

Mount Carmel



R.C. HIGH SCHOOL

A family of faith & learning

London Trip 2024

Parents information evening

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Members of staff on the trip:

- **Mr Blair (Trip Leader)**
- **Mrs Bowers**
- **Miss Hall**
- **Mr Bowers (Headteacher)**

**Base contact: Miss Farrelly
(Deputy Headteacher)**

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Information Session for Parents

Date: Monday 17th June 2024

Purpose of Meeting: To provide detailed information about the upcoming trip to London and address any queries/concerns from parents

Agenda Overview

1. Itinerary
2. Accommodation details
3. Travel details
4. Safety & supervision
5. Kit list
6. Questions from parents

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Day 1: Sunday 7th July 2024

<u>Sunday 7th July 2024</u>	
0920hrs (at the latest)	meet in the front porch of Preston train station (train departs at 1001hrs) (bring own packed lunch to eat on journey)
1213hrs	arrive at Euston and walk to hotel (10 mins)
Afternoon	walking tour #1 of London icon attractions (Buckingham Palace, Palace of Westminster, Big Ben etc - also visit to 7/7 Memorial in Hyde Park) - briefing/fact sheets to be created and provided to students to lead groups as tour guides and students to plan routes etc
1800hrs	sit down meal at restaurant in Strand area of London – venue tbc (school to pay)
Evening	walking tour #2 of London's West End (see above #1), theatres and other iconic venues (alternative is cinema Odeon, 22-24 Leicester Square, London WC2H 7LQ - film choices tbc)
2200hrs	walk back to hotel

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Day 2: Monday 8th July 2024

Monday 8 th July 2024	
0730hrs	breakfast in hotel and daily briefing at 0830hrs
0845hrs	leave hotel to travel to Imperial War Museum by underground/bus (purchase packed lunch on way - £5 per head paid by school)
1000hrs	arrive at Imperial War Museum
1300hrs	leave IWM having had packed lunch there and 30 mins walk to Globe Theatre
1400hrs	arrive Globe Theatre for guided tour
1630hrs	leave Globe theatre to walk along the South Bank to restaurant near West End taking in sights on way
1730hrs	sit down meal in restaurant near Adelphi Theatre – venue tbc (school to pay)
1930hrs	“Back To The Future” at the Adelphi Theatre, 410 Strand, London WC2R 0NS
2200hrs	walk back to hotel

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Day 3: Tuesday 9th July 2024

Tuesday 9th July 2024	
0730hrs	breakfast in hotel and daily briefing at 0830hrs
0845hrs	check out and leave hotel (leave bags in hotel to collect later) to travel to London Eye by underground/bus (purchase packed lunch on way - £5 per head paid by school)
0945hrs	London Eye
1145hrs	Thames River Cruise (have packed lunch during cruise)
1345hrs	return to hotel by underground/bus to collect bags and then 10 mins walk to Euston station
1445hrs	arrive at Euston station
1530hrs	train departs Euston to Preston
1739hrs	train arrives in Preston where parents will collect students (meeting area is front porch of Preston Station)

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Transport details:

See itinerary

- 3 days/2 nights
- All travel during the trip will be with a view to minimising our carbon footprint therefore prioritising walking where possible and then public transport as an alternative, should circumstances dictate (eg hot or inclement weather or distance/time restrictions)
- Travel to and from London from Preston Railway Station by train (Avanti West Coast)
- Travel around London will be mainly by foot but will also include use of the underground and public bus depending upon distance to travel and circumstances prevailing at the time (eg adverse weather)

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Safety & supervision

- Mount Carmel members of staff are responsible for overseeing activities unless being provided by the venue. MC staff are also responsible for walking between venues.

Hotel details, contact numbers and location map issued to parents and students before the trip. Details carried by the students during the visit. The students are given a safety briefing on:

1. The use of lifts
2. The use of sliding doors & rooms incl. wardrobes
3. Behaviour on corridors/in hotel/restaurant
4. Rooms ONLY to be used/entered by the occupants
5. Highlight potential risk of stranger danger
6. Central London – pupils will be in rooms of 2 or 3 with pupils of the same gender from the same year group, year below or year above.

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Safety & supervision

- There will be two female members of staff and two male.
- Pupils will be told to bring wet and warm weather clothes, appropriate footwear for walking distances and a suitable hat to offer protection from the sun and/or showers. Parents and students will also be told to bring suncream and checks by group leaders will be carried out to ensure that this has been administered regularly and properly (by registers). Advice will also be given to bring a water bottle that can be carried and replenished regularly so that students will stay hydrated.
- Regular breaks from walking will be built into the walking itinerary depending upon circumstances at the time (eg hot or inclement weather). If any students have particular difficulties on the day with things such as sore feet/blisters, the groups will be rearranged and a member of staff will accompany that student to take a shortcut, transport etc.
- Whilst at the attractions, we will ensure that 1 member of staff is allocated to 6.25 pupils unless the groups have been rearranged as outlined above whereupon the ratios will revert to no more than 1:10. When appropriate, we will ensure that students are escorted to the toilet by either male/female member of staff at all times.

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What to bring?: see letter

Dear Parent/ Carer,

Please find below, the recommended equipment list for your child's upcoming visit to London (7.7.24-9.7.24).

- Toiletries
- Towel
- Trainers (suitable footwear for walking in)
- Hat/ cap
- Thin waterproof jacket
- Pyjamas
- Underwear
- Socks
- Jeans / joggers
- Trip Hoody (provided by school)
- Trip T-shirt (provided by school) plus 2 x additional [t-shirts](#)
- Mobile phone (your child will be responsible for this)
- Phone [charger](#)
- Personal medication (clearly labelled with instructions for dosage and time of administration for the designated member of staff)
- Pocket money (suggest no more than £50). Please bear in mind that many outlets are now cash free, so your child may wish to bring their money on a debit card or "post office travel money card" (search online for details).
- Purse / wallet
- Small bag / rucksack
- Reuseable water bottle
- Sun cream (we recommend factor 50)

Details of packed lunches and meals provided by school will be discussed at the parental meeting on **Monday 17th June at 5.00pm in the hall**. **This meeting will be recorded for any parents unable to attend and Mr Blair will make himself available for any follow-up queries.**

Questions?

Email: Mr Blair at
mblair@mountcarmelhigh.lancs.sch.uk

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Thank you for coming

See you at Preston Train Station