



Executive Headteacher Mrs C Adams
Head of School Mr M Cunniffe
northbrookpa.org

July 3rd 2021

Dear Parents,

Confirmed Case of COVID-19 Advice for Child to Self- Isolate for 10 days

We have had confirmation of a positive case of COVID-19 today for a Year 6 child.

Following the national guidance and our test and trace procedures **we have identified that your child has been in close contact with the affected child**. As the potential exposure took place no later than Friday 2nd June your child must isolate at home for a period of 10-days up to and including Sunday 11th July.

We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

If your child is well at the end of this 10-day period of self-isolation, then they can return to usual activities. A negative test **does not** mean that your child can return to school earlier.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10-day self-isolation period.

Please see [here](#) for the link to the PHE Staying at Home Guidance

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared as advised in the [Government Staying at Home Guidance](#).

You should arrange for testing for your child [via this link](#) or 111.nhs.uk or primary care.

All other household members who remain well must stay at home and not leave the house for 10 days. The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 10-days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID-19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from [NHS 111](#) at or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available on the [NHS information and advice about coronavirus \(COVID-19\)](#) webpage.

What we will do as a school:

- Continue to set work for your child on a daily basis via See Saw
- Continue to provide free school meals for those eligible
- Contact your child during their self-isolation to ensure that the school's academic and pastoral support remain

Early Help Support

The Children and Family Wellbeing Service (CFWS) offer a programme of group activity for all ages through on-line group sessions which are run across the daytime and evening. The service also provides a confidential telephone helpline, text message, email enquiry and online webchat services where young people and their families can obtain advice and support on a range of issues. You can obtain details of the group work programme or access the helpline by contacting Talkzone 365 days per year, from 8.30am to 10pm during the week and from 2pm to 10pm at weekends and Bank Holidays at;

- Telephone: 0800 51 11 11
- Text: 07786 51 11 11
- Email: talkzone@lancashire.gov.uk
- Talk on-line in a private and confidential space by logging onto: www.lancashire.gov.uk/youthzone/get-in-touch/

CFWS also offer more individualised 1-2-1 support where needs are identified. This can be accessed by contacting us to make a referral on your behalf. More details can be found through the link below:

www.lancashire.gov.uk/children-education-families/early-years-childcare-and-family-support/family-support/children-and-family-wellbeing-service/

If you have any queries regarding this letter please do not hesitate to contact us on enquiries@northbrookpa.org. **Thank you for your support in this matter and look forward to welcoming your child back to Northbrook Primary Academy on Monday 12th July.**

Yours sincerely,

M Cunniffe

Mr M Cunniffe
Head of School