



Northbrook Primary Academy PSHE '1 decision' Curriculum Overview KS1 and KS2

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<u>Keeping safe/ Staying safe</u>	<u>Our World</u>	<u>Hazard Watch</u>	<u>Being responsible</u>	<u>Keeping safe/ Staying safe</u>	<u>Being responsible</u>
Key Vocabulary	Safe, Community, Discuss, Laces, Buckle, Velcro, Accident, Rules, Unsafe	Wildlife, Community,	Potential, Sibling, Community, Hazard, Dange	Punctual, Responsible, Irresponsible, Appointment	Peer Pressure, Encouraging, Risk, Risk Assessment, Support Network.	Consent, Possession, Permission, Trust, Borrowing, Stealing, Responsible, Irresponsible
	Assessment-Baseline Tying shoelaces	Living in our world	Is it safe to play with?	Assessment baseline Coming home on time	Peer Pressure	Stealing Assessment-summative
Autumn 2	<u>Our World</u>	<u>Being responsible</u>	<u>Our World</u>	<u>A world without Judgement</u>	<u>Being responsible</u>	<u>Keeping/ Staying Healthy</u>
Key Vocabulary	Planet, World, Environment, Humans Being, Reproduce, Protect, Unique Common	Abilities, Thoughtful, Qualities, Manners, Courteous, Appropriately, Self-Respect, Improve	Credit Card,. Debit Card, Spend, Receive, Save, Reduce, Re-use, Recycle, Environment, Carbon footprint, Carbon dioxide Global warming	Judgement, Equality, Diversity, Cohesion, Barrier, Attributes, Similarities, Differences, Disability, Polite, Respectful	Considerate, Inconsiderate	Alcohol, Ethanol A, Fermentation, Unit, Legal, Alcohol poisoning Cannabis, Illegal drugs, Mental illness, Criminal offence, Substances
	Assessment-Baseline	practise makes perfect	Working in our world	Assessment- Baseline	Looking out for others	Alcohol



Northbrook Primary Academy PSHE '1 decision' Curriculum Overview KS1 and KS2

	Growing in our world	Helping someone in need hard	Looking after our world Assessment-Summative	Breaking down barriers	Children's views Adults views	Assessment-Summative
Spring 1	<u>Computer Safety</u>	<u>Computer Safety</u>	<u>Computer Safety</u>	<u>Computer Safety</u>	<u>Computer Safety</u>	<u>Computer Safety</u>
Key Vocabulary	Online, Positive, Negative.	Permission, Opinion, Rules, Declaration	Chatroom, Report, Reply, Respond Childline	Online relationship Online bullying, Offensive Insulting, Device, Posting False content, Opinion Rumours	Application Survey Kind Image sharing. Illegal,	Application Pretending Age restriction Online activity, Social media Password
	Assessment-Baseline Online Bullying	Image Sharing Making friends online	Computer safety documentary Assessment-Summative	Assessment- Baseline Online bullying	Image sharing Children's views Adults views	Making Friends online Assessment-Summative
Spring 1 (Mental Week)	<u>Feelings and Emotions</u>	<u>Feelings and Emotions</u>	<u>Feelings and Emotions</u>	<u>Feelings and Emotions</u>	<u>Feelings and Emotions</u>	<u>Feelings and Emotions</u>
	Fidgety, Annoyed, Worry, Manage,	Recognising, Loneliness, Frustration,	Strategies, Worry, Anxious, Troubled, Mindfulness, Grief,	Feelings, Emotions, Physical health, Mental health, Strategies,	Feelings, Emotions, Physical health, Mental health,	Feelings, Emotions, Physical health, Mental health,



Northbrook Primary Academy PSHE '1 decision' Curriculum Overview KS1 and KS2

	Control, Trust	Experience	Confusion, Memory Box	Displeasure, Annoyance, Hostility	Strategies, Displeasure, Annoyance, Hostility	Strategies, Worry, Anxious, Troubled, Mindfulness
	Assessment-baseline Worry	Jealousy Anger	Grief Assessment-Summative	Assessment- Baseline Jealousy	Anger	Worry Assessment-Summative
Spring 2	<u>Hazard Watch</u>	<u>Keeping/ Staying Healthy</u>	<u>Keeping safe/ Staying safe</u>	<u>Keeping safe/ Staying safe</u>	<u>A world without Judgement</u>	<u>A world without Judgement</u>
Key Vocabulary	Potential, Sibling, Community, Hazard, Danger	Medicine , Allergies, Vaccination, Antibodies, . Research, Immune System Doctor	PCSO, Appliances, Dangerous, Chemicals, Warning Signs, Pressured, Permission	Danger, Consequences, Water Safety, Water Pollution, Hidden Currents, Warning Flags	Inclusion, Acceptance, Discrimination, Unique, Anti-social, Hate crime	Democracy, Rule of Law, Individual Liberty, Mutual Respect, Stereotype, British values, Cohesion Equal rights
	Assessment-Baseline Fire Safety	Medicine Assessment-Summative	Leaning out of windows Assessment-Summative	Assessment- Baseline Water safety	Inclusion and acceptance Children's views Adults views	British values Assessment-summative
Summer 1	<u>Keeping/ Staying Healthy</u>	<u>Hazard Watch</u>	<u>Being responsible</u>	<u>Keeping/ Staying Healthy</u>	<u>Keeping/ Staying Healthy</u>	<u>Keeping safe/ Staying safe</u>



Northbrook Primary Academy PSHE '1 decision' Curriculum Overview KS1 and KS2

Key Vocabulary	Decay	Potential, Sibling, Community, Hazard, Dange	Borrowing, Stealing, Consequences, Irresponsible, Responsible	Lifestyle . Balanced, Blood pressure, Vital organs, Mind map. Food chart Carbohydrates Protein A Calorie	Nicotine, Addictive, Illegal, Respiratory system . Cardiovascular disease, Cigarette, E-cigarette Tobacco	Statement, Opinion, Fact, Strategies, Junction
	Assessment - Baseline Brushing teeth Washing hands Fire Safety	Is it safe to eat or drink?	Stealing Assessment summative	Assessment- Baseline Healthy Living	Smoking Children's views Adults views	Cycle Safety Assessment-Summative
Summer 1	<u>Being responsible</u>	<u>Keeping safe/ Staying safe</u>	<u>Keeping/ Staying Healthy</u>	<u>The working world</u>	<u>The working world</u>	<u>The working world</u>
Key Vocabulary	Responsibility, Responsible, Accident, Honesty, Dishonesty	Community, Discuss, Choice, Pedestrian, Zebra Crossing, Pelican Crossing, Puffin Crossing, Toucan Crossing, Avoid, Situation, Risk, Safe, Imaginary	Ingredients, Energy, Repair, Vitamins A, Natural Derived, Saturated fat,	Income tax, VAT, Contribution, HM Revenue and Customs. Chore, Independence, Self-motivation, Apprenticeship, Volunteer, Stereotype	Bank account, Loan, Tax, Interest, Debit card, Credit card, Wages, Debt, In-app purchases, Budget, Comparison, Fairtrade . Gambling	Enterprise. Priority, Fundraising
	Assessment Baseline water spillage	Road safety Staying safe	Healthy Eating Fire Safety	Assessment- Baseline Chores at home	In- App Purchases Assessment-Summative	Enterprise Assessment summative
Summer 2	<u>Relationships</u>	<u>Relationships</u>	<u>Relationships</u>	<u>Growing and Changing</u>	<u>Growing and</u>	<u>Growing and</u>



Northbrook Primary Academy PSHE '1 decision' Curriculum Overview KS1 and KS2

					Changing	Changing
Key Vocabulary	Relationship, Love, Security, Stability, Disagree	Bullying . Mean, Describe, Teasing, Threatening, Advice, Imagine. Anti-bullying	ommunicate, Situation, Penis, Testicles, Vagina, Vulva, Anus, Private parts Appropriate C	Nervous, Scared, Inappropriate, Connection, Civil partnership Marriage	Puberty, Hormone, Anonymous question, Vagina, Vulva, Ovaries, Fallopian tube, Penis, Testicles,Bladder	Conception, Reproduction, Consent, Conceived . Caesarean, Foreskin, Cervix, Womb (uterus), Urethra, Fertilised, IVF
	Assessment-Baseline Friendship	bullying Body Language	touch Assessment-Summative	Assessment- Baseline Appropriate Touch (relationships)	Puberty	Conception Assessment-Summative

See below for **OTHER WEBSITES** to use to support PSHE and RSE teaching and learning

General information

<https://www.twinkl.co.uk/resources/home-key-stage-1-subjects/pshe>

<https://www.twinkl.co.uk/resources/keystage2-ks2/ks2-subjects/ks2-pshe>

<https://www.twinkl.co.uk/resources/twinkl-life/pshce-twinkl-life/relationships-pshe-and-citizenship-twinkl-life>

<https://www.tes.com/teaching-resource/new-rse-curriculum-ks2-relationships-12250704>

<https://www.bbc.co.uk/teach/class-clips-video/rse-ks2-healthy-vs-unhealthy-relationships/z6s7rj6>



Northbrook Primary Academy PSHE '1 decision' Curriculum Overview KS1 and KS2

<https://www.bbc.co.uk/teach/class-clips-video/rse-ks2-respecting-myself-and-others/zjnqgwx>

<http://www.primaryresources.co.uk/pshe/pshe.htm>

<https://www.bbc.co.uk/bitesize/subjects/zqtnvcw>

<https://www.bbc.co.uk/bitesize/topics/zwvv4wx/resources/1>

The PSHE association: <http://www.pshe-association.org.uk/>

Drugs, smoking and alcohol education

Talk to frank: http://www.talktofrank.com/?&gclid=CJehuJGM77MCFW_KtAodyVoAAw

Hope UK: <http://www.hopeuk.org/>

NHS Smokefree: <http://smokefree.nhs.uk/>

Discrimination and prejudice:

Tackling racism: <http://www.tackling-racism.co.uk/>

BBC challenging stereotypes: http://www.bbc.co.uk/schools/pshe_and_citizenship/personal_wellbeing/relationships/challenging_discrimination/

Safety

Get safe online: <http://www.getsafeonline.org/>

e-safety kent: http://www.kent.gov.uk/childrens_social_services/protecting_children/e-safety.aspx

Think u know: <http://www.thinkuknow.co.uk/>.

Think! Road safety: <http://think.direct.gov.uk/>

Mental health:



Northbrook Primary Academy PSHE '1 decision' Curriculum Overview KS1 and KS2

Don't call me crazy BBC <http://www.bbc.co.uk/programmes/p01b86w5>

OCD <http://www.bbc.co.uk/news/magazine-23412085>

Mental wellbeing <http://www.nhs.uk/Conditions/stress-anxiety-depression/Pages/improve-mental-wellbeing.aspx> -

Young minds <http://www.youngminds.org.uk/>

Finance and careers:

Natwest money sense: <http://moneysense.natwest.com/schools/schools>

Connexions: <http://www.connexions-tameside.com/>

Bereavement:

Child bereavement <http://www.nhs.uk/Livewell/bereavement/Pages/children-bereavement.aspx>

Bereavement <http://www.nhs.uk/Livewell/bereavement/Pages/coping-with-bereavement.aspx>.

Losing someone life story <http://www.nhs.uk/Livewell/bereavement/Pages/sarah-phillips-bereavement-story.aspx>

Self harm:

Self Harm <http://www.bbc.co.uk/learningzone/clips/coping-with-self-harm/11900.html>

Harmless: <http://www.harmless.org.uk/>