

# Mountjoy School

## PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) & CITIZENSHIP POLICY



In accordance with Article 13, 14 and 28 of the Convention of the Rights of the Child.

This is a Mountjoy School Policy

Reviewed by SLT

Date:

March 2021

Date of next review:

March 2022

# **PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) & CITIZENSHIP POLICY**

(Revised March 2021)

## **Introduction**

Personal, Social, Health and Citizenship Education (PSHCE) and Citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. This helps to develop their sense of self-worth. We help them to understand how society is organised and governed and we teach them about rights and responsibilities. They learn to become aware of the importance of making a positive contribution as a member of a diverse multicultural society.

## **Aims**

The aims of Personal, Social and Health Education and Citizenship are to enable the pupils to:

- Know and understand what constitutes a healthy lifestyle
- Be aware of safety issues
- Understand what makes for good relationships with others
- Have respect for others
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Understand why laws are needed for society to function
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community
- Recognise the interdependence of their role in society locally, nationally and internationally
- Understand and have a view on issues relating to discrimination on the grounds of race, gender, disability and sexuality.

## **Teaching and Learning Style**

A range of teaching and learning styles are used to deliver the curriculum. An emphasis is placed on active learning. Pupils are encouraged to take part in discussions, investigations and problem-solving activities. Pupils are encouraged to take part in a range of practical activities that promote active citizenship e.g. charity fundraising, the planning of special events and to help other individuals. Circle time is used to help pupils get in touch with their feelings and to help promote active consideration for others. Visiting speakers including the police, school nurse, fire brigade and representatives from local churches are invited into the school to talk about their role in creating a positive and supportive local community and to help with the delivery of drugs education and sex and relationships education.

## **Links to other policies**

In some instances, e.g. Relationship, Sex and Education (RSE) and Drugs Education is taught as a discrete subject and use is made of outside professionals. The delivery of PSHEC is an integral part of the school day and may be addressed in the teaching of other subjects. Pupils are taught daily living skills, self-help skills and independence skills.

### **Differentiation**

Activities will be planned to encourage all pupils to reach their full potential. This will include the use of ICT to help in the delivery of PSHE and Citizenship. This will be through the provision of varied opportunities suited to pupils' individual ability.

We have 5 different curriculums across the school:

Early Years curriculum where PSHCE is learnt through a range of learning areas such as 'The world around me' which looks at people and communities, the world and technology. Physical development which helps pupils become aware of their bodies and looking at independence in self-care. Finally, PSED; making relationships, self-confidence and managing feelings.

Multi-sensory curriculum where PSHE is covered through the area of social and emotional development.

The semi-formal curriculum where PSHCE is firstly covered through My Independence and My Citizenship. It is also covered through My Communication, My Play and Leisure which focuses on forming relationships and My Physical Well-being which teaches about healthy balanced lifestyle and how this contributes to better wellbeing.

The national curriculum where there is a set subject area of PSHCE. This is differentiated and tailored to the needs of the pupils in a pupil centred approach.

Post 16 curriculum where there are set lessons on PSHCE and RSE. However, PSHCE is embedded throughout as everyday living skills and preparation for life outside School is a massive area of learning at this age.

Pupils can access a range of therapeutic activities across the school which will aim to help their become more aware of their feelings and ways to form relationships and self-regulate.

### **Evaluation and Assessment**

Assessment of pupil progress will be through observation and monitoring of pupil's work and contribution to the community. It will be recognised through the use of B-Squared, MAPs (My Aspirational progress) targets, and progress towards EHCP outcomes.

Achievements of pupils in PSHE and Citizenship are celebrated in a variety of ways, informally in the classroom or more formally at Assemblies and special events. 'In-house' certificates may be awarded.