergency school number and address of residence with you at all times.
- . Stay together with a group and never be alone.

Standards of behaviour

- . Help to keep the hotel and coach clean and tidy, caring for our environment. (This means placing litter in bins, keeping walls and furniture clean and unmarked and not having chewing gum.)
- . Look after property and other people's property as if it were our own.
- . Do not enter another group's bedroom in the hotel.

Standards of behaviour

Mobile phones

- mobile phones will be permitted during free time but are forbidden during the activities

Under no circumstance

- Consume, purchase or otherwise acquire alcohol
- Smoke or vape
- Bring through customs any alcohol, tobacco, knives, fireworks or animals.

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Standards of behaviour

Breaches of the agreed Behaviour Contract may result in:

- Removal from activities
- Isolation for the day

If there is any significant violation of the school rules, the group leader reserves the right to consider sending the pupil home, at the parents' expense.

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Sunday 7th July

9:30pm Coach arrives at the school for luggage loading and boarding

10:00pm Coach departs school for Dover and sleep!

Don't be late!

It is a long journey so sleep will be needed!

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Monday 8th July

4:55 Arrive at Dover and check-in

6:55am Ferry Departs Dover

9:30am Ferry arrives at Calais, onward journey to accommodation

It is a long journey so sleep will be needed!

Chocolate factory activity



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Monday 8th July

Arrive at accommodation and check-in

Time to freshen up, unpack and relax before dinner

6pm Evening meal in the hotel

Activities and games in the games room and on the sports field, organised by our staff.

10pm Bedtime and sleep!

We have a busy day tomorrow, so sleep will be needed!

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Tuesday 9th July

8:15am Breakfast in the hotel

9:15am Depart accommodation for Caves

9:30am Guided Ranger walk of
'Discovery of the Lost River' in the
Nature Park

12:30pm Lunch at Caves

13:30pm Guided Ranger walk of
'Discovery of the Lost River' in the
Caves



The Cave of Han, a miracle of
nature

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Tuesday 9th July

4:00pm Free time to play in the adventure playground

6:00pm L'Histoire Sans Faim Restaurant Pizza and a drink

8:45pm Depart for Bouillon Castle

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Tuesday 9th July

9:30pm 1hour guided torch lit tour of Bouillon Castle

10:30pm Depart Bouillon Castle

11:15pm Arrive back at the hotel

11.30pm Bedtime and sleep!



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Tuesday 9th July

9:30pm 1hour guided torch lit tour of Bouillon Castle

10:30pm Depart Bouillon Castle

11:15pm Arrive back at the hotel

11.30pm Bedtime and sleep!

We have a busy day tomorrow, so sleep will be needed!

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Wednesday 10th July

7:45am Breakfast in the hotel

8:30am Depart for Eurospace Centre

9:00am Activities and workshops at Eurospace Centre including lunch

5:00pm Depart Eurospace Centre

5:30pm Arrive back at the hotel

6:30pm Evening meal in accommodation



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Wednesday 10th July

Activities and games in the games room and on the sports field, organised by our staff.

9.30pm Start packing

10pm Bedtime and sleep!

We have a busy day tomorrow, so sleep will be needed!

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Thursday 11th July

8:00am Breakfast in accommodation

9:15am Depart for Disneyland

1:15pm Arrive at Disneyland

11:00pm Depart Disneyland after the fireworks
for Calais



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Friday 12th July

3:20am Arrive at Calais and check-in

5:20am Ferry Departs Calais

5:55am Arrive at Dover and continue to school

11:30am Approximate arrival at school

Go home to sleep!

It is a long
journey so
sleep will be
needed!

Meals that are not included

- Any drinks or snacks from service stations or activity centres, unless listed above.
- Breakfast and lunch on Monday 8th July (the journey to the hotel).
- Lunch and evening meal on Thursday 11th July (whilst in Disneyland).
- Breakfast and lunch on Friday 12th July (the journey home).

Although we recommend that your child brings some snacks and drinks for the journey, we will stop at a motorway service station before we board the ferry. A hot meal can be bought at a reasonable cost on the ferry.

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Insurance

Insurance is organised by Visions in Education. The policy is with Endsleigh Insurance. If you would like a copy of the policy, please ask Mrs Bancroft for one. You can take out your own additional insurance if you wish.

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Any Questions?