

# VIPERS in P.E

**V**ocabulary – I can understand and use **keywords** in P.E

**I**nfer – I can make a well informed guess of which level I am working at using the medals table (e.g. Bronze/Silver/Gold/Platinum)

**P**redict – I can predict what level I will be at the end of the unit (football/Hockey/Dodgeball) using the medals table.

**E**xplain – Using the Medals table I can say what I need to do to achieve the level above.

**R**etrieve – Remember my medals table targets within lessons.

**S**ummarise – At the end of the unit, I can explain what level I am working at and why.

## **Key Words**

**Attack** – Make a forceful attempt to score a goal or point against opposition.

**Opposition** – The Person or team that you are competing against.

**Defend** – Stop opposition from scoring a goal or point.

**Tactics** – Planned actions to attack and defend successfully