



OAKFIELD ACADEMY
BELIEVE AND ACHIEVE

Edition No 12, 20/21

January 2021

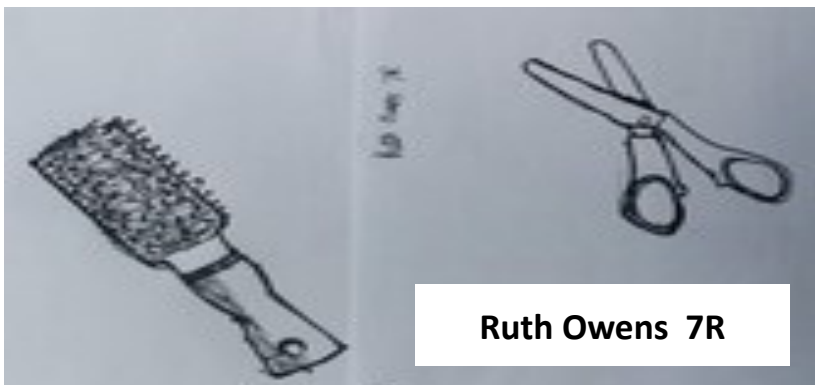


Pastel work created by our Flexible Learning Group



Noah Hardy 8A

Our pupils have created some wonderful art work whilst working at home, Ms Stewart was especially impressed with this 3D creation.



Ruth Owens 7R

<https://www.youngsomerset.org.uk/coronavirus-support-for-young-people>



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If you would like further information on any of the items in the newsletter, please contact the school office.
Follow us on Facebook and Twitter via our website.

WONDERFUL ART WORK !



MAYA BRUTON 8A

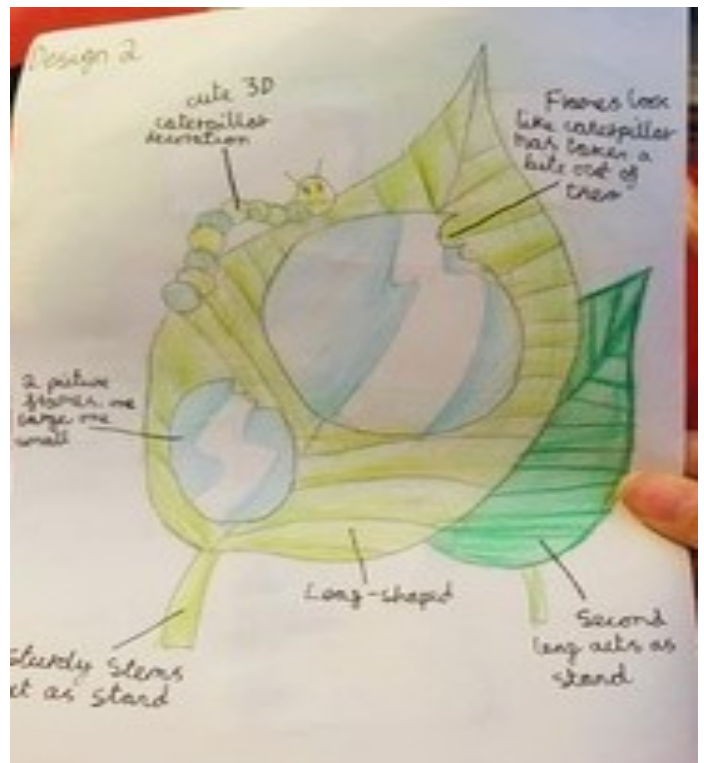


ROSA HARRIS 7C



AMILIE PIPER 8A

LEXI COLE 8N



MYLA OLIVER-HARWOOD 8R

Covid 19: Online Safety for parents webinar: “It is never going to happen to my child...”

Avon & Somerset Constabulary in response to Covid19 is offering further dates of its free parents webinar about online safety.



Content:

Overview of online risks
Exploitation of children online
Technical protective and safety measures available
Top tips on starting a conversation with your child about the internet and how to work together to use the internet safely

Presenters

Androulla (Andri) Nicolaou, Prevention Officer and Coordinator
Kristian Evans, Cyber Protect Officer
Drew Jefferies, Cyber Protect Officer
Verity Weston, Youth Project Coordinator

To book a place, please follow Eventbrite link below.

8th February 2021— (7pm – 8.30pm):-

<https://www.eventbrite.co.uk/e/online-safety-for-parents-it-is-never-going-to-happen-to-my-child-tickets-133347623331>





HELPING YOUR CHILD WITH CHALLENGING BEHAVIOUR

The Wellbeing Practitioners at Young Somerset are offering support for parents with a child, aged 5-12, who are displaying mildly challenging behaviour at home.

This intervention is useful if you would like support and help to understand this behaviour and learn strategies to encourage positive behaviour and reduce negative behaviour.

We are able to offer an initial telephone assessment to establish whether this is the right support for you, followed by 6 telephone sessions to help you develop skills in **managing** difficult behaviour.

This will involve working your way through a workbook emailed to you, by one of the Wellbeing Practitioners, and discussing the material during weekly phone or video call sessions. This support is suitable for mild difficulties with behaviour.

Unfortunately, our Wellbeing Practitioners are not able to work with young people who are struggling with difficulties which are complex, causing high levels of distress or where the difficulties pose a risk to the young person's safety.

If you are interested in this service or to find out more please email wellbeing@youngsomerset.org.uk



HELPING YOUR CHILD WITH FEARS AND WORRIES

The Wellbeing Practitioners at Young Somerset are offering support for parents with a child, aged 5-12, experiencing anxiety.

This is a guided self-help intervention utilising the book 'Helping Your Child with Fears and Worries' (Creswell and Willetts, 2019). We support parents to develop Cognitive Behavioural Therapy skills that will help their child manage their anxiety.

We are able to offer an initial telephone or video assessment to establish whether this is the right support for you and your child young person, followed by 6 telephone or video call sessions to help you learn CBT skills that could help.

This will involve working your way through different chapters of the book advised by the Wellbeing Practitioner, and discussing the material during weekly phone sessions.

If you are interested in this service or want to find out more please email wellbeing@youngsomerset.org.uk