

Dear Parent/Carer

PSHE & SRE Programme in Year 6 / Key Stage 2

At Nyland, we believe that promoting mental well-being in a safe environment is paramount to the development of pupils at the school. We aim to achieve this through a bespoke PSHE (Personal, Social and Health Education) curriculum focused on meeting the needs of our pupils. Part of our curriculum is Sex and Relationship Education (SRE). We will be teaching lessons about SRE during Term 6, which will include topics such as; emotional and physical changes, puberty, reproduction, relationships, consent, boundaries and privacy.

By teaching these subjects in school, we can avoid having pupils coming across misguided information from the internet or peers and promote self-awareness of their own bodies. Parents/carers have the right to opt pupils out of SRE lessons except those parts required in the National Curriculum. Parents/carers wishing to exercise this right can contact the Principal or the PSHE lead to discuss concerns and the impact this may have. Once a pupil has been withdrawn, they can only take part in SRE lessons again once the withdrawal has been removed. We are happy to answer any queries about the SRE curriculum, as well as support parents who wish to teach SRE at home.

Yours sincerely,

Mrs Stein

EQ/PSHE lead