

## Before & After School Club Menu

<u>Day</u>	<u>Breakfast Club</u>	<u>After School Club</u>
<b>Monday</b>	<ul style="list-style-type: none"><li>➤ Cereal</li><li>➤ Toast</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>	<ul style="list-style-type: none"><li>➤ Crackers - butter / cheese / jam</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>
<b>Tuesday</b>	<ul style="list-style-type: none"><li>➤ Cereal</li><li>➤ Toast</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>	<ul style="list-style-type: none"><li>➤ Sandwich/wrap – cheese / jam / tuna</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>
<b>Wednesday</b>	<ul style="list-style-type: none"><li>➤ Cereal</li><li>➤ Toast</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>	<ul style="list-style-type: none"><li>➤ Toast – butter / beans</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>
<b>Thursday</b>	<ul style="list-style-type: none"><li>➤ Cereal</li><li>➤ Toast</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>	<ul style="list-style-type: none"><li>➤ Sandwich/wrap – cheese / jam / tuna</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>
<b>Friday</b>	<ul style="list-style-type: none"><li>➤ Cereal</li><li>➤ Toast</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>	<ul style="list-style-type: none"><li>➤ Toast – butter / spaghetti hoops</li><li>➤ Fruit</li><li>➤ Water, milk or juice</li></ul>