



FREE*

Autism Awareness Courses

Online | January - March

Expand your knowledge and awareness of autism and neurodiversity.

In each session you will learn about a different aspect of autism, including the key differences between the brains of neurotypical and autistic individuals, how autism affects executive functioning skills and how autism and anxiety are linked.

What do I need to know?

- ✓ For beginners and more experienced learners alike.
- ✓ Zoom access required.
- ✓ *Please see our website for eligibility information.

Understanding Autism - Starter: Wednesday 10th – 24th January 2024
10:00am – 1:00pm | 3 Sessions

Understanding Autism: Sensory Sensitivity, Stimming and Masking:
Wednesday 21st February – 6th March | 10:00am – 1:00pm | 3 Sessions

Call Somerset Skills & Learning for more information / book online

0330 332 7997 sslcourses.co.uk

SOMERSET SKILLS & LEARNING

Scan with your smartphone camera to visit our website

