

Subject: Health and social care

Year group: 11

Department Curriculum Vision: To provide students with insight into a wide variety of knowledge and skills required in the health and social care sector and opportunities to practise these against real life case studies.

	Autumn Term 1	Autumn Term 2
Content: (Know what...)	<u>Component 3 LAA:</u> • Health and wellbeing • Factors • Impact of life events	<u>Component 3 LAB:</u> • Health indicators • Using guidelines to interpret health • Significance of abnormal readings • Lifestyle data
Skills: (know how...)	Identify State Discuss Explain Compare Contrast Analyse	Identify State Discuss Explain Compare Contrast Analyse

Key vocabulary	Health Wellbeing Inherited conditions Predisposition Cystic fibrosis Haemophilia Cardiovascular disease Obesity Type 2 diabetes Anxiety Stress Physical ability Sensory impairments Nutrition Physical activity Substance misuse Relationships Inclusion/exclusion Bullying Discrimination Religion Community Gender Economic Environmental Housing Pollution Life events	Indicators Resting heart rate Recovery rate Blood pressure Systolic Diastolic Hypertension Hypotension Body mass index Surplus Deficit Nutrition Inactivity Sedentary Smoking Alcohol Illegal drugs Prescription drugs
Mid Term Assessment	In class quiz	

End Term Assessment	PPE window	
	Spring 1	Spring 2
Content: (Know what...)	<u>Component 3 LAC:</u> • Person centred approach • Benefits of person centred approach • Recommendations to improve health and wellbeing • Support available • Barriers • Obstacles	Exam preparation
Skills: (Know how...)	Identify State Discuss Explain Compare Contrast Analyse	Identify State Discuss Explain Compare Contrast Analyse
Key vocabulary	Need Wish Circumstance Holistic Physiological Lifestyle Formal support Informal support Barrier Physical barrier	All component 1,2 and 3 key words

	Sensory barrier Social barrier Cultural barrier Language and speech barrier Geographical barrier Resource barrier Financial barrier Obstacle Emotional/psychological obstacle Time constraints Availability of resources Unachievable targets Lack of support	
Mid Term Assessment	PPE window	
The exam is likely to be early May: 2 hours long, 60 marks, externally marked		
	Summer 1	Summer 2
Content: (Know what...)	Exam preparation	Independent study
Skills: (Know how...)	Identify State Discuss Explain Compare	

	Contrast Analyse
Key vocabulary	All component 1,2 and 3 key words
Mid Term Assessment	In class practice questions
The exam is likely to be early May: 2 hours long, 60 marks, externally marked	
Additional information	
Homework	• Flash card creation • Practice questions • Revision tasks (eg mind maps) • Exam prep tasks (eg factor identification from case study)
Extra curricular and enrichment opportunities	External speakers, practical lessons
Useful links that will support learning	NHS, Tutor2U
How parents can support learning	Engage with Satchel One to ensure homework is complete, quiz student.

