



Executive Headteacher Mrs C Adams
Headteacher Mr M Cunniffe
northbrookpa.org



Friday 16th December

Dear Parents,

National School Breakfast Programme January 2023

We are delighted to let you know that from Monday 9th January 2023 we will be taking part in the National School Breakfast Programme. This programme is partly funded by the Department for Education and part funded by us as a school. The programme is run by Family Action and will support us to offer a daily, healthy school breakfast, without barrier or stigma, giving all our children the best chance to learn and succeed.

The **free breakfasts** will be **open to all our children from 8:30am-8:40am each morning** in the dining hall. Children attending the breakfast club need to enter school through the main reception. They will be signed in before making their way to the dining hall. The club will be staffed by Northbrook Primary Academy teaching assistants, who will oversee the children and then ensure they move to their classrooms at 8:45am in time for registration. The breakfast on offer will include bagels, a range of cereals and porridge.

We are undertaking this offer so all children have access to a healthy breakfast each morning, helping them to have the best possible start to the school day. Research has clearly proven that breakfast consumption in children has been found to:

- Improve cognitive function, particularly memory, attention, and executive function
- Improve academic performance, including school grades and achievement test scores
- Increase on-task behaviour in the class

This research is summarised on www.family-action.org.uk and is directly linked [here](#).

If you have any questions or queries, please do not hesitate to contact us at school.

Kindest regards,

M Cunniffe

Mr M Cunniffe
Headteacher



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Registered in England
Company Registration Number 7848372
VAT Registration Number 125718416

01772 421599

enquiries@northbrookpa.org

[Bannister Drive, Leyland, Lancashire, PR25 2GB](#)