

**Friday 27th March:** Hey we've done our first week working from home (most of us). Well done Year 3 for being the amazing young beings you are – we are so proud of you. Here are some activities to do today.

**Daily reading**

Today please read for at least 20 minutes.  
If anyone at home has the opportunity to discuss this with you, please ask them to.  
Write a review of what you have read or chose two new words a day and look up their definition in the dictionary.

**Daily times tables**

By the end of Year 3 you will need to know times tables up to 2, 5 and 10 (end of Year 2 expectations) 3, 4 and 8 (end of Year 3 expectations) You will need to spend time focusing on these using various websites or playing squirt as we talked about. Please use the <https://www.timestables.co.uk> website and the speed test to practise. If these are secure please learn the related division facts.

**The year 3 team see this as really important learning so expect you to spend a minimum of 15 minutes a day learning your times tables.**

If these are also secure, please learn other tables up to 12 x 12 and related division facts.

**Daily Maths**

CHOOSE SOME OF THESE ACTIVITIES – YOU DON'T HAVE TO DO THEM ALL. THEY ARE THERE TO HAVE FUN WITH!

Today is Feel Good Friday so do some maths you really enjoy. This week, my family and I played snakes and ladders but we weren't allowed to count along, we had to add on in our head and just jump the counter. For example: I was on number 24 and rolled a 6 on the dice. I had to work out 24+6 before I could move my counter. Have a go, we had lots of fun and it was really good for our number bonds.

Do you have any other mathematical board games? How about monopoly. Could you find someone to play the game with?

If you don't have any mathematical board games could you set up a shop and buy things? (If you have toilet roll it could be sold for a lot of money!) Work out the change from the nearest £1.00 to practise your number bonds to 100. (Ask permission before raiding anyone wallet/purse for money!)

Could you go outside and make arrays like we have in our outdoor maths. Can you find different 3D shapes as you exercise today. Just have fun... we'd love to know what you're up to!

The most important thing is you have fun with your maths.

**Daily English/Well-being**

Feel Good Friday

Can you design a healthy meal? Don't forget to include; fruit and vegetables, carbohydrate, fats, dairy/alternatives and protein. See below for an example of how to present it. Be creative – what is your restaurant called? Add drawings to entice your customers. Can you eat the colours of the rainbow? The colours would look fab on a menu!

*Welcome to O'Gara's Organic. We grow our own produce for your delectation. Choose from our healthy menu.*

**Starter:**

*Carrot sticks and houmous (vegetables, fats and protein) or homemade cream of tomato soup {vegetables and dairy}*

**Main:** *Jacket potato with Tuna (carbohydrate and protein) or Stir fry with rice with chicken or tofu (Carbohydrate, vegetables, protein.)*

**Dessert:** *fresh fruit salad or yoghurt (non-dairy alternative) and honey (fruit, dairy and natural sugars.)*

**Problem of the day**

Write the alphabet down try and write a girl's name for each letter. (e.g. A for Amber, B for Bea, C for Cathy etc.

<p><b>Healthy Me</b></p>	<p>PSHE stands for Personal, Social and Health Education. It is an important part of your child's national curriculum learning. We learn this subject through JIGSAW. Our JIGSAW piece for this term is <b>Healthy Me</b>.</p> <p>Children to practice the <i>calm me script</i> daily.</p> <p><i>Year 3 children. Come with me as we go into our 'Calm Me' time. In this Puzzle we are learning about keeping ourselves healthy. Being able to calm down and watch our thoughts and feelings is an important part of being healthy. So, let's start our 'Calm Me' time by sitting in our 'Calm Me' way, nice and straight in the chair, feet flat on the floor and spine all straight and proud. Shoulders are relaxed and eyes are gently closed. Now listen to our chime until you can no longer hear any sound... In this quietness bring your attention to focus on your breathing. Breathe in through your nose with nice long, gentle breaths and feel your tummy expand as the air fills your lungs. Hold your breath for just a couple of seconds and then gently and slowly release the air back out again. Breathing like this we feel calm and gentle... Breathing in and silently counting 1,2,3,4,5... breathing out silently hearing the words "I am glad to be alive" Repeat several times Every time you breathe out feel any tension or worries fizzle down through your body and out through your feet... fizzle away your worries and tension... Then, as you listen to the chime fade away, bring your body and mind back into the classroom in this present moment, nice and peaceful, ready to learn.</i></p> <p>The children chose 3 activities 2 weeks ago (running on the spot, star jumps and touch the ceiling and touch the ground) – we are going to see if we can beat the original timings. Please practise these daily.</p>
<p><b>The activities below are supplementary and can be used to further extend learning opportunities whilst at home.</b></p>	
<p><b>Home Learning</b></p>	<p>Please look at your Home Learning grid. You should have a copy in your folder, if not visit the school website at <a href="https://www.newbridge.bathnes.sch.uk/">https://www.newbridge.bathnes.sch.uk/</a> and go to the tab <b>Classes</b> and click on your class. Please plan and complete these activities throughout the duration of the school closure.</p>
<p><b>Termly Spellings</b></p>	<p>Please take time to learn spellings for future weeks and to re-visit past spellings. These can be found on the school website at <a href="https://www.newbridge.bathnes.sch.uk/">https://www.newbridge.bathnes.sch.uk/</a> and go to the tab <b>Classes</b> and click on your class.</p>
<p><b>National Curriculum Word Lists</b></p>	<p>Look in your Reading Log and find all of the spellings for your year group. How many of these can you learn? Can you write a sentence using the words?</p>
<p><b>Curriculum Overview</b></p>	<p>Take time to look at the Curriculum Overview for your year group. This can be found on the school website at <a href="https://www.newbridge.bathnes.sch.uk/">https://www.newbridge.bathnes.sch.uk/</a> Go to the tab <b>Key Information</b>, go down the menu on the left hand side to <b>Curriculum</b>, go to <b>Termly Overview</b> and click on the one for your year group.</p> <p>Which aspects have you not yet covered in class?</p> <p>Talk to a grown up at home and decide on an aspect you would like to find out more about. This means that when you come back to school, you will be able to share something new.</p>
<p><b>Useful websites</b></p>	<p>Please see useful websites list.</p>
<p><i>Well done for trying all of these areas of learning. Please can I ask that your parent sends a few lines in an email to let me know what you have completed today</i></p> <p><b>3OG:</b> <a href="mailto:3og@newbridge.bathnes.sch.uk">3og@newbridge.bathnes.sch.uk</a>                      <b>3KC:</b> <a href="mailto:3kc@newbridge.bathnes.sch.uk">3kc@newbridge.bathnes.sch.uk</a></p> <p><i>Please look out for tomorrow's learning, from Mrs O'Gara, Mrs Keynes and Mrs Ross</i></p>	