



# DID YOU KNOW?



We use red tractor or farm assured meat in our schools.



We use MSC Certified Fish to encourage sustainable fishing practices

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

## DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact

[SPECIALDIETS@EDWARDSANDWARD.CO.UK](mailto:SPECIALDIETS@EDWARDSANDWARD.CO.UK)

Please note menus subject to change due to unforeseen circumstances



DATE *Spring Summer 2020*

PAY

*You!*

SUM OF *Four Hundred and Thirty Seven Pounds*



£437.00



**ALL PUPILS IN RECEPTION UP TO YEAR 2 ARE ENTITLED TO A FREE, NUTRITIOUS SCHOOL MEAL AT LUNCHTIME!** Everyone gets Universal Infant

Free School Meals automatically and will benefit by **£437** a year per child.

If your child is in year 3 or above, find out if they could also qualify for a free school meal by contacting the school office.

05 07 77 19 43 08 05 15 01 40 11 04 50 55 47 11



*Smile*  
food that makes you happy



# OAKFIELD ACADEMY

SPRING/SUMMER 2020

**MENU**



## WEEK 1

20/04/20, 11/05/20, 08/06/20,  
29/06/20

## WEEK 2

27/04/20, 18/05/20, 15/06/20,  
06/07/20

## WEEK 3

04/05/20, 01/06/20, 22/06/20,  
13/07/20

MONDAY

Chicken Fajita Bake & Herby Diced Potatoes  
or  
Veggie Mince Bolognese with Pasta & Garlic Bread (v)  
or  
Jacket Potato with Baked Beans (v)  
Rainbow Vegetables, Mixed Salad  
Cherry & Apple Crumble with Custard

TUESDAY

Pork Sausages & Mash with Gravy  
or  
Rainbow Vegetable Stir Fry (v)  
or  
Jacket Potato with Tuna Mayo  
Green Beans, Sliced Carrots  
Coconut Jam Slice

WEDNESDAY

Roast of the Day with Gravy & Roast Potatoes  
or  
Veggie Sausages with Gravy & Roast Potatoes (v)  
or  
Jacket Potato with Cheese (v)  
Broccoli, Mashed Swede  
Flapjack

THURSDAY

Minced Beef & Onion Pie with Mash Potatoes  
or  
Vegetable Keema Curry with Rice (v)  
or  
Jacket Potato with Tuna Mayo  
Super Greens, Sweet Corn  
Summer Fruit Swirl Sponge & Custard

FRIDAY

MSC Fish Fingers with Chips & Tomato Sauce  
or  
Pizza Catherine Pinwheel & Chips (v)  
or  
Jacket Potato with Baked Beans (v)  
Baked Beans, Garden Peas  
Strawberry Jelly & Peach Slices (v)

Chicken & Sweetcorn Pasta Bake & Herby Diced Potatoes  
or  
Cheese & Onion French Bread Pizza & Herby Diced Potatoes (v)  
or  
Jacket Potato with Baked Beans (v)  
Garden Peas, Roasted Courgettes  
Summer Berry & Apple Crumble with Custard

Roasted Vegetable Tart with Parsley Potatoes (v)  
or  
Veggie Thai Green Curry & Rice (v)  
or  
Jacket Potato with Tuna Mayo  
Mixed Salad, Rainbow Vegetables  
Iced Bun

Roast of the Day with Gravy & Roast Potatoes  
or  
Mac & Cheese with Garlic Bread (v)  
or  
Jacket Potato with Cheese (v)  
Shredded Cabbage, Carrots  
Lime Shortbread

Arabiatto Chicken Meatballs & Penne Pasta  
or  
Spanish Omelette with Herby Diced Potatoes (v)  
or  
Jacket Potato with Tuna Mayo  
Sweet Corn & Peppers, Green Beans  
Peach Melba Sponge with Custard

Bubble Crumb Fish & Chips with Tomato Sauce  
or  
Honey & Ginger Vegetable Stir Fry with Rice (v)  
or  
Jacket Potato with Baked Beans (v)  
Baked Beans, Garden Peas  
Carrot Cookie

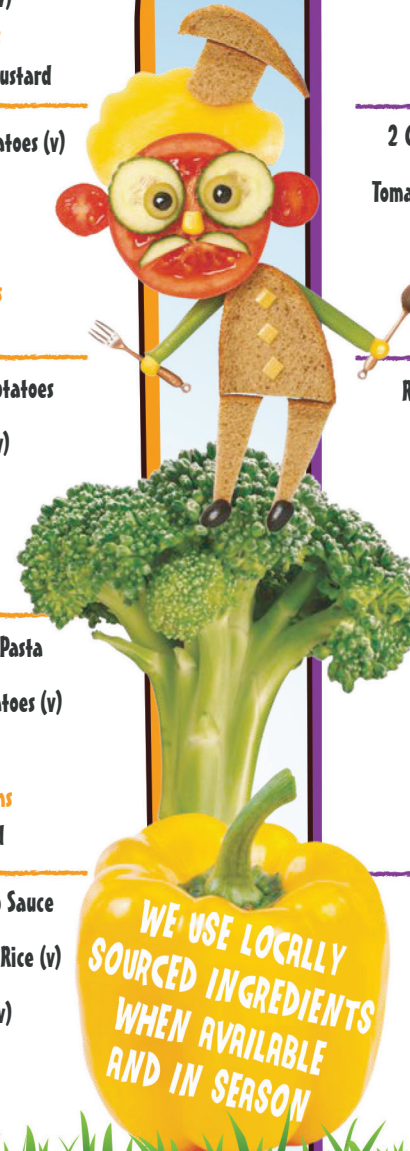
Spanish Chicken & Rice  
or  
Cheese & Leek Pasty and New Potatoes (v)  
or  
Jacket Potato with Baked Beans (v)  
Sweetcorn, Broccoli  
Arctic Roll

2 Cheese French Bread Pizza & Jacket Wedges (v)  
or  
Tomato & Vegetable Pasta Bake with Garlic Bread (v)  
or  
Jacket Potato with Tuna Mayo  
Green Beans, Mixed Salad  
Toffee Apple Sponge with Custard

Roast of the Day with Gravy & Roast Potatoes  
or  
Golden Veggie Rice (v)  
or  
Jacket Potato with Cheese (v)  
Cauliflower, Shredded Cabbage  
Raspberry Oat Slice

Beef Chilli & Rice  
or  
Ratatouille Pasta with Fresh Bread (v)  
or  
Jacket Potato with Tuna Mayo  
Sweet Corn, Mixed Salad  
Rice Pudding with Jam Sauce

Battered Cod with Chips & Tomato Sauce  
or  
Cheese & Onion Pinwheel with Chips (v)  
or  
Jacket Potato with Baked Beans (v)  
Baked Beans, Garden Peas  
Strawberry Jelly  
with Pineapple Chunks (v)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY - FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.