Are you a young person under 25?
Do you have a disability or need extra help with learning? Do you live in Bristol, North Somerset or South Gloucestershire?

If yes, we can help you to:



Understand your rights in education or training



Get the help you need



Make sure you are listened to









## Have you got something to SAY?

We send our Youth Matters Newsletter across Bristol, South Gloucestershire and North Somerset and would love to include your voice! Share your achievements with peers, tell us about your favourite hobby or about a group you enjoy or send us some art work; we'd love to hear from you.



Email Jane.Franklin@sendandyou.org.uk



Contact Jane on WhatsApp 07736953596





