

# OAKDENE PRIMARY SCHOOL

## PHYSICAL EDUCATION POLICY



Document History	
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## **PHYSICAL EDUCATION POLICY**

This document is a statement of the aims, principles and strategies for the teaching and learning of Physical Education at Oakdene Primary School.

### **Introduction**

Integrating physical activity and education into young children's lives is essential for creating a foundation of movement that they will carry with them throughout their lives. It provides pupils with the generic skills, knowledge and understanding they need to become physically literate, and at the same time gives most of them their first regular experiences of sport.

Physical Education encourages children to develop positive attitudes towards a healthy and active lifestyle. It supports children's personal and social wellbeing. Children work as individuals, in teams and groups whilst developing fundamental concepts such as fairness, respect and leadership. Through Physical Education, children are encouraged to discover their capabilities, preferences and make informed choices to support and equip them for lifelong participation in sport and physical activity.

### **Intention**

*"To develop active and healthy lifestyles for every child. Through exciting and challenging lessons and extra-curricular activities, we strive to instil a love of games and sport that will last a lifetime."*

Physical activity that is fun, inclusive and age and skill level related helps ensure early positive interest in physical activity. It is the intention of Oakdene to provide opportunities for children to become physically literate and with the knowledge, skills and motivation to equip them for lifelong participation in sport and physical activity.

### **Aims**

- To ensure high standards of quality teaching and learning that will give continuity and progression appropriate to the present and future needs of all our pupils.
- To use sport and physical activity to build children's self-esteem, confidence and resilience.
- Encourage engagement of all children in regular physical activity, including increased participation in competitive sport.
- Provide opportunities for both children and teachers to work with and alongside PE coaches and specialists. This will develop the skills and expertise of staff to provide better coaching, mentoring and advice to children across the whole Physical Education spectrum.

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- To cater for the different strengths, needs and preferences of each child. A range of activities will therefore be provided with a broad base of movement knowledge, skills and understanding, which children can refine and expand throughout their primary school years.
- Develop children's knowledge and skills by offering a broader range of sporting activities.
- Promote positive attitudes towards sport and participation, but also encourage the celebration of progression and achievement that continues to build on self-esteem.

### Curriculum Planning

PE is a statutory subject to be taught, although there is no statutory requirement for time spent engaging in PE lessons. Oakdene Primary Academy does however; acknowledge the DfE recommendation of 2 hours per week. Therefore, all pupils in Years 1 to 6 have access to a minimum of one P.E. lesson a week. P.E. is taught at Oakdene Primary Academy as an area of learning in its own right, as well as being integrated where possible with other curriculum areas. It is taught at a minimum of one PE session a week, and two sessions per week in Years 3 to 6. The key knowledge and skills of each topic are mapped across each year group. This ensures that children develop their knowledge of games, dance and gymnastics and (from KS2) athletics and outdoor and adventurous activity progressively. The skills in these areas are also therefore developed systematically, with the programme of study for each year group building on previous learning and preparing for subsequent years.

Knowledge and skills are informed and linked to enable achievement of key stage end points, as informed by the 2014 National Curriculum.

The curriculum is mapped to ensure that children participate in a range of activities and evaluate their own performance. Thorough planning ensures time is effectively managed to ensure that lessons and activities are well organised and resourced. Pupils experience a range of opportunities to work individually, in pairs or in groups over time.

### Key Sports People

Each year group from Early Years-Y6 have 'Key Sports People' to focus on. ensured that there are a diverse range of people including key figures who influenced the past, advocated for change as well as people who have positively contributed to sport and physical activity across the world. These include a range of races, ages and genders to ensure that children see that anyone can pursue a future in sport. Teachers should plan lessons to

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incorporate these and to inform children of careers available in sport/physical activity so children are exposed to opportunities that may be available to them.

### **Role of the Teacher**

- Communicate high expectations, enthusiasm and passion about PE to pupils and challenge their thinking and act as a good role model.
- Have a high level of confidence and expertise both in terms of their up to date specialist knowledge and their understanding of effective learning in PE. As a result, they should employ a very wide range of resources and teaching strategies to stimulate pupils' active participation in their learning. This enables pupils to explain their ideas and concepts clearly and apply them with confidence.
- Plan for opportunities for pupils to develop and demonstrate their initiative and independence and take responsibility for their learning. Lessons should be thoughtfully planned and secure outstanding progress across all aspects of PE.
- The Class Teacher will be responsible for the planning and teaching of PE as set out in this Policy. The Teaching Assistant (TA), when available during PE lessons, will support the class teacher in delivering PE and in particular, support those children with Special Educational Needs where timetabled to do so and collect resources if requested to do so by the class teacher.

### **Role of the Physical Education Curriculum Lead**

- Monitor the teaching and learning of PE within the school
- Keep up to date with new developments and inform staff
- Produce a flexible scheme of work, with lesson ideas to support colleagues in all aspects of the curriculum. (Complete PE, Key Stage 2)
- Audit staff performance to determine appropriate and targeted training
- Aim for excellent teaching competency across the school
- Ensure that PE resources are available and appropriate to the needs of the staff
- Audit resources regularly and take overall responsibility for equipment and resources
- Ensure that all pupils have the opportunity to become involved in extra-curricular clubs to further develop skills and talents and will monitor attendance to ensure there is an inclusive offer which is accessible to all pupils

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- Ensure that PE maintains a high profile within the school, through displays etc.
- Assist with recording keeping and assessment of the subject.
- Present information detailing the current and projected expenditure and impact of the Sport Premium monies published on the school website
- Regularly share current and projected outcomes with pupils, parents, staff and senior leaders including governors
- Informally observe PE lessons to compile a picture of teaching competency across the school
- Contact local sports clubs to establish new community links with the school

### **Assessment**

Assessment of PE is an ongoing process. As each lesson progresses, the teacher carefully observes and assesses, intervening as necessary, to ensure that each child makes the full progress of which they are capable. Lessons are planned to ensure that lessons are fully inclusive and take account of children's differing needs and physical ability. The assessment of PE at Oakdene Primary Academy is in accordance with the National Curriculum 2014 attainment target for each key stage. Individual lessons and units of work are planned to align directly and enable progress to these.

### **Parents and Carers**

Parents are encouraged to inform school if they have a certain expertise in a particular sporting area. In this instance, we can involve a parent in delivery of lessons/clubs or events. Parents are encouraged to attend Sports day to celebrate and promote physical activity, as well as support groups to travel to sporting events as support. In terms of reporting on progress, annual reports are written about each child for parents/carers and PE is listed as a foundation subject in all reports.

### **Special Educational Needs**

All children are entitled to first quality teaching and class teachers must ensure that children who are considered SEND have an entitlement to personalised teaching from the class teacher.

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### **Rights Respecting Education**

#### **Rights Respecting Schools**

Article 29 states that education must develop every child's personality, talents and abilities to the full. This adheres to our approach to the teaching of Physical Education