

## 9 Protected Characteristics at Oakdene Primary School

### PSHE/RSHE

These are called *protected characteristics*. You are protected under the Equality Act 2010 from these types of discrimination...



The 9 protected characteristics are part of our PSHE non-negotiables. Staff teach the protected characteristics through PSHE and RSHE lessons and through everyday practice and role modelling during conversations.

	Friendships/Relationships/Sex	Health/Online Safety
<b>EY</b> <ul style="list-style-type: none"> <li>✓ age</li> <li>✓ disability</li> <li>✓ gender</li> <li>✓ reassignment marriage and civil partnership</li> <li>✓ pregnancy and maternity</li> <li>✓ race &amp; Ethnicity</li> <li>✓ religion or belief</li> <li>✓ sex (Gender)</li> <li>✓ sexual orientation</li> </ul>	<p>Through everyday learning/provision areas and planned/focused sessions.</p>	<p>Through everyday learning/provision areas and planned/focused sessions.</p>
<b>KSI</b> <b>Year 1&amp;2</b> <ul style="list-style-type: none"> <li>✓ age</li> <li>✓ disability</li> <li>✓ gender</li> <li>✓ reassignment marriage and civil partnership</li> <li>✓ pregnancy and maternity</li> <li>✓ race &amp; Ethnicity</li> <li>✓ religion or belief</li> <li>✓ sex (Gender)</li> <li>sexual orientation</li> </ul>	<p><u>Friendships and relationships</u></p> <ul style="list-style-type: none"> <li>- What makes a good friend? How to treat themselves and others. What is kind and unkind behaviour and how this can affect others.</li> <li>- How are my friends different to me? Recognise what makes them unique and special. Recognise the ways in which they are the same and different to others.</li> <li>- Why might friends be un-kind. What can I do? How to ask for help if a friendship is making them unhappy</li> </ul> <p><u>Families</u></p> <ul style="list-style-type: none"> <li>- Who is in my family? Who looks after me?</li> <li>- How are other families similar or different to mine? Discussions of different family types including same sex, adoption.</li> <li>- What is marriage? Discuss why is it important and what it is. Look at</li> </ul>	<p><u>Online Safety</u></p> <p>Discuss how people may feel if they experience hurtful behaviour or bullying Learn that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult</p> <p><u>Mental Wellbeing</u></p> <ul style="list-style-type: none"> <li>- What makes me feel good and bad How to talk about and share their opinions on things that matter to them Discuss how feelings can be hurt by words and actions.</li> <li>- What should I do if I feel bad?</li> <li>- How can I help my friends if they feel bad?</li> </ul>

different types of marriage including same-sex marriages.

- Who can help me if I feel unsafe?

### Being Safe

- What are boundaries and why are they important?

Understanding what their boundaries are and how to respect other people's

- Who is responsible for keeping me safe?
- Which parts of my body are private?

Looking at gender and discussion around how to keep safe and protect themselves.

### Physical Health

- What does it mean to be healthy?

Talk about bodies, and minds and how to keep healthy

### Health, First Aid

- How do I know I'm healthy?
- What are medicines?
- Why do we go to the dentist?
- Who should I call if I have an emergency?

Discuss different health professional roles and how they can keep us healthy

LKS2

Year 3&4

### Friendships and relationships

#### - How can I be a good friend?

Recognise their individuality and personal qualities  
What constitutes a positive healthy friendship (e.g. mutual respect, trust, truthfulness, loyalty, kindness, generosity, sharing interests and experiences, support with problems and difficulties)

#### - Why can it be fun to have a friend who is different to me?

Respect the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background  
Listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own

#### - What are some of the bad ways people can behave to one another

Learn about discrimination: what it means and how to challenge it  
Learn about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced.  
Recognise there are human rights, that are there to protect everyone

#### - How can I make up with my friend when we have fallen out?

Discuss the importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others

### Online Safety

Learn that personal behaviour can affect other people; to recognise and model respectful behaviour online

Recognise the importance of self-respect and how this can affect their thoughts and feelings about themselves; that everyone, including them, should expect to be treated politely and with respect by others (including when online and/or anonymous) in school and in wider society; strategies to improve or support courteous, respectful relationships

### Mental Wellbeing

#### - What different emotions can I feel?

Identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth

#### - What affects how I am feeling?

Learn about how to manage setbacks/perceived failures, including how to re-frame unhelpful thinking

#### - Who can I speak to about my own or a friend's mental health?

Where to get support if needed.

### Physical Health

#### - What is exercise? What do I already do and

### Families

- Who is in my family? Who looks after me?  
Learn about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)
- What do families look like?  
Discuss that people who love and care for each other can be in a committed relationship (e.g. marriage), living together, but may also live apart
- Is marriage important?
- What is love? How can we show love to our families?  
Discuss that there are many forms of love; family, friends, relationships  
Discuss same-sex relationships

### Being Safe

- Who can I talk to if I feel anxious or unhappy?
- Where can I find information or support?  
where to get advice and report concerns if worried about their own or someone else's personal safety (including online)

how can we be more active?

to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes

- How can I get advice and support to be healthy

### Health, First Aid

- What are medicines?
- What is basic first aid?  
Learn about how we can help others, and about medical professionals that can help us when needed.

## UKS2 Year 5&6

### Friendships and relationships

- What are the important relationships in my life now?

Think about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)

- What do the words lesbian and gay mean? Is this an insult?

Discuss sexual orientation and LGBTQ+ rights.

- Are boys and girls expected to behave differently in relationships? Why?

Discuss that for some people gender identity does not correspond with their biological sex

Learn about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes

- What is respect? How can I respect myself and others?

Recognise there are human rights, that are there to protect everyone

Discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with

### Families

- What are the different kinds of families and partnerships?

Respect the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background

- Why are families important for having babies and bringing them up? Does this always look the same?

### Online Safety

Recognise ways in which the internet and social media can be used both positively and negatively  
Look at how to stay safe online, and how discrimination happens.  
Look at laws linked to being safe online e.g. game certificates and discrimination online.  
Discuss how to be kind online, particularly when anonymous.

### Mental Wellbeing

- What is bullying? How can this affect someone's mental health?

Discuss discrimination and the difficulties people may face (e.g. race, disabilities, gender, sexual orientation etc).  
How can we tackle this and what affect may it have on people.

- Where can I find help and support for mental Health?

### Physical Health

- How and when should I seek advice if I'm worried about my healthy?

Discuss where to go for help, and medical professionals who are available for support when required.

### Health, First Aid

- What are legal and illegal substances? What are some risks of these?

- Can people of the same sex love one another? Is this OK?

Discuss the rights of people and how relationships can look different.

- Can anyone get married? Is this important to a family?

Learn about marriage and civil partnership as a legal declaration of commitment made by two adults who love and care for each other, which is intended to be lifelong that people who love and care for each other can be in a committed relationship (e.g. marriage), living together, but may also live apart

### Being Safe

- What is the difference between safe and unsafe physical contact?
- What do I do if an adult makes me feel unsafe or uncomfortable?

Learn how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know

- How can I find reliable information on these things safely on the internet?

Learn where to go for help, and how to ensure that information gathered on the internet is reliable.

### Puberty and Sex Education

Learn about changes in the body through puberty for boys and girls

Discuss pregnancy, how it happens and changes that will happen to the body.

- What is basic first-aid? How can we deal with common injuries?

Learn about how we can help others, and about medical professionals that can help us when needed.

