

# EALTH NEWS



To our dear Newbridge family,

As you know over several weeks now, we have really enjoyed learning about all the creative ways the pupils have been continuing to learn outside of school and most importantly how they've been using different ways to look after their mental health in these unprecedented times.

It has brought their teachers and support staff such joy to see how they've managed to show such resilience and kindness. We are so proud of every member of the Newbridge community. Please enjoy some of our Happy Healthy Newbridge News.

Take care.



Bethan had great fun painting with natural colours and wanted to share a pic. She used mud, grass and beetroot stems!

A spot of outdoor artwork today in the garden, Ella loved the new tent we brought online and is using it as an art den.





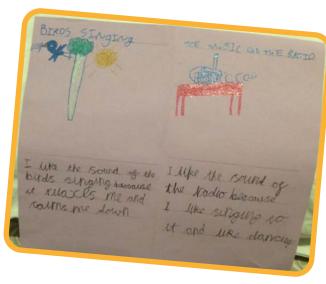




Happy Feel Good Friday from Lara 2G



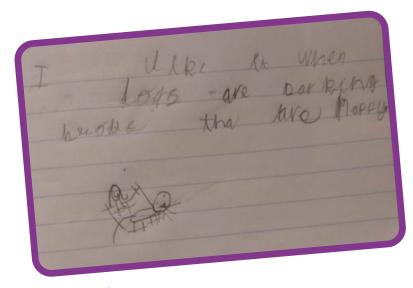
**Emma H planting carrots** 



Here is a picture of the 'sounds' that Isla likes, for Feel Good Friday.



Josh whittling in the garden. He made a figure out of wood (called Jeff) and some weapons including a spear, a sword and a bow and arrow set, all in full working order.



Isobel's sound sentence. She has written about the sound she likes for Feel Good Friday - (I like when dogs are barking because they are happy)



Minnie and Albie dressing up and using face paints for FGF to have some fun.



Katie 2G chilling out. She and Hannah made a beach and 'sun umbrella' and played holidays



Jacob's picture inspired by a butterfly in garden.

Katie in 2G and little Hannah built an obstacle course around the garden, running laps whenever they need to let off steam. They've discovered cheesy samba music and have been dancing to Kylie!



Mina and maths game she created for FGF

Millie also made a den in our garden. She has a lamp, a hook for her hat, a stool and a bed and is now busy decorating with flowers and pictures.



By Olivia for FGF



Millie built a fire in our living room with her brother Joe (who will be joining Reception in september) and enjoyed 'toasting' marshmallows.





**By Phoebe** 





**Sharing with little Jacob** Street chalk rainbow





To get into the Feel Good Friday spirit, Ethan and Finley has a great time making Hot Cross Buns n S'mores (sliced bun with chocolate and marshmallows in the middle then baked with the tips on so it all melts).

They made so many they parcelled some up in tin film and delivered them to friends in the street!

Made and given to staff by Reece and Sophia



#### Seb

#### Newbridge Happy News 31st March 2020



#### 1. Seb, what is your happiest memory?

Being with my family because I love them. I like going on family walks with our new puppy, Crumble.

#### 2. What song makes you happy and why?

It used to be Shot Gun by George Ezra but now it's Battle Scars because it's like you've been to war and just got back.

#### 3. Which place makes you happiest?

Southwold is my happy place because I go there with my whole family and my Nanny and Dad Dads. We eat lots of ice-cream and buy stuff from WHS.

#### 4. Say four things that make you happy.

Football, cricket, Doggie and being with my sister.

# 5. What advice would you give to anyone not feeling happy at the moment?

It's not a big thing so don't make it one.

## 6. Who makes you feel happy?

Elsie, Mum, Dad, mum, cousins and friends.

I play football with my cousins and I am the best and after we have some food in the park.

With my friends I like to play cricket and basketball.

With Dad I like to play tennis and catch.

#### By Seb 30G

### **Interviewed by Mum**







