



*"Your Voice matters"*

**'Working Together'**  
**Reducing Health Inequalities for  
Young People with a Learning Disability**

**PARENT CARERS TOGETHER**



Bournemouth Christchurch Poole

**Background:**

The NHS Long Term Plan (LTP) was published in January 2019 and outlines the priorities and areas of work that the NHS as a whole, will be working towards over the next 5 years.

One aspect of the LTP is a stronger NHS action on health inequalities.

*"More to ensure that people with learning disability and autism or both can live happier, healthier, longer lives (LTP 2.31)"*

**What does the LTP mean for young people with SEND?**

Local plans are being put in place to improve the following:

- ◆ GP Learning Disability Registers  
What they are, who should be included and why they are important.
- ◆ Annual Health Checks  
What they are, why they are important, how to prepare and what to expect
- ◆ Health Action Plans  
What you should expect following the annual health check
- ◆ Linking Annual Health Checks to EHC Plans

**Would you like to earn a £20 Love2Shop Voucher?**

**Does your young person have a learning disability?**

**Are they age 14 or over?**

## **Mystery Shoppers Wanted!**

Throughout 2022 we are looking for parent carers to share their experience of adding their young person to the learning disability register with the GP and/or requesting an annual health check.

To take part simply text 'mystery shopper' and your name to 07827 793244

The aim of this project is to improve the long term health of people with a learning disability living in Dorset. The Parent Carer Forums, *Dorset Parent Carer Council* and *Parent Carers Together* are working with Dorset Clinical Commissioning Group to achieve this aim.

Your experiences we will identify training needs for health professionals and the wider workforce and also inform the content of future annual health check resources for families, education and GP surgeries.

Thank you for your help.

