Newbridge Primary School

<b>Thursday 30th April:</b> Good morning Year 4. Have you thought about ways to reduce the amount of sugar in your diet? How is your fact file about the Roman Baths coming along? We are looking forward to the creative Roman meals you will be coming up with. Have a good day. Mr H & Mr C	
Daily reading	Today, please read for 30 minutes.
	If anyone at home has the opportunity to discuss this with you, please ask them to.
	Continue to Research the Roman Baths Website to create a fun fact file. https://www.romanbaths.co.uk/children-pages
	<u>https://www.iomanbaths.co.uk/cmuren-pages</u>
	Answer the question below: (you can use the text at the end of sheet for reference)
	Do you think the Romans were clean and healthy? Explain your answer.
Daily times tables	Please continue to learn your year group times tables: 6x, 7x and 9x
	If these are a bit tricky, please work on your 2x, 5x and 10x or 3x, 5x and 8x.
	Challenge someone in your house to a times tables test. Think of interesting ways to ask the questions
	e.g. Mr H has six eggs but needs four times more to make a giant cake. How many eggs does he need?
	Mr C uses ten straws to make a 3D cube. He makes seven cubes. How many straws does he use?
	Miss Patterson shares 25 strawberries between her five friends. How many do they get each?
	Times tables website: <u>https://www.timestables.co.uk/</u>
Termly Spellings	Please take time to learn spellings for future weeks and to re-visit past spellings.
	These can be found on the school website at <u>https://www.newbridge.bathnes.sch.uk/</u> and go to the
	tab Classes and click on your class.
	Using the words and writing them down are the best ways to learn them. Activities you could do are:
	• Find the meaning of the words
	Put the words into sentences
	If there is a pattern, how many words you can find with the same pattern
	<ul> <li>Draw pictures of the what the words mean with the word in the picture</li> <li>Create a word access.</li> </ul>
	<ul> <li>Create a word search</li> <li>Create a crossword</li> </ul>
	Test your parents!
Daily Maths	Compare and conquer!
	Today is all about using your subtraction skills to compare and order.
	Find things in the house that you can compare either through length or
	weight. Measure them accurately and find the differences between
	them. Examples of this could be:
	The order in height of your family members. Whe is the tellect and by
	<ul> <li>The order in height of your family members. Who is the tallest and by how much?</li> </ul>
	The weight of your teddies.
	<ul> <li>The length of rooms.</li> </ul>
	• If you want a challenge, measure the area (length x breadth) of your beds, rooms etc.
	Pomember to calculate the measurements accurately and then put the objects in order calculation the
	Remember to calculate the measurements accurately and then put the objects in order calculating the difference between each object. Be creative and have fun!

Daily English	"Besides" or "Meanwhile"?
	Which is the best connecting adverb?
	I don't want any cake because I don't really like chocolate, I am trying to eat healthily.
	I am not going to the party because I'm busy, it's too far to travel.
	My mum packed the car, I looked for our buckets and spades
	in the garage. My brother went to the shops, I studied for my exams.
	Today, we are going to write our instructions for either a sundial or for preparing your Roman banquet.
	What are the key things we need to include?
	What makes a good set of instructions?
	Key features of instructions are:
	Introduction: Make it a clear heading and clear objective
	Materials: What you will need
	Method: In subheadings - step by step (in order), short and snappy, second person (you), bossy verbs
	like chop, cut, fold, rinse, bullet points or numbers
	Time: Openers then, next, first
	Diagrams or pictures or photos
	Extras warnings, tips, safety information, conclusion what to do next
	(How to write a set of instructions attached at end of this sheet)
Healthy Me	Art: Taking time to be creative is a good way to be calm and helps
	support your mindfulness. The Romans used to make mosaics
	(pictures made from coloured tiles) to decorate their houses and temples. Make a mosaic of your favourite animal or your family pet.
	Be inventive with where you find your coloured tiles: use
	coloured/colour in paper, recycled card, things you find in the garden
	etc.
Problem of the	Can you solve today's riddles?
day	You can see me in water, but I never get wet. What am I?
	What English word has three consecutive double letters? (difficult)
The activities belo	w are supplementary and can be used to further extend learning opportunities whilst at home.
Home Learning	Please look at your Home Learning grid.
	Visit the school website at <u>https://www.newbridge.bathnes.sch.uk/</u> and go to the tab <b>Classes</b> and click on your class.
	Please plan and complete these activities throughout the duration of the school closure.
National	Look in your Reading Log and find all of the spellings for your year group. How many of these can you
Curriculum	learn? Can you write a sentence using the words?
Word Lists Curriculum	Take time to look at the Curriculum Overview for your year group. This can be found on the school
Overview	website at https://www.newbridge.bathnes.sch.uk/ Go to the tab Key Information, go down the
	menu on the left hand side to Curriculum, go to Termly Overview and click on the one for your year
	group.
	Talk to a grown up at home and decide on an accept you would like to find out more shout. This
	Talk to a grown up at home and decide on an aspect you would like to find out more about. This means that when you come back to school, you will be able to share something new.
	incurs that when you come back to school, you will be able to share something new.
Useful websites	Please see the attached sheet for many useful websites
Wall dans for the	a all of those groups of learning. Plages can back that your parent conders for these in an empile between
vven aone for tryin	g all of these areas of learning. Please can I ask that your parent sends a few lines in an email to let me
	ve completed today.

4H: <u>4h@newbridge.bathnes.sch.uk</u> 4C: <u>4c@newbridge.bathnes.sch.uk</u>

Please look out for tomorrow's learning, from Mr Hempleman and Mr Cumpson

### Roman Bath houses

The Roman Bath house was the social heart of the Roman community and people would go no only to bathe, but also to conduct business and socialise with friends.

Baths were very important to the Romans and all citizens used the baths on a daily basis.

They could then relax and watch the entertainment on offer and eat. All cities in the Roman Empire had fresh water supplies and Roman citizens were encouraged to keep clean.

## What did the Romans do at the baths?

Before bathing the Romans would exercise. They did things such as running, mild weight-lifting, wrestling, and swimming. After exercise they rubbed perfumed oil on themselves which they would then scrape off with a stringing. They would then use the various baths

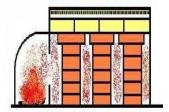
## How were the pools heated?

The pool was heated by the hypocaust. This heating system was below ground and heated by a fire. The fire then heated the water which was then transported by pipe to the pool.

# Source 1 Lucius Seneca writing about the Roman baths

I live over the public baths, it's sickening. First there are strongmen doing their exercises grunting and moaning. Next the lazy ones having a massage. I hear someone being slapped on their shoulders. What about the ones who leap in the pool, making a huge splash?





### How to write a set of instructions - By 4C/4H

This will help you to write a set of perfect instructions, just follow the steps accurately and ensure you have all the right tools and equipment to make it perfect!

### What you will need:

- Paper, pencil, ruler
- Adverbials of time
- Imperative (bossy) verbs, a range of
- Adverbs
- Expanded noun phrase
- Range of conjunctions
- Fronted adverbials

### Method:

1. First, find a comfortable place to sit.

2. Next, get yourself organised ready to start your beautiful work in your books.

3. Then, at the top of your page create a title. Using a ruler, carefully underline it. After that, write the introduction paragraph.

4. Afterwards, write the first sub-heading 'What you will need'.

Underneath it, use bullet points to write a list of equipment or ingredients.

5. Next, create your second sub-heading 'method'. In the margin, place your numbers, start with 1.

6. Finally, specifically and carefully write out the instructions Congratulations!

Using this set of instructions, you should have created your very own set of perfect instructions.