

Oak CE Primary School

PE Curriculum Overview



Vision

At Oak C of E Primary School, we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning.

Our curriculum is constructed upon the fundamental principles outlined in the EYFS Framework and the National Curriculum.

We ensure our children:

1. Develop competence to excel in a broad range of physical activities
2. Are physically active for sustained periods of time
3. Engage in competitive sports and activities
4. Lead healthy, active lives

Teaching and Learning

At Oak, PE is taught twice weekly across both key stages. Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Our PE curriculum is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school. By utilising the scheme, we have access to a full curriculum of engaging, interactive P.E lessons for each year group with each lesson containing clear, progressive learning objectives; differentiated activities and videos to support the delivery, understanding and progress of the children.

The curriculum planning in PE is carried out in three phases (long-term, medium-term and short-term). The long-term plan maps out the PE activities covered in each term in each year group, ensuring that children are able to build on their knowledge and skills. The physical strands are taught all the way through school, with skills such as the fundamentals and balls skills turning into invasion games and net wall games to show the progression in key stage 2. We create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

In each PE lesson, children are given the opportunity to recap previously learnt skills, develop and learn new skills and apply these in practice. Technical vocabulary is taught and applied in every lesson. At the end of the unit, children can apply their learning to a final performance e.g. a dance or gymnastics performance; play a competitive game of football or rugby. Attention is given to children's prior learning and existing physical skills, with support given to the children that require it and all children being appropriately challenged. In every lesson, children have access to a range of equipment that is specifically chosen to meet the needs of learners, ensuring all children can make progress in the lesson. We ensure the fundamentals are a core skill throughout school and are returned to and built upon throughout the units.

Sports coaches are employed to develop teachers' knowledge and skills and to also offer a wider curriculum due to their expertise. They are also used for targeted intervention. At Oak we believe extra-curricular activities are an integral part of school life and we offer a range of after school clubs designed to be physically active and develop children's physical skills. All children, regardless of ability, are given opportunities to take part in sports activities

outside of the school day: both competitive and non-competitive. We endeavour to provide children with opportunities to try a variety of new physical activities and aim to promote a life-long love of sport and being active.

Early Years Foundation Stage

We encourage the physical development of our children in the nursery and reception class as an integral part of their work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Inclusion

At Oak, we believe that tailoring the experience of PE for each child is the best way to provide them with full access to the benefits of the lesson. As with all of the children we teach and as in other subjects, we understand that children differ in terms of their physical skills and have different needs.

PE for children with SEND looks very similar to PE for those without SEND. Activities are adapted by using the STEP model which ensures that all young people can access the curriculum. This means the lesson is differentiated by changing the space, task, equipment or people; allowing all children to learn the same concepts and skills at their own level. If necessary, children will receive additional support to develop a particular skill before rejoining the group.

Assessment

Our teachers assess the children's work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include the Get Set 4 PE progression of skills document, progression ladders and knowledge organisers.