

Oak Primary School
Physical Education
Long Term Plan 2024/25



	Autumn 1 8 Weeks	Autumn 2 7 weeks	Spring 1 6 weeks	Spring 2 6 weeks	Summer 1 6 weeks	Summer 2 7 weeks
EYFS	Introduction to PE	Ball Skills	Dance	Fundamentals	Gymnastics	Games
Year 1	Dance	Fundamentals	Ball Skills	Gymnastics	Striking/Fielding Games	Athletics
Year 2	Fundamentals	Ball Skills	Dance	Striking/Fielding Games	Athletics	Gymnastics
Year 3	Athletics	Fundamentals	Gymnastics	Outdoor and Adventurous Activities	Dance	Invasion Games
Year 4	Invasion Games	Gymnastics	Net wall Games	Dance	Athletics	Striking/fielding Games
Year 5	Invasion Games	Gymnastics	Outdoor and Adventurous Activities	Net Wall Games	Dance	Athletics
Year 6	Athletics	Gymnastics	Invasion Games	Fitness	Net Wall Games	Striking/fielding Games

Invasion Games – Handball, netball, basketball, football, tag rugby, hockey, dodgeball.

Net Wall Games – Tennis, volleyball and Badminton.

Striking/Fielding Games – Baseball, cricket, softball, rounders.