



Friday 14<sup>th</sup> March 2025

Topic – Tried and Tested!

Value of the Term – Cooperation

### Dear Parents and Carers,

We have had a very busy week in school, it was wonderful to see so many parents over the two evenings meeting with their child's class teacher to find out all about their progress and attainment. If you were unable to make your appointment time, please speak to your child's teacher and they will be more than happy to arrange a time to see you after school one day.

We have also had a visit from Farmer Gows this week, the Early Years children and some other lucky children were able to get see the animals up close, hold them and feed them, they really enjoyed the experience. Yesterday was Young Carer's day and some of our Young Carers were treated to a game of bowling at Hollywood Bowling at Greenbridge. If you think your child may be a Young Carer, please refer to the letter sent out recently and contact us in school for more information on how we can support them.

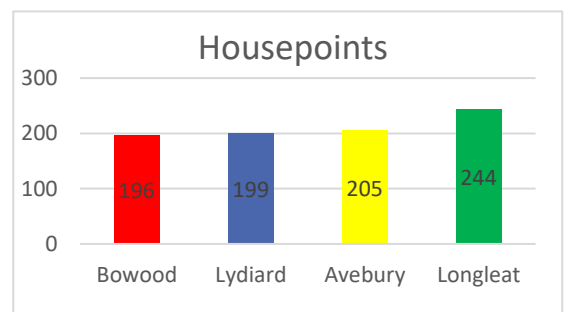
We have celebrated these children in assembly today for achieving the certificate of excellence or the values award for their class:



Our attendance winners this week, are Reception with 98.9% Attendance has improved this week with all classes seeing a rise in there weekly percentage. Thank you for your support in making sure your child attends school every day and on time.

These children have received their 50 read prize this week, choosing a book from the vending machine: David in Reception, Daisy, George and Eleanor in Year 1, Mia and Itsan in Year 4 and Gergana, Shaun and Poppy in Year 6.

Our housepoint winners of the week, as shown in the graph, are Longleat.



A big well done to everyone in school for an amazing week, half way through the term – who will win the Mountford Manor trophy for Term 4?

Mountford Manor Primary School, Bothwell Road, Swindon, SN3 3EZ

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Apologies for the wrong information and date on last week’s newsletter regarding Comic Relief, it is next Friday, the 21<sup>st</sup> March when we are inviting the children to come dressed in red for the day in support of the Comic Relief charity. If your child would like to get involved, we are asking for a minimum donation of 50p or whatever your family can comfortably afford.

I hope you have received the letter regarding the Mother’s Day afternoon tea, the date for signing up if you would like to attend with your child is Tuesday 18<sup>th</sup> March, this can be done through ParentPay.

We often talk to the children about keeping themselves safe, at home, at school, online and when out in the community. Please can you also remind your child/ren about road safety, stranger danger and online safety when at home and when out and about with them. Safe and happy children is, and always will be, our number one priority and I’m sure it is yours too!

Upcoming diary dates:  
 Monday 17<sup>th</sup> – Thursday 20<sup>th</sup> March – Year 6 Mock SATs  
 Friday 21<sup>st</sup> March – Comic Relief  
 Friday 28<sup>th</sup> March – Mother’s Day Afternoon Tea 1pm

Wishing you all a lovely, and safe weekend.

With best wishes,  
**Mrs Helen Wollington**  
 Headteacher

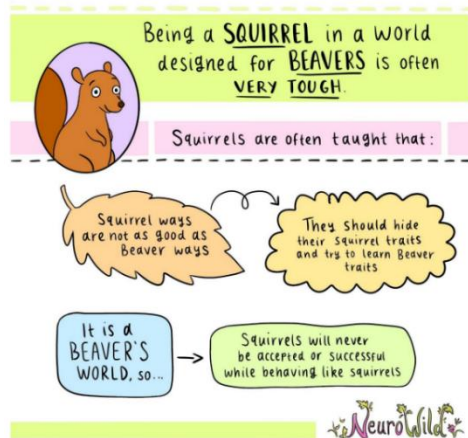
## Masking

**What is masking?** Copying the behaviours of others to ‘camouflage’ and ‘fit in’. It often involves autistic people trying to hide or suppress their authentic self.

**Why do autistic people mask?** Masking helps autistic people blend in and be more accepted by society e.g. to prevent them from being bullied or being perceived negatively e.g. “too much personality” or “rude”.

## What is the impact of masking?

The need to mask can make an autistic person exhausted because it takes so much effort. This can lead to mental health problems such as anxiety and depression. Masking also stops genuine connection with others because others only get to know the mask and not the real person underneath.



## How to support autistic people who mask:

- Allow them time to recover energy after social interactions
- Embrace neurodiversity to encourage them to be their true selves
- Make environments more autism-friendly

For more in-depth information about masking there is a 50-minute webinar that can be accessed by scanning the QR code.

