

Headteacher Mr M Cunniffe

' Relationship and Health Education' Summer Term 2024

Dear Parents,

As part of our Personal, Social, Health and Economic (PSHE) curriculum, next half term (Summer 2), we will be teaching our 'Relationship and Health Education' (RHE) topic. Relationship and Health Education is statutory and forms a part of PSHE subject. All schools in England are required to teach RHE in primary schools and the 'Department for Education' recommends that schools consider teaching Sex Education.

To support the delivery of PSHE and RHE, our school has adopted a quality-assured programme called 1decision which has been kitemarked by the PSHE Association - the UK's governing body for the subject area. The 1decision resources have been created by PSHE and Safeguarding experts, together with schools, and most importantly children.

Parents and Carers **do not** have the right to withdraw their children from lessons that cover the statutory Health and Relationship objectives (this includes puberty lessons) and lessons that cover national curriculum science objectives, including content on human development and reproduction. As a part of our curriculum our school chooses to deliver the Sex Education element. This content is delivered in year 6 and is taught through 1decision's conception topic. Parents and carers can choose to withdraw their child from this unit.

To assist you in your decision, we want to assure you that our curriculum is taught in an age-appropriate manner and provides pupils with the time to ask questions in a safe environment and ultimately receive information based on facts, rather than hearing content second-hand or via online platforms.

To find out more about our chosen provider, we would like to signpost you to their Parent/Carer zone on the 1decision website where you can review the following:

- What is 1decision?
- How will my child's school use the 1decision resources?
- What themes do 1decision cover?
- 1decision content overview (including examples of their puberty and conception animations)
- Examples of 1decision Early Years content
- Understanding RSHE document
- Free home activities and much more!

Parent/carer Zone: https://www.1decision.co.uk/resources/parent-carer-zone



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We hope you will take the time to review this information. Following this, if you would like to withdraw your child from the conception unit, please contact the school through the enquiry email at enquiries@northbrookpa.org with the subject "RSE withdrawal request" and outline your concerns and request for withdrawal in writing.

Along with this letter, you will also have received a knowledge organiser for your child's year group. This document highlights the key learning and vocabulary for their RHE topic.

If you have any further queries about the content or delivery of these units for your child, please do

Kindest regards,

M Cunniffe

Mr M Cunniffe (Headteacher)

not hesitate to contact us at school.





decision PSHE Knowledge Organiser

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Module: Growing and Changing

Topic: Conception and Summative Assessment









Key Facts

- Stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up
- Others people's families, either in school or in the wider world, sometimes look different from your family, but you should respect those differences and know that other children's families are also characterised by love and care for them

By the end of these topics, I should:

- explain the terms 'conception' and 'reproduction'
- systems describe the function of the female and male reproductive
- identify the various ways adults can have a child
- explain various different stages of pregnancy
- identify the laws around consent

Ask me a question!

- reproductive system? Can you name at least three parts of the female
- Can you name at least three parts of the male reproductive system?
- What is the legal age of consent to have sex?
- Can you talk about the different stages of pregnancy?

I will learn the following new words/phrases:

Conception	The process of conceiving a baby.
Reproduction	The process by which living things create young or offspring.
Consent	To express willingness or approval.
Conceived	The fertilizing of an egg by a sperm; beginning of pregnancy.
Caesarean	The surgical delivery of a baby that involves making incisions in the mother's abdominal wall and uterus.
Foreskin	A retractable fold of skin that covers the glans of the penis.
Cervix	The lower part of the uterus that opens into the vagina.
Womb (uterus)	Where a fetus, or baby, grows.
Urethra	The tube that carries urine from the bladder out of the body.
Fertilised	When a male's sperm enters a female's egg.
IVF	Fertilising an egg outside the body, in a laboratory dish, and then implanting it in a woman's uterus.



