

YEAR 8 CURRICULUM MS - PE: 2025-2026

PEP Fowler: September 2025							
		8 weeks Autumn 1	7 weeks Autumn 2	6 weeks Spring 1	6 weeks Spring 2	5 weeks Summer 1	7 weeks Summer 2
TUTOR GROUP	LESSON						
CS Girls	Mon L2	Netball DS	Hockey DS	Netball DS	Gymnastics DS	Striking & Fielding PF	Net Games PF
CS Boys	Mon L2	Football PF	Rugby PF	Handball PF	Basketball PF	Athletics DS	Choice 1 DS
COGNITIVE		TACTICS & DECISION MAKING		HEALTH		RESILIENCE	
CS Girls	Tue L4	Football PF	Dodgeball/Dance PF	Handball PF	Basketball PF	Athletics DS	Choice 1 DS
CS Boys	Tue L4	Netball DS	Hockey DS	Netball DS	Gymnastics DS	Striking & Fielding PF	Net Games PF
CPE Girls	Mon L2	Netball DS	Hockey DS	Netball DS	Gymnastics DS	Striking & Fielding PF	Net Games PF
CPE Boys	Mon L2	Football PF	Rugby PF	Handball PF	Basketball PF	Athletics DS	Choice 1 DS
COGNITIVE		TACTICS & DECISION MAKING		HEALTH		RESILIENCE	
CPE Girls	Tues L4	Football PF	Dodgeball/Dance PF	Handball PF	Basketball PF	Athletics DS	Choice 1 DS
CPE Boys	Tues L4	Netball DS	Hockey DS	Netball DS	Gymnastics DS	Striking & Fielding PF	Net Games PF

PW Girls	Tues L5	Netball DS	Hockey DS	Netball DS	Gymnastics DS	Striking & Fielding PF	Net Games PF
PW Boys	Tues L5	Football PF	Rugby PF	Handball PF	Basketball PF	Athletics DS	Choice 1 DS
COGNITIVE		TACTICS & DECISION MAKING		HEALTH		RESILIENCE	
PW Girls	Fri I4	Football PF	Dodgeball/Dance PF	Handball PF	Basketball PF	Athletics DS	Choice 1 DS
PW Boys	Fri L4	Netball DS	Hockey DS	Netball DS	Gymnastics DS	Striking & Fielding PF	Net Games PF
HC Girls	Tues L5	Netball DS	Hockey DS	Netball DS	Gymnastics DS	Striking & Fielding PF	Net Games PF
HC Boys	Tues L5	Football PF	Rugby PF	Handball PF	Basketball PF	Athletics DS	Choice 1 DS
COGNITIVE		TACTICS & DECISION MAKING		HEALTH		RESILIENCE	
HC Girls	Fri I4	Football PF	Dodgeball/Dance PF	Handball PF	Basketball PF	Athletics DS	Choice 1 DS
HC Boys	Fri L4	Netball DS	Hockey DS	Netball DS	Gymnastics DS	Striking & Fielding PF	Net Games PF
CPA Girls	Mon L1	Football DS	Netball DS	Handball DS	Basketball DS	Athletics DS	Choice 1 DS
COGNITIVE		TACTICS & DECISION MAKING		HEALTH		RESILIENCE	
CPA Boys	Thur L1	Cricket DS	Hockey DS	Netball DS	Gymnastics DS	Dodgeball/Dance DS	Net Games DS