

September 2025

Dear Parent/Carer,

Year 7 Colour Run – Celebrating New Beginnings
Friday 17th October Period 5

As part of our commitment to ensuring a smooth and positive transition from Key Stage 2 to Key Stage 3, we are delighted to invite your child to take part in a Year 7 'Colour Run' at Northwood School.

The Colour Run will take place on Friday 17th October and will be held on the school field. Inspired by the global celebrations of **Holi** and **J'ouvert**, the event will be a vibrant and memorable way for our students to come together as one community.

Holi, celebrated in India and around the world, is known as the "festival of colours." It symbolises joy, unity, and the victory of good over negativity. During Holi, people throw brightly coloured powders as a way of celebrating friendship, forgiveness, and new beginnings.

J'ouvert, rooted in Caribbean culture, is an early-morning street festival filled with music, dance, and colour. It celebrates freedom, creativity, and community spirit.

By drawing on these traditions, our Colour Run allows students to experience the joy of shared celebration while strengthening their bonds as a year group.

The benefits of team building during this event are wide-ranging. Activities such as working together in teams, supporting one another through challenges, and celebrating achievements help to:

- Develop communication, cooperation, and resilience.
- Build trust and friendships across tutor groups, helping every child feel they belong.
- Boost confidence and positivity as students begin their journey at secondary school.

Students will run through a series of colour stations, complete fun challenges as teams, and end with a celebratory "colour throw" to mark the start of their time at Northwood School.

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Practical details

This event will cost **£5.50** which includes a t-shirt, sunglasses, and coloured powder per student. Students will need to bring shorts/jogging bottoms/leggings and old trainers. We recommend that **old clothes** are worn, as the powder **may stain**. School PE kits will **not** be permitted. The powder is non-toxic, washable and safe for all.

We are very much looking forward to this special event and to celebrating the positive energy and unity of our Year 7 cohort. We believe the Colour Run will be a highlight of their first term at Northwood School, helping them to feel part of our community and ready to thrive. The **£5.50** charge will need to be paid via **Parentpay** by **Friday 30th September**. Please note that this event will not be able to go ahead if we don't reach minimum numbers. No late payments will be accepted.

Thank you for your continued support.

Ms Elliott
Transition Lead
Ms O'Keeffe
Head of Year 7

