

Oakfield Academy P.E Department

Intent - Implementation - Impact

Intent

At Oakfield Academy our intent is to inspire a lifelong love of P.E and sport, so that pupils may realise the physical, social and emotional benefits of an active lifestyle, both during their time at Oakfield and beyond. Our intent is best described in three words;

“Motivate – Educate – Inspire”

Implementation

All pupils take part in two hours of P.e each week. Our P.E Curriculums are broad in order to increase the potential to inspire all pupils and comprise traditional sports and newer pursuits. Curriculums for each year group are different and are sequenced to enable continual progression from years 5-8. Oakfield’s curriculum is inclusive and there are no gender specific sports. A wide range of extra-curricular sport is offered throughout the year and the offer changes termly. Pupils also have the opportunity to compete within school and take part in the Inter-form Games against other tutor groups in their year, whilst adhering to the Inter-form games ethos of Teamwork, Respect, Enjoyment and Sportsmanship. Inter-form Games take place three times a yearly (termly).

Curriculum

The Key stage two curriculum builds on skills learned at primary school and begins with developing the fundamentals of movement by focussing on Agility, Balance and Coordination. Pupils begin to recognise the changes in the body during exercise, develop their enjoyment of physical activity through imagination and enjoyment and evaluate their success, whilst identifying how they can improve their own, and/or others’ performance. Pupils take part in a mix of team and individual sports. The ks2 curriculum includes Dance, Gymnastics and swimming. Swimming is delivered off-site to all year 5 classes and consists of 10 x 30 minute sessions with a further series of “top-up” swims at the end of the year, if pupils are not achieving the targeted 25m swim unassisted.

Building on what has been learned throughout ks2, the ks3 curriculum develops pupils' knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of individual and team activities. Games are taught as Small-Sided Games (SSG's) and develop into medium and full-sized matches to encourage tactical thinking. Individual sports comprise Gymnastics, Parkour, Dance and Tennis. Pupils are also encouraged to take on roles such as coach, referee and umpire.

Extra-Curricular

The Extra-Curricular offer provides opportunities to develop skills and tactics, as well as building knowledge and understanding of games & activities covered within curriculum time. This enables pupils to train for and to compete against other schools in competitive fixtures both here at the Academy and at other schools. Extra-curricular clubs provide the opportunity for pupils to try and experience sports that are not on the curriculum such as Softball, Cross-Country, Ultimate Frisbee and table-tennis. The aim of extra-curricular clubs is to increase activity across the Academy.

Impact

Physical Education is enjoyed by pupils at Oakfield and this is evidenced through high pupil attendance at extra-curricular clubs at both key-stages, fixtures and competitions against other schools are popular and Inter-form games is well received by the majority. Pupil feedback through p.e pupil voice also evidences the majority of pupils enjoying and engaging in P.E. Areas of the curriculum that are highlighted as being unpopular by pupils are often remodelled or removed from the curriculum and replaced by more popular sports/activities.

