MA R.C. HIGH SCHOOL A family of faith & learning London Trip 2024 Parents information evening





# Information Session for Parents Date: Monday 17<sup>th</sup> June 2024

Purpose of Meeting: To provide detailed information about the upcoming trip to London and address any queries/concerns from parents

**Agenda Overview** 

- 1. Itinerary
- 2. Accommodation details
- 3. Travel details
- 4. Safety & supervision
- 5. Kit list
- 6. Questions from parents

#### Mount Carmel R.C. HIGH SCHOOL Day 1: Sunday 7<sup>th</sup> July 2024

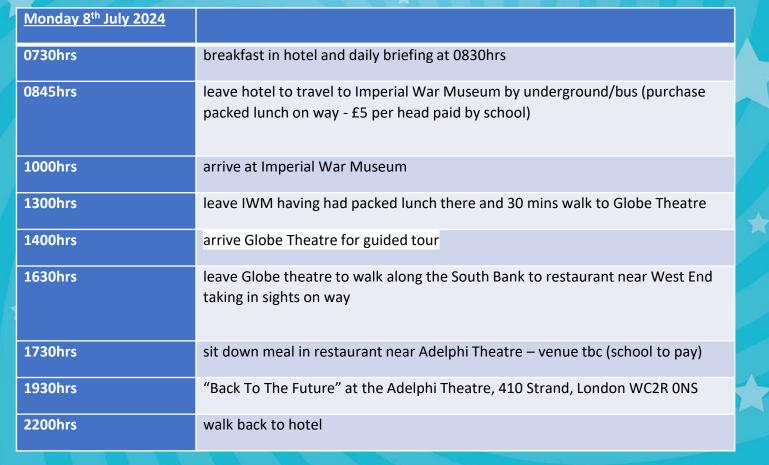
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Sunday 7 <sup>th</sup> July 2024		
0920hrs (at the latest)	meet in the front porch of Preston train station (train departs at 1001hrs) (bring own packed lunch to eat on journey)	
1213hrs	arrive at Euston and walk to hotel (10 mins)	1
Afternoon	walking tour #1 of London icon attractions (Buckingham Palace, Palace of Westminster, Big Ben etc - also visit to 7/7 Memorial in Hyde Park) - briefing/fact sheets to be created and provided to students to lead groups as tour guides and students to plan routes etc	
1800hrs	sit down meal at restaurant in Strand area of London – venue tbc (school to pay)	
Evening	walking tour #2 of London's West End (see above #1), theatres and other iconic venues (alternative is cinema Odeon, 22-24 Leicester Square, London WC2H 7LQ - film choices tbc)	
2200hrs	walk back to hotel	

#### Mount Carmel R.C. HIGH SCHOOL Day 2: Monday 8<sup>th</sup> July 2024

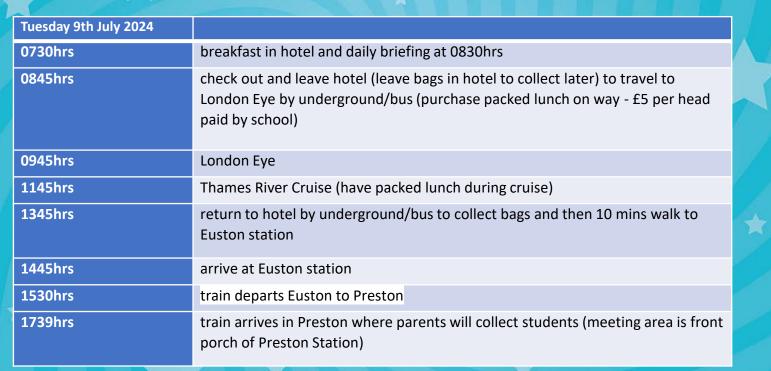
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#### Mount Carmel R.C. HIGH SCHOOL Day 3: Tuesday 9<sup>th</sup> July 2024



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# **Transport details:**

# See itinerary

3 days/2 nights

 All travel during the trip will be with a view to minimising <u>our</u> <u>carbon</u> footprint therefore prioritising walking where possible and then public transport as an alternative, should circumstances dictate (eg hot or inclement weather or distance/time restrictions)

 Travel to and from London from Preston Railway Station by train (Avanti West Coast)

 Travel around London will be mainly by foot but will also include use of the underground and public bus depending upon distance to travel and circumstances prevailing at the time (eg adverse weather)

#### Mount Carmel R.C. HIGH SCHOOL Safety & supervision



Mount Carmel members of staff are responsible for overseeing activities unless being provided by the venue. MC staff are also responsible for walking between venues.

Hotel details, contact numbers and location map issued to parents and students before the trip. Details carried by the students during the visit. The students are given a safety briefing on:

- 1. The use of lifts
- 2. The use of sliding doors & rooms incl. wardrobes
- 3. Behaviour on corridors/in hotel/restaurant
- 4. Rooms ONLY to be used/entered by the occupants
- 5. Highlight potential risk of stranger danger
- 6. Central London pupils will be in rooms of 2 or 3 with pupils of the same gender from the same year group, year below or year above.

#### Mount Carmel R.C. HIGH SCHOOL Safety & supervision



- There will be two female members of staff and two male.
- Pupils will be told to bring wet and warm weather clothes, appropriate footwear for walking distances and a suitable hat to offer protection from the sun and/or showers. Parents and students will also be told to bring suncream and checks by group leaders will be carried out to ensure that this has been administered regularly and properly (by registers). Advice will also be given to bring a water bottle that can be carried and replenished regularly so that students will stay hydrated.
- Regular breaks from walking will be built into the walking itinerary depending upon circumstances at the time (eg hot or inclement weather). If any students have particular difficulties on the day with things such as sore feet/blisters, the groups will be rearranged and a member of staff will accompany that student to take a shortcut, transport etc.
- Whilst at the attractions, we will ensure that 1 member of staff is allocated to 6.25 pupils unless the groups have been rearranged as outlined above whereupon the ratios will revert to no more than 1:10. When appropriate, we will ensure that students are escorted to the toilet by either male/female member of staff at all times.

# Mount Carmel R.C. HIGH SCHOOL What to bring?:

# see letter



#### Dear Parent/ Carer,

Please find below, the recommended equipment list for your child's upcoming visit to London (7.7.24-9.7.24).

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- Toiletries
- Towel
- Trainers (suitable footwear for walking in)
- Hat/ cap
- Thin waterproof jacket
- Pyjamas
- Underwear
- Socks
- Jeans / joggers
- Trip Hoody (provided by school)
- Trip T-shirt (provided by school) plus 2 x additional t-shirts
- Mobile phone (your child will be responsible for this)
- Phone <u>charger</u>
- Personal medication (clearly labelled with instructions for dosage and time of administration for the designated member of staff)
- Pocket money (suggest no more than £50). Please bear in mind that many outlets are now cash free, so your child may wish to bring their money on a debit card or "post office travel money card" (search online for details).
- Purse / wallet
- Small bag / rucksack
- Reuseable water bottle
- Sun cream (we recommend factor 50)

Details of packed lunches and meals provided by school will be discussed at the parental meeting on Monday 17<sup>th</sup> June at 5.00pm in the hall. This meeting will be recorded for any parents unable to attend and Mr Blair will make himself available for any follow-up queries.



**Questions?** 

### Email: Mr Blair at mblair@mountcarmelhigh.lancs.sch.uk



# Thank you for coming

### See you at Preston Train Station