

Executive Headteacher Mrs C Adams Head of School Mr M Cunniffe northbrookpa.org

Thursday 4<sup>th</sup> November

Dear parents,

## Anti-Bullying Week & Children in Need - Monday 15<sup>th</sup> – Friday 19<sup>th</sup> November

During the week of Monday 15th November – Friday 19th November we will be supporting Anti-Bullying Week and on Friday 19th November Children in Need.

On Monday 15th November we will be inviting all the children and staff to attend school in odd socks to mark the start of Anti-Bullying Week. This year we are celebrating what makes us all unique and to spread kindness. This year the theme is 'One Kind Word' and during the week we will be taking part in a number of activities that will help us consider the wellbeing of others. Odd Socks Day is supported by CBeebies presenter and Anti-Bullying-Alliance patron Andy Day and his band 'Andy and the Odd Socks' who will launch the week with a virtual assembly.

On Friday 19th November we will be inviting all children to attend in non-uniform and to wear something yellow or their Pudsey merchandise for Children in Need. No need to go out and buy the Pudsey Merchandise but if you want to or already have it, then you can wear it to school. Please do not feel obligated to donate, but if you are able to, we are asking for a voluntary donation of £1 per child to help us raise funds for a great cause. Along with many other schools across the country, we will be helping to change the lives of thousands of children in local communities across the UK. During the day we will all be working out with Joe Wicks so please make sure your child wears clothing and footwear that is suitable for them to be active and take part in their PE lessons.

Throughout the week we will be considering our own mental health and wellbeing and we will be taking part in activities that will help us to consider how working together we can make other people's lives better.

As we move closer to the launch date we will hold assemblies in school and send further information through Seesaw, so all our children and parents know what they have to do to help us have a successful week!

Kindest regards,

M Cunníffe

Mr M Cunniffe Head of School



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