

**BE
WATER
AWARE**



Lancashire Fire
and Rescue Service

**FLOAT
TO LIVE**

**IF YOU FALL IN - FLOAT OR SWIM ON YOUR BACK
& SHOUT FOR HELP**



what3words



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HEED THE WARNINGS

COLD WATER SHOCK HAS SERIOUS CONSEQUENCES

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STOP & THINK!

IT'S MORE DANGEROUS THAN IT LOOKS

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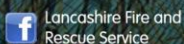
DO YOU KNOW...



WHAT LIES BENEATH?

The only safe place to swim is in a swimming pool where the water is clean, safe and warm and there are lifeguards on hand if something goes wrong.

DON'T TAKE THE RISK, DON'T SWIM IN OPEN WATER.



www.lancsfirerescue.org.uk

making Lancashire safer

Water Safety Virtual Sessions

**Our water safety sessions are for high school and college students.
Seeking to raise awareness on how to be safe in and around the water.**

Mon 12 May 08:50	Tues 13 May 08:55	Wed 14 May 09:00/13:45	Thurs 15 May 08:50	Fri 16 May 08:55
Tues 20 May 08:55	Wed 21 May 09:00/13:45	Thurs 22 May 08:50	Fri 23 May 08:55	

Sessions are 15 minutes and start at the time indicated - please dial in 10 minutes beforehand.



Scan to book on to one
of the **FREE** sessions



If your school does not have access to Teams or you have any questions,
please email: preventionsupport@lancsfirerescue.org.uk