

Headteacher Mr M Cunniffe

' Relationship and Health Education' Summer Term 2024

Dear Parents,

As part of our Personal, Social, Health and Economic (PSHE) curriculum, next half term (Summer 2), we will be teaching our 'Relationship and Health Education' (RHE) topic. Relationship and Health Education is statutory and forms a part of PSHE subject. All schools in England are required to teach RHE in primary schools and the 'Department for Education' recommends that schools consider teaching Sex Education.

To support the delivery of PSHE and RHE, our school has adopted a quality-assured programme called 1decision which has been kitemarked by the PSHE Association - the UK's governing body for the subject area. The 1decision resources have been created by PSHE and Safeguarding experts, together with schools, and most importantly children.

Parents and Carers **do not** have the right to withdraw their children from lessons that cover the statutory Health and Relationship objectives (this includes puberty lessons) and lessons that cover national curriculum science objectives, including content on human development and reproduction.

As a part of our curriculum our school chooses to deliver the Sex Education element. This content is delivered in year 6 and is taught through 1decision's conception topic. Parents and carers can choose to withdraw their child from this unit.

To assist you in your decision, we want to assure you that our curriculum is taught in an age-appropriate manner and provides pupils with the time to ask questions in a safe environment and ultimately receive information based on facts, rather than hearing content second-hand or via online platforms.

To find out more about our chosen provider, we would like to signpost you to their Parent/Carer zone on the 1decision website where you can review the following:


- What is 1decision?
- How will my child's school use the 1decision resources?
- What themes do 1decision cover?
- 1decision content overview (including examples of their puberty and conception animations)
- Examples of 1decision Early Years content
- Understanding RSHE document
- Free home activities and much more!

Parent/carers Zone: <https://www.1decision.co.uk/resources/parent-carer-zone>



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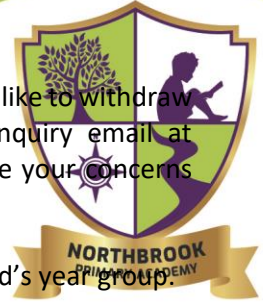
01772 421599

 northbrookpa.org

 enquiries@northbrookpa.org

 Bannister Drive, Leyland, Lancashire, PR25 2GB

We hope you will take the time to review this information. Following this, if you would like to withdraw your child from the conception unit, please contact the school through the enquiry email at enquiries@northbrookpa.org with the subject "RSE withdrawal request" and outline your concerns and request for withdrawal in writing.



Along with this letter, you will also have received a knowledge organiser for your child's year group. This document highlights the key learning and vocabulary for their RHE topic. If you have any further queries about the content or delivery of these units for your child, please do not hesitate to contact us at school.

Headteacher Mr M Cunniffe

Kindest regards,


M Cunniffe

Mr M Cunniffe (Headteacher)



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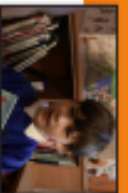
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Iddecision PSHE Knowledge Organiser

Module: Relationships

Topic: Bullying and Body Language

Year
2



Key Facts

- Bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing
- It is important to take time to judge whether what you are feeling and how you are behaving is appropriate and proportionate
- healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded

I will learn the following new words/phrases:

Bullying	<i>A repeated aggressive or unkind behaviour.</i>
Mean	<i>Unkind, spiteful, or unfair.</i>
Describe	<i>To say or write what someone or something is like.</i>
Teasing	<i>To laugh at someone or say unkind things about them.</i>
Threatening	<i>Expressing a threat of something unpleasant or violent.</i>
Advice	<i>An opinion that someone offers you about what you should do or how you should act in a particular situation.</i>
Imagine	<i>To form or have a mental picture or idea of something.</i>
Anti-bullying	<i>Opposed to or acting against bullying.</i>

By the end of these topics, I should:

- be able to name a range of feelings
- understand why we should care about other people's feelings
- be able to see and understand bullying behaviours
- know how to cope with these bullying behaviours
- be able to recognise and name a range of feelings
- understand that feelings can be shown without words
- be able to see a situation from another person's point of view
- understand why it is important to care about other people's feelings

Ask me a question!

- How might someone feel if they are being bullied?
- If you thought someone was being bullied, what could you do?
- How can you be kind to someone?
- What kind of things can friends fall out over or disagree about?
- What can we do if we fall out with our friends?



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